

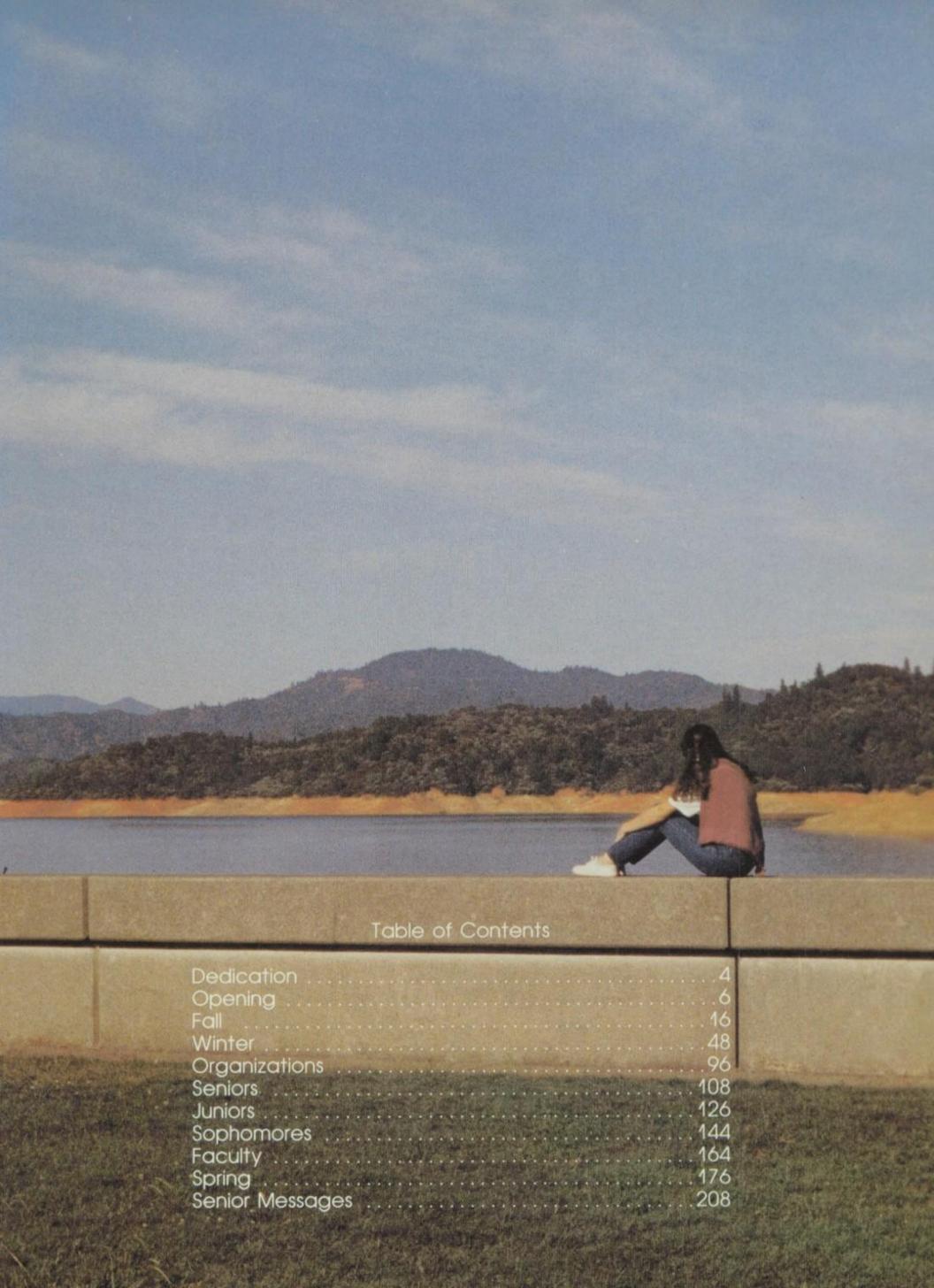
WHO 1?

Central Valley High School 4066 La Mesa Drive, Central Valley, Calif. 96019 Volume 30

#### MASQUERADE

Behind a faceless mask so many seem to hide,
Changing day to day as if drifting in the tide
Never an easy task climbing over the inner wall.
Afraid of being crushed in the wind, like a paper doll
If perhaps I shine, just who will see my light
What if I'm only a match, or a candle in the night
I must open this passage to emptiness, and bring forth my identity
Only then will this losing streak, be turned to powerful victory.





# TAKE CARE, MR. RILEY

Many fine qualities are apparent in Mr. Riley's leadership of Central Valley High School. One that comes to mind is his availability to students as well as teachers and other staff members. Mr. Riley makes himself visible and available to the student body. Students know him, and he

knows them, and he is always willing to listen and talk to them.

Another fine quality has been his ability to support all facets of the education offered at a high school. He has added support, both emotional and financial, to vocational, academic, and athletic programs as well as

to the student activities program of Central Valley High School.

Mr. Riley has been a successful administrator at Central Valley High School, and his policies will be an influence for years to come. We, the staff, will miss him.

-David C. Ashcraft







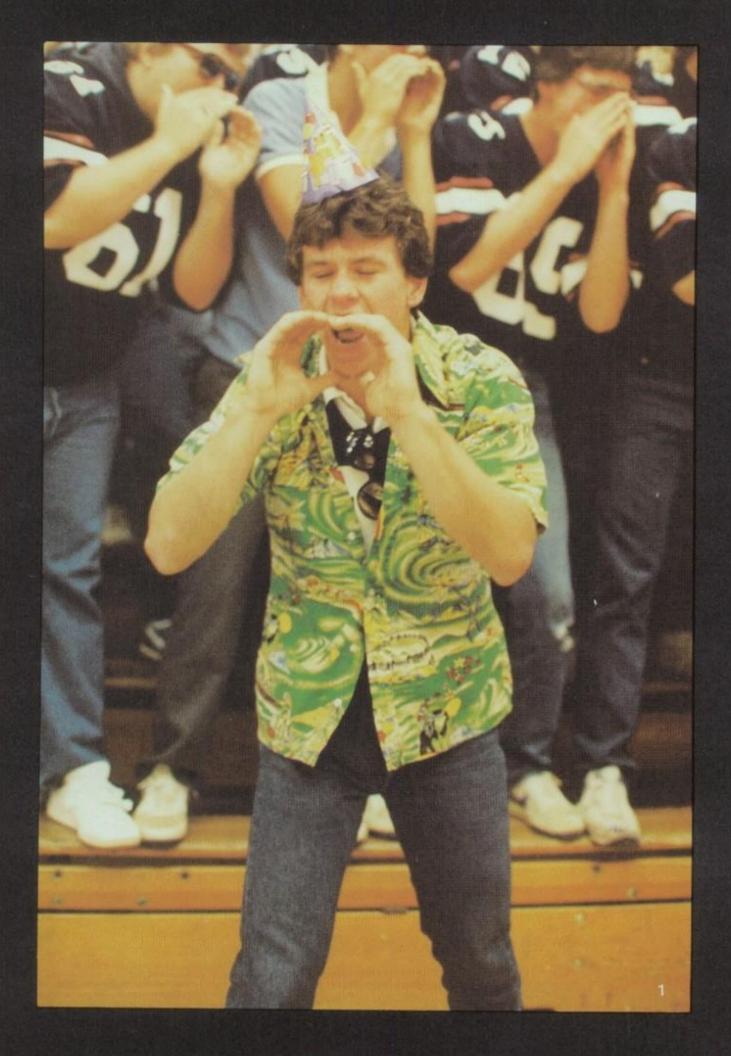


This yearbook is dedicated to **Mr. Riley.** Thank you for all that you have done to make this school the best school around.

Good luck with the future.
-Yearbook Staff

1. Mr. Riley at work. 2. Mr. Riley when he first started work here at Central Valley. 3. Mr. Riley at an Awards Banquet. 4. Mr. Riley keeps an eye on the hallway.

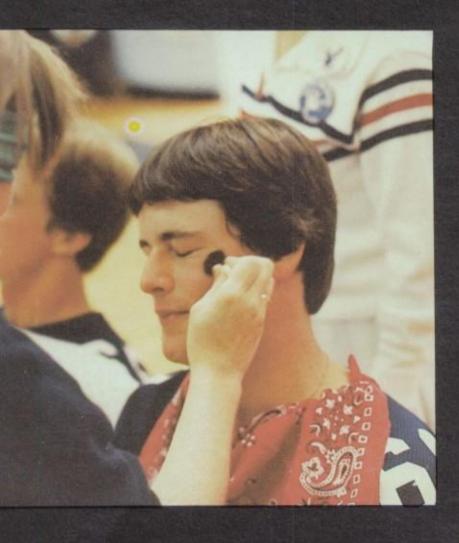




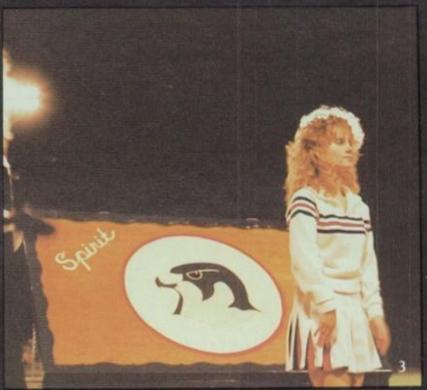
Everyone marches to the beat of a different drummer.

-Thoreau









Pierre Peasha leads the senior class.
 David Wakefield gets made up.
 Michelle McKinnis.
 Mindy Scott goes all out.

### FADS AND FASHIONS

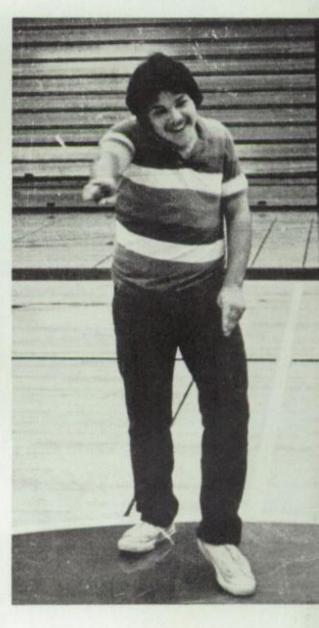
Today's look is a combination of the 40's and 50's, but it has a look all of its own. The guys dressed with a little more class, wearing ties and dressy hats. They wore topsiders as well as sports shoes. Breakdancing contributed to the world of stone-washed pants. fashion with parachute pants.

The girls looked more feminine, wearing bobbie socks and cropped pants. They also seemed to wear rugged looking earrings and

Fads come and go and fashions change from year to year, but they are all part of us.

> -Teri Ortega **-Rhoni Sanders**







1. Spensor Teal. 2. Ramon Fieseler. 3. Samantha Riley and Shanna Schienle. 4. Shanna Schienle, Samantha Riley, and Spensor Teal.











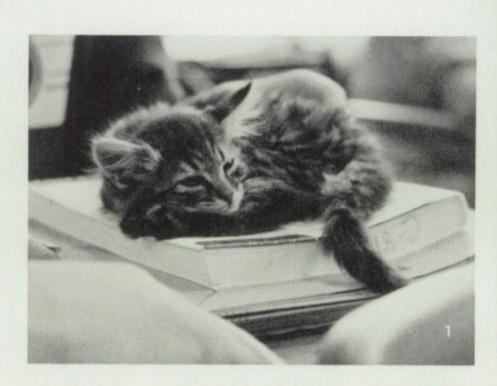


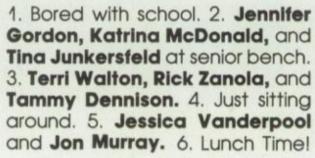
1. Colleen Rich, Tracey Burcham, Bryan Cobb, and Joanne Getzinger. 2. Juniors rock out. 3. Sophomores get excited. 4. Dan Warren and Michelle McKinnis. 5. Staceyanne Dickson and Jessica Vanderpool by the Eiffel Tower. 6. Mindy Scott drags Carleen Collins. 7. Becky Miller and a future cheerleader.











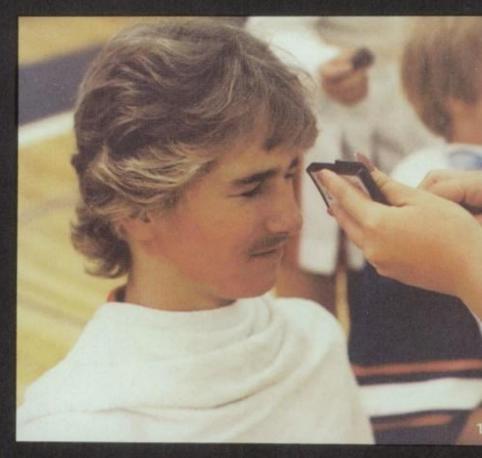










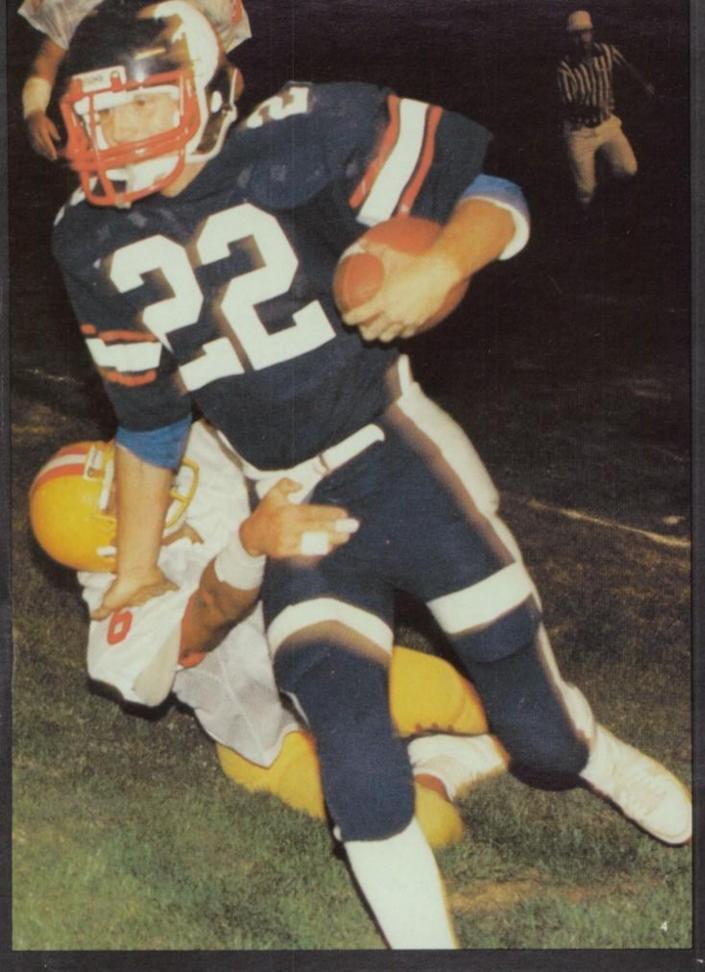


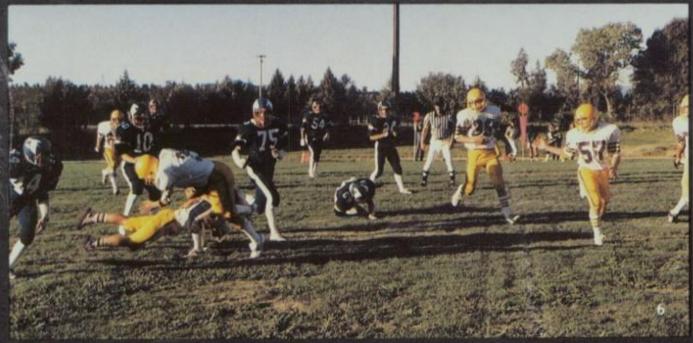












1. Troy Moxness in his every day routine. 2. Kelly Pirkle and Tammy Matias. 3. Trent Montgomery and David Olsen wait around. 4. Jon Murray gets an illegal procedure. 5. Staceyanne Dickson and Jessica Vanderpool. 6. J.V. Football team in play.

	Right	LIE RE		生成		



# UNFORGETTABLE MOMENTS

Homecoming Royalty was different this year. Royalty was announced at halftime of the varsity game, instead of at the **Homecoming Assembly.** 

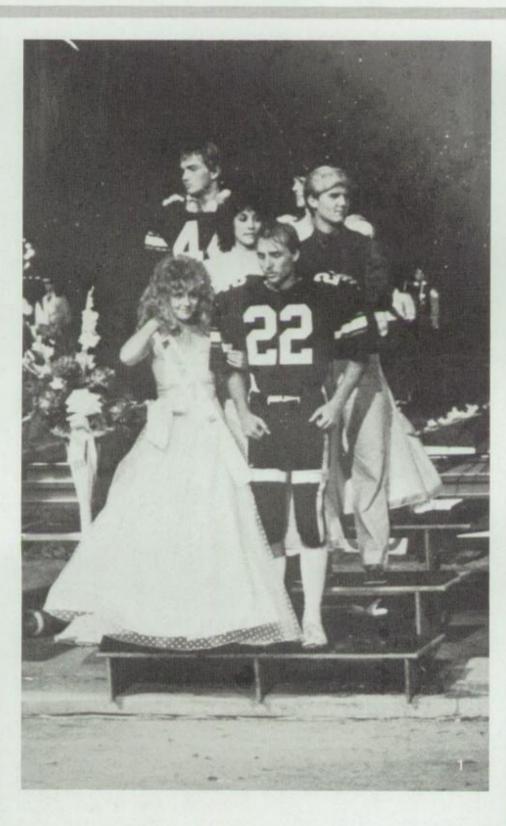
Sophomores were crowned first; the princess was Michelle Thomas es-

corted by prince, Troy Tanner. The Junior Royalty was
princess, Theresa Rickard,
escorted by prince, Damon
Streetman. The Senior princesses were Lisa Stellmacher and Tracy Burcham, and the Senior
princes were Jon Murray

and Rick Zanola.

Then the moment everyone waited for, the 1984-85 Homecoming Queen was **Michelle McKinnis** and King was **Greg Collier**.

**Diane Riley** 







1. The Homecoming Royalty of 1984-85 waited in anticipation. 2. King and Queen Greg Collier and Michelle McKinnis wave to the crowd. 3. Brian Collier and Sandra McCollough wait patiently at the assembly. 4. And

the winners are ... 5. Rick Zanola and Lisa Stellmacher were among Homecoming nominees for King and Queen of 1984-85.

6. Homecoming Royalty watched the rest of the assembly.





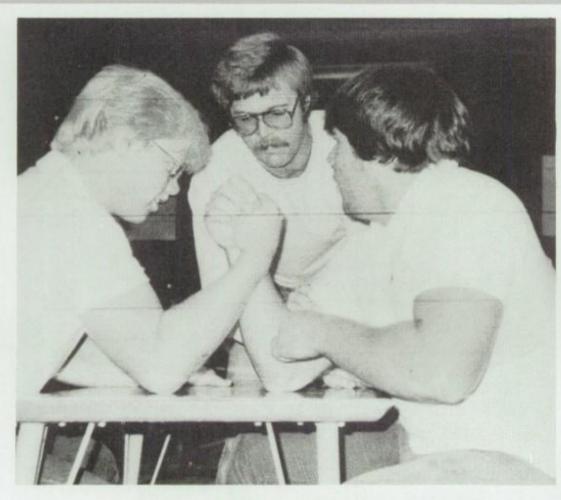


## AN UNTRADITIONAL HOMECOMING

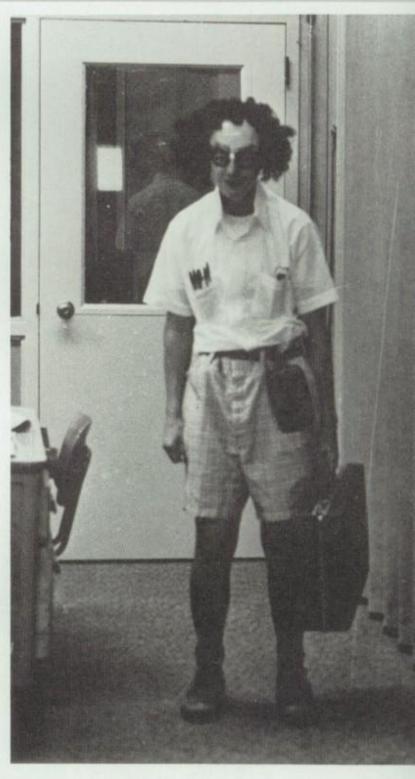
Homecoming Week was full of excitement and participation. The annual dress up days were a success. They included 50's, rock star, nerd, inside out/lampand white days. As for some

of the other traditions like hall decorating, individual class float building, and the car rally to Thompson Field, these were cancelled, due to the intense class rivalry shade, and traditional blue and some destructive students. But, in the end, each class pulled together to build one float to the theme of our Homecoming, "American Graffiti."

**Diane Riley** 









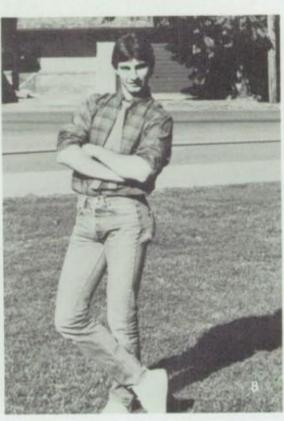


1. Brian Adams arm wrestles Bob Schaffer as Mr. Baily referees. 2. Mrs. Herndon dresses up nicely for Nerd day. 3. Former alumni Corina Palmer visits for Homecoming Assembly. 4. Mr. Baily gets a pie in the face. 5. Tammy Ide and Sherry Hopson enjoy Homecoming Week. 6. Does Don Snavely pass for a nerd? 7. Sandra McCollough and Matt Wilhelmson clown around during the week. Is Matt Wilhelmson dressed up as a stud or what?











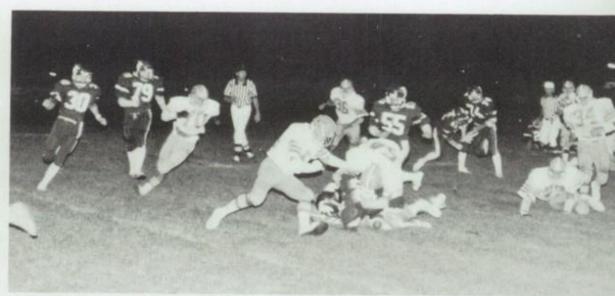


MEET BRIAN TROTTER

Brian is a four year veteran of football. He has played various positions this year which include starting at wingback and sometimes playing corner.

He always hustles and never gives up; he is full of spirit and enthusiasm. Brian felt that the attitude of this year's team was exceptional and that the spirit and positive attitude from the new coaching staff lifted the players' morale quite a bit. Brian said he will miss playing football at C.V., but will try to carry his spirit to Shasta College. Coach Howard stated that Brian did an outstanding job this year.

Brian Willyard





#### VARSITY FOOTBALL EXCELS

This year's football team was outstanding. It's been a few years since any varsity team has done as well as this year's team. Barring any injuries, Coach Howard said that his ballclub will do very well this season and win some ball games. He

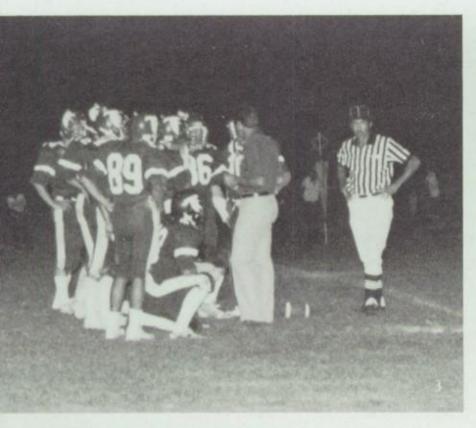
games, but we will have to eliminate some blocking errors and stay healthy throughout the season.

Coach Howard commented that there was a lot of talent, but Steve Rodriguez stood out very well on

would like to win all the ball offense and defense. Coach Howard said that he and the team had a lot of fun this year, and that he wishes it would not end so quickly.

**Brian Willyard** 











1. Brian Trotter gives an interview. 2. Falcon's offense scrambles through Willow's defense. 3. Mr. Rhyne talks to the intense defense. 4. Greg Collier blocks while Jon Murray runs through the hole. 5. Randy Wolfin and Steve Rodriguez make the stick. 6. Coach Howard and Rhyne very concerned. 7. FRONT ROW: S. Delorie, S. Vaughn, J. De-Maagd, B. Willyard, R. Wolfin, R. Meyers, J. Timmons. ROW TWO: J. Gunter, P. Peasha, J. Douglass, M. Herzog, B. Martinez, G.

Collier, E. Brimmer, D. Britt. ROW THREE: R. Walters, M. Meadows, M. McHargue, Coach Rhyne Coach Howard, Coach Morrisey, Michele Helsley (Manager), C. Nickell, D. Hoffmann. ROW FOUR: S. Rader, K. Delluna, C. Powers, B. Collier, S. Rodriguez, D. Wakefield, S. Rader, J. Murray. BACK ROW: B. Shaffer, J. Payne, R. Vater, B. Trotter, M. Reide, B. Adams, O. Cardelus, M. Deihl, J. Kepner. Also including Bobby Hall not pictured.

#### J.V. WORKS TOGETHER WELL

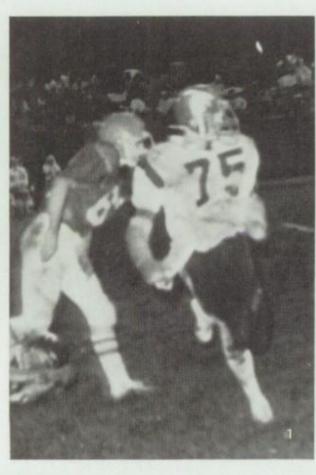
In order to have a winning team, you have to work together to acheive your ultimate goal. This year the J.V. team worked together to acheive their goal of having the best season of any J.V. team in the past five years.

Coach Beauguess thought that the team did very well and were very competitive ... Three of the players that stood out on this years team were: **Troy Tanner**, for offense, and **Steve Tavalozzi**, for defense, and **Mark Grove**, for all around player.

The J.V. team was fortunate to have two former C.V. football players as assistant coaches. They were Dennis Daley and Gary **Ramsee**, whose assistance was greatly appreciated.

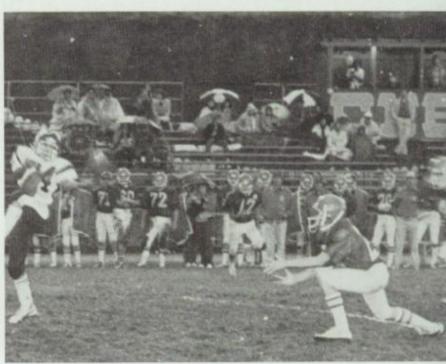
The Central Valley J.V. Football team did very well this year. They worked very hard together as a team, and did an excelent job, and we were very proud of them.

**Brian Willyard** 











J.V. Football

1. Mike Daily looks downfield. 2. FRONT ROW J. Gravatt, W. Bova, D. Collins, M. Parsons, D. Carlson, D. Bowser, R. Corial. ROW TWO: T. Tanner, S. Simmons, J. Lottens, K. Santos, J. Tyler, M. Grove. ROW THREE: E. Hitchcock, R. Wolfin, Coach Beaueguess, J.

Carson, Coach Vargas, T. Buller, T. Hayes. BACK ROW: M. Daily, T. Gallegar, V. Moncries, M. Jacona, D. Cunningham, B. Lancaster, R. Jennings, A. Rogers, also latecoming, J.V. players were: J. Lasater, D. Randall, L. Galleto, B. Lain, K. Wann, and M.

Ellis. 3. Matt Parsons misses the ball. 4. The J.V. kicks off. 5. Mark Jacona gets sacked. 6. Matt Parsons jumps for the ball. 7. Dave Carlson discuses strategy with Mr. Beaueguess. 7. Falcons Sweep around the outside.













### PRIDE AND HARD WORK

This year we had a surprisingly spirited cheerleading squad. They really got the crowd involved, and we needed crowd participation.

The 1984 Football cheerleaders were selected last spring. For tryouts the girls had to perform one cheer and a routine of their own. They went to cheerleading camp over the summer at **USA** camp in **Chico** where they learned cheers and routines. They also learned how to generate spirit and how to improve their moves for the upcoming games.

The cheerleaders do their own skits for rallies and spe-

cial events. Our head football cheerleader was Michelle McKinnis. "Cheerleading, despite what many people think, and say, requires a great deal of hard work and pride- pride not only in your team, but in your school as well."

·Laura Johnson





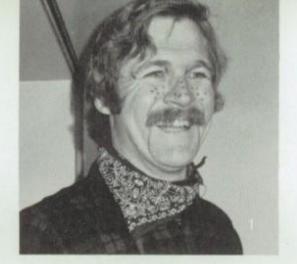






1. Cathy Reon, Cathy Farr and Kim Carlson get athletic. 2. The J.V. squad faces Mindy Scott. 3. The cheerleaders cheer for the Competition Yell. 4. The 1984 Cheerleading Squad: top row; left to right: Cathy Reon, Sherri Chilton, Monique Kuykendall, Cathy Farr, Mindy Scott, Carlene Collins, Christy Williamson,

Tonya Henderson, Kelli Pirkle, Janet Miceli, Jayme Wallace. Bottom row: left to right: Becky Miller, Kathy Rehburg, Tammy Matias, Michelle McKinnis, and Sandra McCollough. 5. Michelle gets her spirit going. 6. Cheerleaders cheer at the football game.



THE MAN

There is a new man in town. His name is **Keith Bai-ley**, and he's the man behind the action.

He recently moved here from **San Bernadino** where he was student activities director for over 2300 students. He was born in **Honolulu** where he graduated from **Pacific High.** He then went to **U.C. Riverside** and received his B.A. degree with a P.E. minor.

He dreams of a vacation in the **Carribean**, scuba diving, golfing, eating well, swimming, and sailing on cruise ships.

His goal in life is to have a comfortable life and home. He has no need to be rich. He says "Money can't always buy you happiness!". He is married and has three children.

Mr. Bailey says the best things about our school are the nice people, our spirit, and how conservative we are.







#### WHERE THE ACTION IS

If you want to know where the action is, follow the crowd on Friday's after 2nd period to the boys' gym. Rallies are held before most major games and special events, like **Homecoming.** 

This fall's major rallies were held

the first week of school, before the game against **Enterprise** which we won 21 to 10, and before our **Homecoming** game.

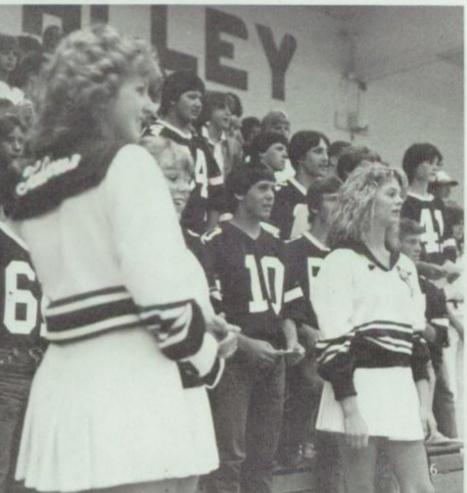
The purpose of the rallies is to guarantee that our **Falcon** spirit is high before our important games and to encourage students to go to the games and cheer on our team. There are skits and cheers done by our cheerleaders and, of course, our COMPETITION YELL!

Laura Johnson











1. Mr. Bailey at his best. 2. Becky Miller, Tanya Henderson, and Cathy Reon during a skit. 3. Seniors get radical at rally. 4. Matt 7. Seniors win Compe Herzog and Dave Wakefield get 8. Juniors have spirit.

made-up. 5. Ron Gee and makeup artist. 6. Sophomores watch Seniors during Competition Yell. 7. Seniors win Competition Yell.



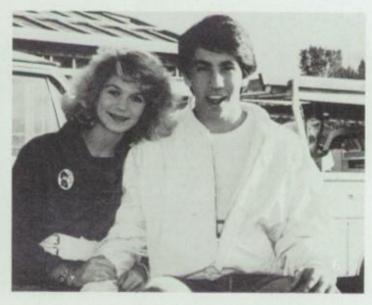














1. Falcons take pride. 2. Blind artists. 3. Students trying to work. 4. Here's what Stacey looks like as Little Red Riding Hood. 5. Monique shows her spirit. 6. Two lovebirds. 7. My God, who is this? (Lynette Crowe and Mrs. Herndon).

# FALCON'S FULL OF DETERMINATION

The Junior Varsity volleyball team of 1984 was a team of determination and dedication. Although their season did not go as well as was expected, they coach, Sean Murphy, was

worked hard and had tremendous spirit.

Some outstanding players were Julie Krofcheck and Corri Maloney. Their

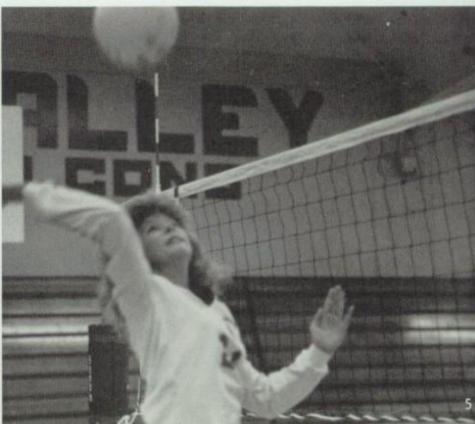
proud of the entire team. He gave his continued support along with the rest of

**Julie Hutchison** 









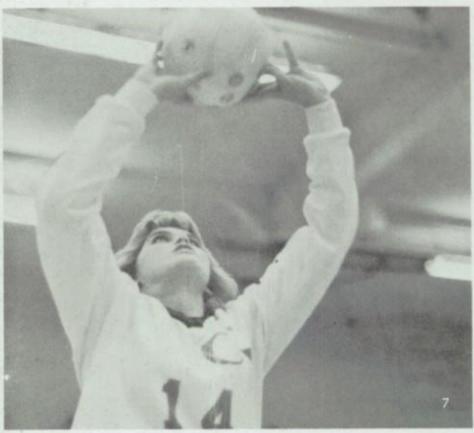


1. Linda Zeimet and Lisa Fritz being introduced at the rally. 2. Ready for action is Shannon Brown. 3. Bottom row: Shannon Brown, Corri Maloney, Colleen Conley, Kim Dailey, Linda Zeimet. Top row: Lisa Fritz, Julie Krofcheck, Tracy Mossbarger,

Sharon Godman, Dana Tanksley.
4. Lisa Fritz returned the ball effectively. 5. Dana Tanksley in position to score a point. 6. With strong force Kim Dailey hits the ball. 7. Tracy Mossbarger setting the ball.







# GIRLS' SHOWED FALCON'S PRIDE

The Varsity volleyball team opened the season with a smash, winning first place in the N.A.L. Tournament. **Pat Chase** had a strong influence, on the girls', which made them the best they could be. "All their hard work finally paid

off", said Pat, their proud coach.

Some of the outstanding players this year were Chris Friesen and Jadelyn Albert. Chris won Most Valuable Player, while Jade won All Tourney. Another recog-

schienle. "The team has done very well throughout the year. The hard work has lifted each teammate's spirit.

**Julie Hutchison** 









1. Chris Friesen obviously does not agree with the referee. 2. With aggressive force, Pam Rayner, gets ready to spike the ball back. 3. Renee Cunningham, ready to score. 4. In action Stacy Derrickson is setting the ball. 5. Lisa Fontes after returning the

ball. 6. Bottom row: Chris Friesen, Stacy Derrickson, Jeannie Paquin, Lisa Fontes, Amy Farr, middle row: Pam Rayner, Renee Cunningham, Jade Albert, Shanna Schienle, top row: Mary Jane Williams, Theresa Rickard, Becky Lee.







# AN UPHILL BATTLE

One of the fall sports that not too many people know about is Cross Country. According to **Eric Goodwin**, it's the most demanding sport at this school. The varsity team runs 3 miles and the J.V.'s run 2.5 miles in a race.

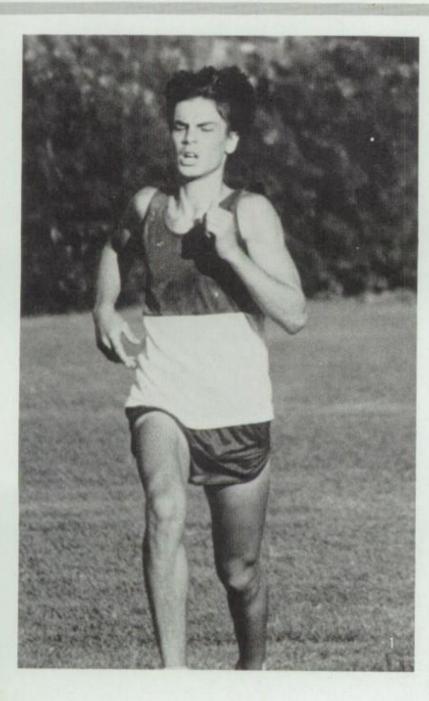
**Central Valley** has the toughest course in the

League. It is run over a combination of different-sized hills, and through creeks, fields, and woods. They run in any kind of weather. For practice they run between three to seven miles a day, and sometimes stop off at their swimming hole below Shasta Dam.

The top runner for the

dy Penn, and Judy Manning was the top runner for the girls' team. Coach Doniak enjoys working with the team. She feels that there is a good attitude among the group, and that they all work together.

**Diann Draeger** 





1. Jamey Harvey on his way to the finish. 2. Randy Penn shows off, while teammates watch. 3. Gigi Kendall, Gail Brent-Chase, and Judi Manning are the best of buddies. 4. Greg Dunlap, Tracey Fitch, Jennifer Beebe, Jamey Harvey, Dan Warren, Gary Haneline, Ryan Hutchings, Mancy Wiener, Mike Cardoza, Vic Mon-

crief, Ron Jee, Jeff Alford, Mark Johnson, Gigi Kendall, Lars Peterson, Gail Brent-Chase, Clyde Tibbett, Coach Doniak, Rick Taylor, Chris Cardoza, Eric Goodwin, Wayne Skicki, Randy Penn, Derek Sanderson, Judi Manning, and Robbie Berry. 5. J.V. runners.











# GIRLS MATCH POINTS

The Central Valley Tennis team had their first meeting during the last week of August, before school started.

There were no tryouts. The team was formed by a few new members joined by the returning players from previous years.

practice and skill.

Cliff Peterson, who has been the girls' tennis coach for the past five years, commented that this year the team probably played the best that it ever has since he has been coaching.

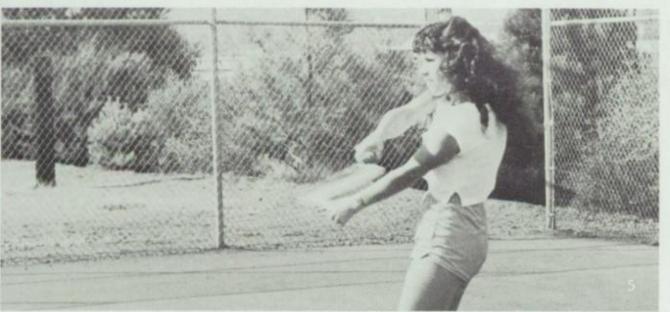
"They had a great The girls' rank on the amount of potential and skill team was determined by within the team", stated coach Peterson.

The team consisted of seven players from the last two years, and several were added mid-season. They were Renee Rideout, Beth Avery. Tami Dewell went on to N.A.L. sections.

·Louise Corbin









MEET TAMI DEWELL

Tami has been playing tennis for three years. She was first interested in racquetball, but her mother persuaded her to try tennis. She joined her to try tennis. She joined Sun Oaks Racquet Club and started playing.

She is on the junior tennis team at **Sun Oaks** and has been for three years. Her coach is **Frank Guitterez.** Each summer she goes on a tennis tour down south.

Last year she did not achieve as much as she had hoped because of a case of mono. There were problems that arose amongst the team, and they did not accomplish what they wanted to.

**Tami** made the **N.A.L.** team and went to Sections. She won the first match, and was defeated in the next match by the girl who placed fourth.

**Louise Corbin** 

Sherri Hammonds finished out.
 Terri Morrison goes for the ball.

3. Amy Chambers, Cindy Lansdell, Coach Peterson, Sue Stewing, Tami Dewell, Jill Darcangelo. FRONT: L TO R Beth Avery, Renee Rideout, Lisa Galusha, Sherri Hammonds.4. Tami Dewell goes to sections. 5. Lisa Galusha fights for defeat at match at home.









### LET'S GO CRAZY!

That was the theme for this year's Student Council and A.S.B. President, **Stephanie Bredeson**, says it was perfect. Student Council has always has a reputation for having some of the rowdiest students in the school, and this year **Stephanie** 

was really pushing that idea. Wild, crazy and fun is what this year's fall Student Council was all about, and so . . . they went crazy!!

Hats off to Student Council for all their hard work and dedication in making this a great year. They all worked

overtime to put together dances, rallies, homecoming and many other things that make our school so great.

·Karen Brakensiek











1. A.S.B. Officers, President-Stephanie Bredeson, Vice President-Jon Murry, Secretary-Lisa Stellmacher, Treasurer-Suzy Walters. 2. Appointed Officers, Spirit Commissioner-Sandy Rich, Head Basketball Yell leader-Tracy Burcham, Activities Director-Laura Hamada. 3. JR. Officers, President-Michelle Simmons, Representative-Matt Wilhelmson, Boys Athletic Commissioner-Becky Lee, Vice President-Jim De-

Maagd, Secretary/Treasurer-Sandra McCullough. 4. JR. Senators, Monica Nowdesha, Ron Jee, Theresa Rickard. 5. SR. Senators, Belinda Craig, Susan Carroll, Tina Lane, Robbie Morgan. 6. Sr. Officers, Representative-Bob Stroh, Secretary/Treasurer-Judi Manning, President-Pierre Peasha, Pierre's Right Hand Man-Matt Herzog. 7. Soph. Senators, Tammy Pruit, Tara Stellmacher, Robbie Wolfin, Jason

Cassidy. 8. Soph. Officers, Top Left-Tiffany Stellmacher-Representative, top right Cathy Farr-Preident, bottom Cathy Reon-Vice President. Not pictured, Spirit Commissioner-Mary Jane Williams, SR. class Vice President-Sheri Hammonds, Soph. Secretary/Treasurer-Amy Chambers, Girls Athletic Commissioner-Chris Friesen, Head Football Cheerleader-Michelle McKinnis.

# ALOHA, SOPHOMORES

Valley know where to go to live it up. Central Valley's dances are a time to get away from school work and to meet new friends.

with an Aloha dance to was put on by the junior welcome the new sophomores to Central Valley. giving. Everyone really en-This was an exciting time joyed themselves and had because a lot of students a great time. dressed up in their Hawai-

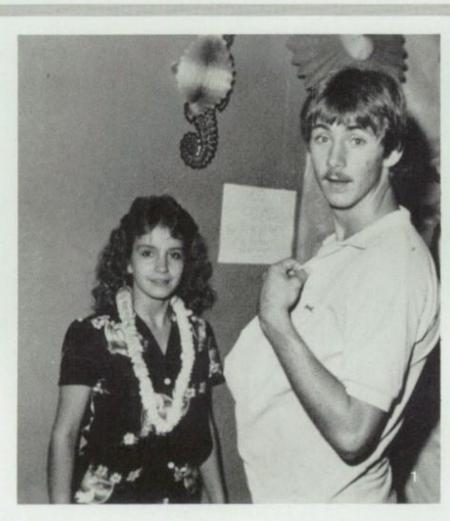
The students at Central ian attire to show their Falcon Spirit. This dance was put on by the sophomore class.

The next dance was the Turkey Trot held on Novem-We started the year off ber 16, 1984 from 9-12. It class to celebrate Thanks.

The music that makes us

move is provided by Bobby Mel of K-60 radio. This man arrives early and leaves late with a whole show geered to the high school crowd. He stated that Central Valley students were, "the greatest bunch of students I've ever played for, with high spirit for student activities.

·Samantha Riley









1. Teresa Rickhard and Damon Streetman pose their best sides. 2. Alethia Cain, Laura Johnson and Tammy Trogden. Who will be Miss America? 3. Brian Collier, Kim Kemper, and Matt Herzog show off their pearly whites.

4. Olof Cardelus and Jennifer Beebe together. 5. The crowd getting down to Bobby Mel's tunes. 6. Students are entertained. 7. Mike Gee and Jill Darcangelo are having too much of a good time.









# A NIGHT OF THE STARS

The awards banquet was held on Tuesday, November 20. Awards for fall sports were given and desserts were served, brought by the athletes and their parents.

The awards given by Mr.

Peterson for the girls tennis
team were: the most improved players throughout
the year, Amy Chambers
and Jill Darcangelo; the
most valuable went to

Tammy Dewell.

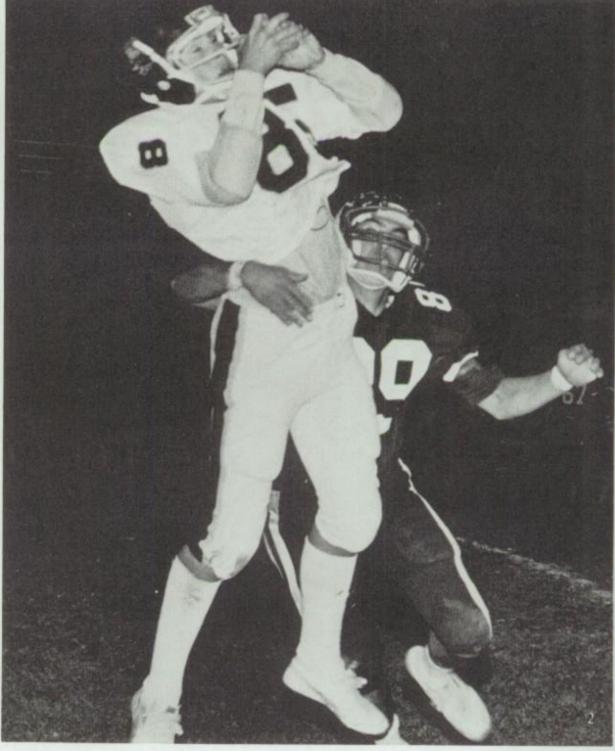
Awards for Junior Varsity football were given by Mr. Beauguess to the following: Matt Parsons, most improved, David Cunningham for most improved and best attitude, and best team leader, Mark Jacona.

The awards for cross country were given by Mrs. Doniak, to the following: Judi Manning and most valuable Randy Penn. Jen-

ny Peterson, Judi Manning and Randy Penn for NAL championships. Most improved went to Nancy Wiener and Gary Haneline, most hardworker went to Mike Cardoza, and the best team dedication went to Jamie Harvey. The most outstanding team member was Judi Manning and most valuable was Randy Penn.

Mr. Murphy gave the vol-





leyball awards for Junior Varsity to the following: best defensive outstanding player, Corrie Maloney; best offensive outstanding player, Julie Krofcheck; most inspirational, Colleen Conley. Shannon Brown brought in the most money.

Mrs. Chase's Varsity volleyball awards were given to the following: Becky Lee, most improved, Jade Al-

**bert** best defensive player, and for best hitter, **Chris Frieson.** 

Varsity Football awards were given by Mr. Howard and Mr. Rhyne to the following: Pierre Peasha, most outstanding offensive running back, Mark HcHargue, Pierre Peasha, Honorable Mention, most outstanding, Stace Rader and Mark. David Britt was the

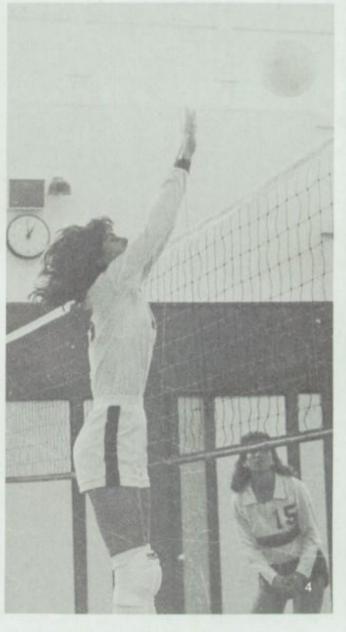
most consistent defensive player. Olof Cardelus received an award for the outstanding kicker. The most valuable offensive and defensive player was Steve Rodrigues.

The awards banquet for the fall sports turned out well, and everyone was proud of their awards.

SAMANTHA RILEY.







1. Judi Manning. 2. Steve Rodrigues "89". 3. Tami Dewell 4. Julie Krofcheck. 5. Chris Friesen.





Restaurant and Cocktail Lounge In the Heart of Downtown Redding



LODGE

Beverly and Jim Gunari Owners and Managers 916 - 243-5422 1350 Pine Street Redding, California 96001 REDDING TOOL & EQUIPMENT

GEORGE DRAEGER 916—241-7968



3245 Winding Way Redding, CA 96003



MCCALEB'S WESTERN AUTO STORE

4222 SHASTA DAM BLVD. CENTRAL VALLEY, CA 96019

Tel. (916) 275-5427

HILLTOP COMMUNICATION & ANSWERING SERVICE



"Your Business Partner for a Sound Future"

(916) 223-0741



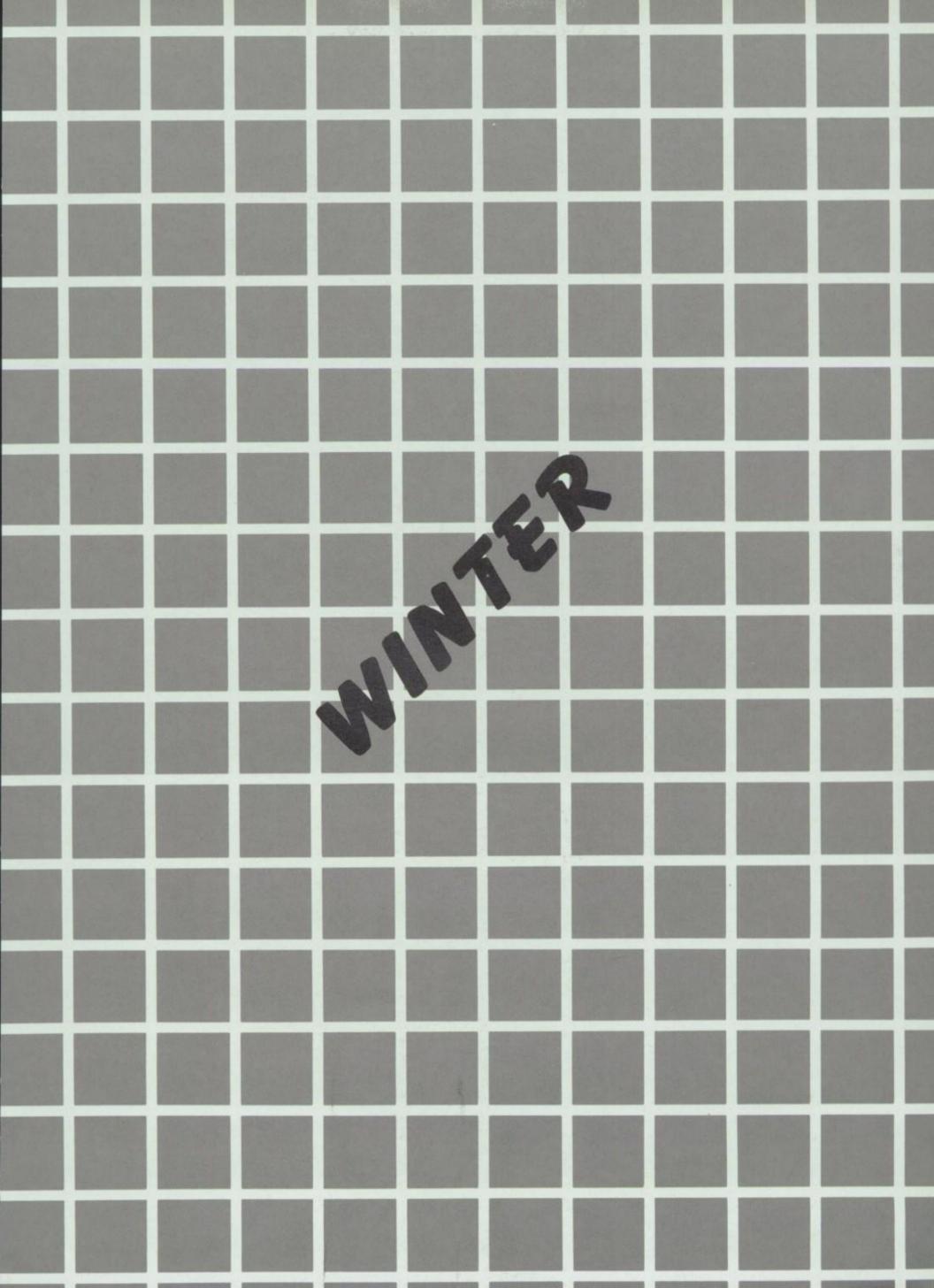
2494 BEVERLY DRIVE REDDING, CA 96002

# REDDING MOOSE LODGE

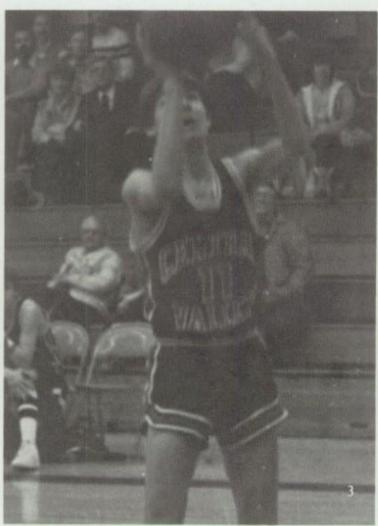
320 Lake Blvd. Redding, CA 96003 241-1006



Congratulations to the Class of 1985! From the Loyal Order of Moose. #1006









## THE TALENTED FEW

Boys' basketball at **Central Valley** shows no signs of weakening in the future. Talent, potential and skill have shone brightly in this year's **Junior Varsity** team.

Though the season started slowly, things looked brighter as time went on with the help of some of the teams stronger players who were the following: Ron Jennings, Mike Daily and Steve Tavolazzi.

Not unlike our **Varsity** team, these boys share a strong team unity which is important to a winning team.

Most of the boys are friends on campus as well as off, and they form a closeknit group. They know each other well and that created a lot of syncronicity which is important in basketball.

We can be proud of our boys', they have shown the kind of dignity, spirit and class that makes **Central Valley High** the greatest.

-Karen Brakensiek





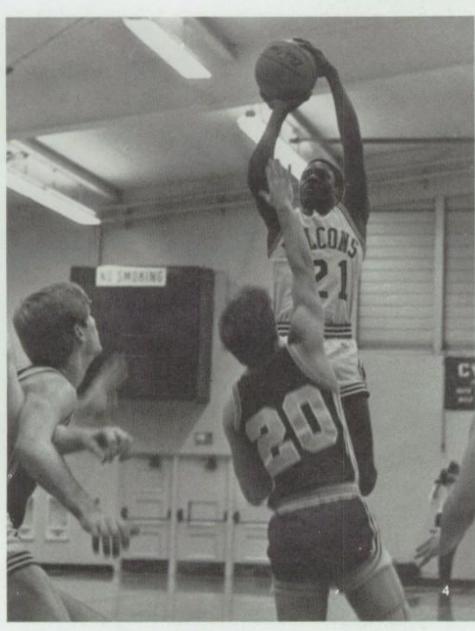


1. "Come back here darnit!" exclaims Lee Galleto. 2. Steve Tavolazzi just ain't foolin' around. 3. Concentration is the key for David Cunningham. 4. Corky Tavey closes his eyes, jumps, shoots and prays. 5. Assist. Coach Larry Spain far left, top row Mike Daily,

Ron Jennings, Tony Gallagher, Corky Tavey, Far right Coach Keith Bailey, 2nd row Steve Tavolazzi, Bob Hearn, Quoc Truong, David Cunningham, Mark Jacona, 3rd row Jason Cassidy, Lee Galleto, Matt Parsons, Todd Miller









### **TEAM SHARES PRIDE**

We have a team this year which we can be proud of. Our boys have a certain spirit and pride that is unique in a basketball the teams quickness and team.

Rick Zanola says he's proud to put on his uniform, and he feels there is more pride in our team than most. It's safe to say the rest of the team shares the same pride.

Jon Murray is proud of brain. "Our GPA is 3.17, and that makes a difference when you're on the court."

Most of the boys on the team have known each other since grammar school and like our last years NAL Champion team, have a special bond which pulls the team closer together.

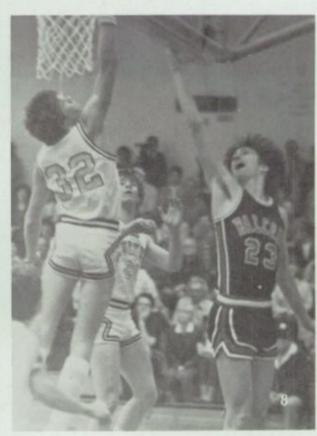
Bryan Cobb seemed to be the team favorite this year, and he along with the other senior players, specifically; Jeff Breedlove, Jon











Murray, Bob Dias, and Brian Leedy, have all worked hard to improve and provide leadership for the younger players.

Mr. Strohmayer made this comment about our team with truth and pride. "This group of players is a credit to the school and the community and is really enjoyable to coach. They are enthusiastic, hard working,

and dedicated to becoming a great team."

Our boys have pride and class that just won't quit; combine that with their spirit and unity and they'll always be winners!

#### -Karen Brakenseik

1. Brian Leedy, are you camera shy? 2. Knowing it's his, Damon Streetman gives it all he's got. 3. read L. to R. Cory Boales, Robert Dias, Mike Berry, Matt Whilhelm-

son, Jeff Breedlove, Jason Roberts, Damon Streetman, Brian Leedy, Wayne Cobb, Bryan Cobb, Jon Murray, front left Asst. Coach Harold Saunders, right Coach Mr. John Strohmayer. 4. Bryan Cobb shows his spectacular Falcon Power. 5. Jeff Breedlove shoots for the moon. 6. Robert Dias flies high for 2 pts. 7. Brian Leedy shows skill and style with B. Cobb and R. Zanola ready for the kill. 8. Robert won't give in to the agony of a hard game.



# GIRLS SPIRIT HIGH

This year's Cheerleading squad was made up of "Cheerleading is harder

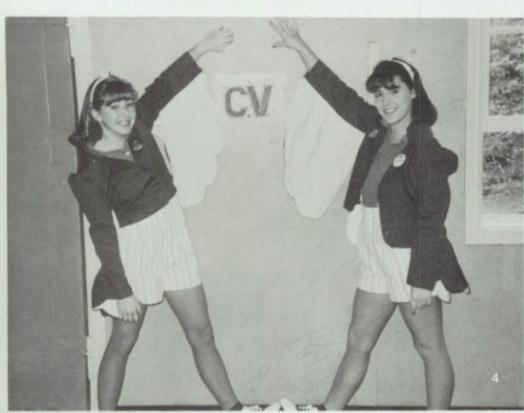
routines.

some talented girls. The than it looks, because you cheerleaders went to have to practice for hours camp over the summer, at a time to get it right," where they had fun and stated Tracy Burcham, learned new cheers and Head Cheerleader. This

year has been really fun, and she enjoys the spirit of the crowd and the excitement of the games.

**Brian Willyard** 







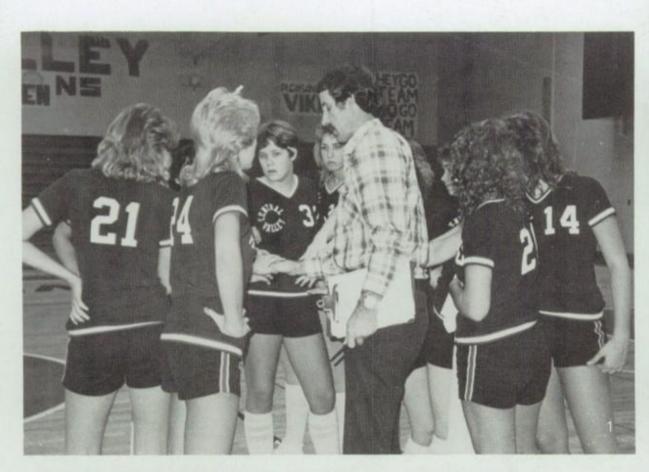


1. Sandy Rich 2. Monica Nowdesha 3. Back row: Sandra Potts, Michelle Thomas, Tara Stellmacher, Kim Sapps, and Kim Barr. Front row: Jennifer Hale, Sandy Rich, Tracy Burcham, Jannelle Pierce, Mary Jane Williams, and Monica Nowdesha. 4. Sandy Rich and Mary Jane Williams 5. Mary Jane Williams and Tracy Burcham 6. Michelle Thomas.













### GIRLS SHOOT FOR TIT

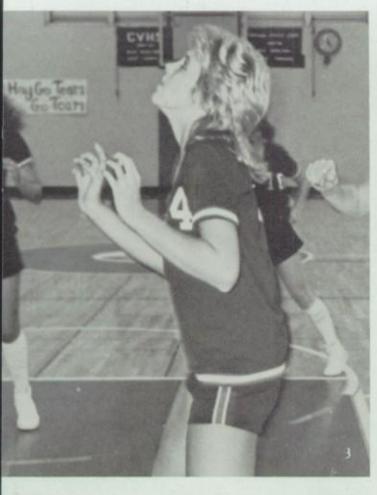
The 1985 Junior Varsity Girls Basketball Team had an excellent season, but even though they had an The team got along well,

port from the crowd would have been appreciated.

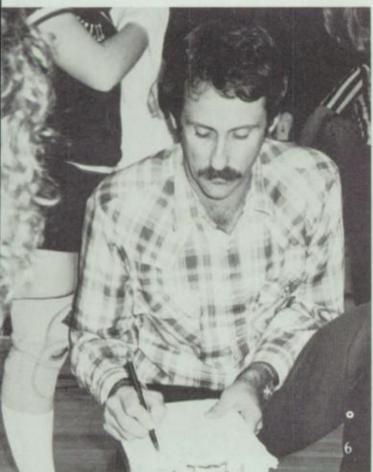
excellent season, more sup- nad a good time, and looked forward to playing Varsity ball.

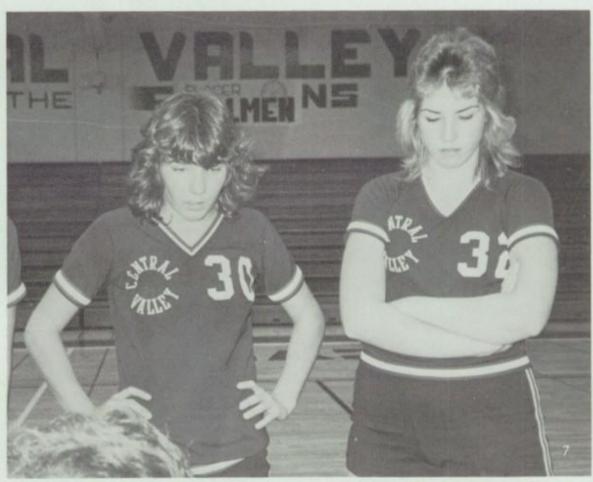
**Diane Riley** 











1. Girls and Coach Eaton give a yell to the other team. 2. Julie Krofcheck shoots the ball. 3. Kim Daily waits for a rebound. 4. Kim Dozier and opponent wait for the rebound. 5. Top row- Kim Dozier, barger. Bottom row- Stacy Sass,

Kim Daily, Julie Krofcheck, Coach Eaton, 2nd row- Sharon Godman, Leslie Lewis-manager, Cindy Smith-manager, Eva Branscum-manager, Tracy MossColeen Conley, Corri Maioney, Tania Ward. 6. Coach Eaton shows girls a secret play. 7. Julie Krofcheck and Diane Hinshaw listen closely to the coaches words.

# GIRLS DO US PROUD

The 1985 Varsity Girls Basketball Team did Central Valley High School proud this year. With Chris Friesen who led the way all

the way as the Most Valuable Player, they had a practiced hard, but the very successful season.

"We worked as a team end." and got along very well,"

said a team member. "We hard work paid off in the

**Diane Riley** 









1. Tami Dewell dribbles around a Pleasant Valley player. 2. Mindy Scott gets ready to shoot the ball. 3. Top row-Mindy Scott, Michelle Helsley, Cathy Farr, Cindy Cromwell, Jessica Vanderpool, and Amy Farr. 2nd row-Chris Friesen, Tina Lane, Michelle Crossley-manager, Re-

nee Cunningham, Tammy Matias. 3rd row-Tami Dewell, Michelle Evans. 4th row-Coach Brousseau. 4. Cathy Farr throws in the ball. 5. The team getting ready for the game. 6. Chris Friesen looks tired out. 7. Tami Dewell waits for a rebound.







### SEASON OF TRIALS

This year our Basketball rallies could be considered a season of trials. Instead of holding the same old games and routines, our president **Stephanie Bredeson** worked very hard to make these rallies different and much more enthusiastic.

To get the students interested and full of spirit, stu-

dent council and the spirit squad had student awards made up. This really got the students involved. Some of the more exciting awards were nerd, brown noser, airhead, and there were many others.

This year there was also a **Basketball Homecoming** held. Foreign exchange stu-

dent, Olof Cardelus was King and sophomore Kim Barr was Queen. These rallies have been the best rallies in awhile. The students showed a lot more spirit and enthusiasm. The season of trials ended up to be a season of spirit and fun.

·Michelle McCune











1. Sophomores at their best. 2. **Theresa Rickard** trying to get a date. 3. Mystery masked man. 4. #1 minifloat 5. Baby Juniors. 6. "Totally, I'm sure." 7. "Like a Virgin."







### THE BIG CHILL

The theme of this year's Winter Festival was "The Big Chill". There were dress up days throughout the week, and the candidates for Homecoming royalty were nominated.

During the rally the **Home-**coming royalty was announced. First the **Lord** and **Lady**, who were **Pierre** 

Peasha and Lisa Stell-macher. The Duke and Duchess were Bob Hall and Tracy Burcham. Jon Murray and Renee Cunningham were Prince and Princess, and last announced were King Olof Cardelus and Queen Kim Barr.

This was followed by the parade of the class floats

and class skits. The juniors were the winners of both the class floats and class skits. The **Competition Yell** which had been absent from the past three rallies, was won by the seniors.

The basketball teams played that night and won three of the four games.

**Diann Draeger** 









1. Derek Sanderson holds his breath. 2. Olof Cardelus and Kim Barr as King and Queen. 3. Rick Taylor floats ashore. 4. Kevin Heston answers as a jock. 5. Tracy Burcham and Bob Hall, Duke and Duchess. 6. Steve Rader creeps along. 7. Monique Kuykendall and Cathy Farr in jello pit. 8. Teresa Rickard and Nancy Weiner, the perfect dates.















### THE MUSIC MAKERS

The band is made up of helped them to do it. seniors, juniors, and sophomores. This year there are many sophomores, so the class is relatively large.

Our leader of the band is Mr. Nigro. He has been involved in music since he was in the fourth grade. All The whole class has im-together he has been proved quite a bit from the teaching band for ten beginning of the school years, three at C.V.H.S. This year and teamwork has year he is also teaching at

Nova. He says, "It is fun, but at times it is very trying."

·Sandi Caldwell









1. Mr. Nigro directing his band class. 2. Band members from C.V.H.S. and Nova. 3. Back row left to right- Craig Kemper, Mike Copper, Trent Montgomery, Cory Wilburn, Front row- Jody Wilson, Debbie Perry, James Leedy, Brian Leedy, and Mr. Nigro. 4. Band members give their best effort. 5. Waiting patiently to play. 6. Mr. Nigro.

### SINGING SENSATION

This year's choir may be one of the smallest choirs that **Central Valley** has ever had, but they could be considered a singing sensation. Choir works hard to put on the best concerts possible.

Throughout the year choir works on four major branches of music. This music includes Classical, jazz, pop, and metericals. Choir conductor, **Mr. Nigro** stat-

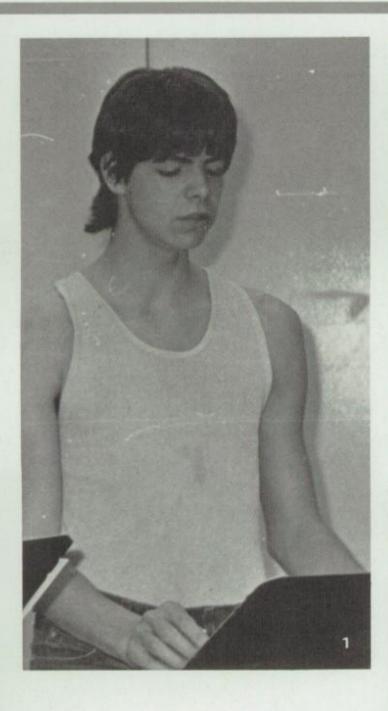
ed, "The hardest part of choir is teaching the students how to read music. Most students come into choir not knowing how to read music, but by the time they leave they know how to."

When asking Mr. Nigro what got him interested in teaching music he answered, "I was in Las Vegas and really enjoyed music and decided to go into

teaching music." Mr. Nigro has been teaching music for ten years. He has been teaching music here at Central Valley for three years.

Even though choir has it ups and downs, everyone gets along with everyone else and they do their best to make things work.

- Michelle McCune







1. Sleeping on the job. 2. Kathy Brant, Tammy Love, Mary Hewlett And Don Snavely learning a new song. 3. Mr. Nigro shows one of his devious moods. 4. Tammy Gather, Kim Carlson, Jeri Blare, Michelle McCune still having fun after a choir concert. 5. Cara Leighton, Mary Hewlett, Michelle McCune and Scott Riggin jazzing it up with style. 6. Deana Stevens shows her style while

singing Bird Land. 7. Top L to R-Linda Brant, Gigi Kendall, Rhonda Kern, Kathy Brant, (middle) Kim Williams, Gina Barelli, Lori Barnes, Deana Stevens, Holly Clark, Don Snavely, Mr. Nigro. (bottom) Pauline Paquin, Tammy Gather, Jeri Blare, Kim Carlson, Cara Leighton, Pam Rayner, Scott Riggin, Michelle McCune.

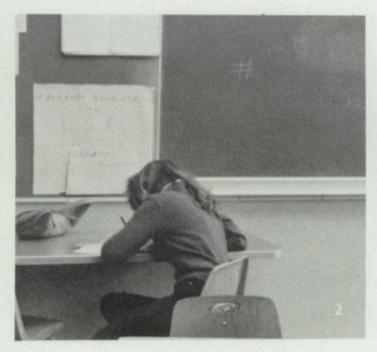














### THE HARD WORKING STAFF OF TALON

Putting together a year-book was a lot of hard work. It costs about \$23,000 to produce a book and the cost can go up or down every year. To pay for the book the Talon staff had to sell \$300 worth of ads each, as well as put on many fund raisers.

Many skills had to be

learned before the staff could start on any assignments but once they learned they did their best to complete their pages on time. Every deadline was always a hard time for everyone, but we made it through. We wouldn't have had pictures without the talents of the photography

staff. They had to work just as hard as everyone else on the staff and had as many problems.

After a few setbacks the Talon staff of '84-'85 did a tremendous job of putting together the book.

-Teri Ortega







1. Brian Adams: Photographer 2. Diann Draeger busy at work 3. Talon Staff: Back row: Cathy Reon, Michelle McCune, Laura Johnson, and Louise Corbin. Front row: Ms. Garin (Advisor), Michelle Mills, Rhoni Sanders, Shanna Schienle, Teri Ortega (Editor), Sandi Caldwell, and Cissie Barry. Not pictured: Monique Pilgram, Sheila Kirby, Brian

Adams, and Bonnie Hanford. From the 1st semester: Karen Brakensiek, Julie Hutchison, Brian Keith, Brendan Mahaffey, Diane Riley, Samantha Riley, Brian Willyard, and Gary Hill. 4. Brendan Mahaffey working hard to make money for Talon. 5. Shanna Schienle and Michelle McCune at the snack bar.

# ONE BIG HAPPY FAMILY

This year's 1984-85 newspaper staff is a very large staff. There were ten new students added to the staff, and half the staff were seniors. Every single person on the staff was important, and everyone got along, which made the newspaper work. "No one tries to be better than anyone else; we're all equal, and we work

together to put out the best paper we can", commented, senior, Scott Eckert. Photographer, Nicki Moen, a sophomore replied, "I like being on the staff very much, and I get along with everyone."

The newspaper is self supporting. They put out the football programs along with selling ads and having fundraisers. The staff puts out eight or nine newspapers during the year. Each one covers News, Sports, Features, and Editorials. "It takes four weeks to produce each issue", said **Sheri Hammonds**, senior Editor-in-Chief of the newspaper staff.

Michelle McCune







1. Back row L-R, Mrs. S. Franklin, Beth Collier, Jayme Wallace, Amy Chambers, Susan Carroll, Sherry Hopson, Cindy Cromwell, Belinda Craig. Front Row L-R; Nicki Moen, Ron Liebman, Scott Miller, David Olson, Derek Sanderson, Todd Zeller, Scott Eckert, Christy Hull. 2. Scott Eckert says "I think I've got a brain

under this hat." 3. Derek Sanderson and Amy Chambers hard at work. 4. Todd Zeller, veteran of the staff, with David Olson "Hercules" and Scott Miller "the Fonz" 5. Belind Craig and Nicki Moen wondering what is in the newspaper. 6. Pensive Christy Hall.









# UPHILL CLIMB FOR COACH

This year's Wrestling team was very strong. "They have a lot of potential," Coach Paul Laine stated "If a few individuals work hard enough, they can go far. We started out with a lot of people, but it

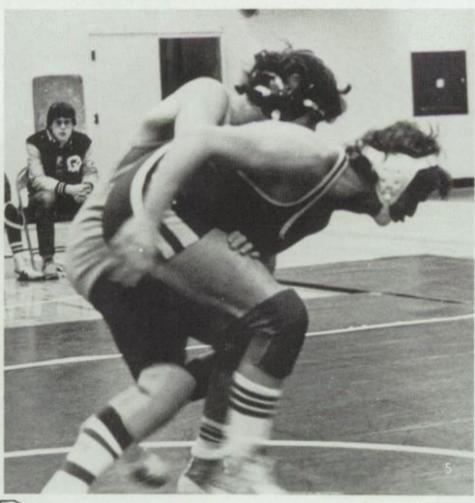
seems like you lose them every day," Laine stated. The coach felt that our team would surprise our rivals in the NAL with some tough competition. He felt that junior Larry Hill, senior, Joe Ward and Brian Wil-

lyard, will be league contenders and go on the NSCIF.

In spite of the coach having to miss practice from time to time the wrestle had confidence they will a well.

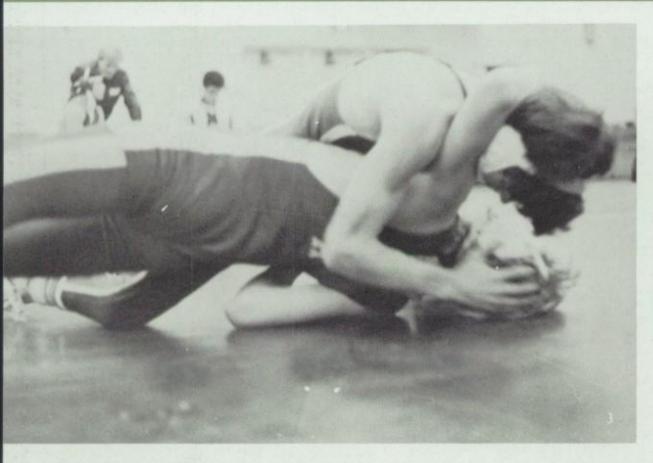








1. Joe Ward is in a little trouble. 2. Joe Ward goes for the pin. 3. Larry Hill finally gets a pin. 4. Joe Ward's mug shot. 5. Joe Ward tries to escape. 6. Scott Packwood is very determined to escape. 7. Scott Teel tries to use his muscle.







JOE WARD Meet Joe Ward. Joe is a former varsity wrestler, but this year's different. Joe and a few others are league contenders. He has wrestled for six years and loved every bit of it. Joe plans on going to Lassen College and major in Forestry and finish his career in wrestling. Joe says, "Wrestling is the most intense sport; it keeps you on your feet because anything can happen at any time. Wrestling is an individual effort not team effort, and it brings out what you have got inside."

·Brian Willyard

# **BRIDGE BUILDING**

David Ashcraft, C.V.S's physics teacher, thought of an idea eleven years ago that would develop more interest and be a fun project with which his physics class could experiment. This is now an assignment that the physics classes do every year before Christmas time.

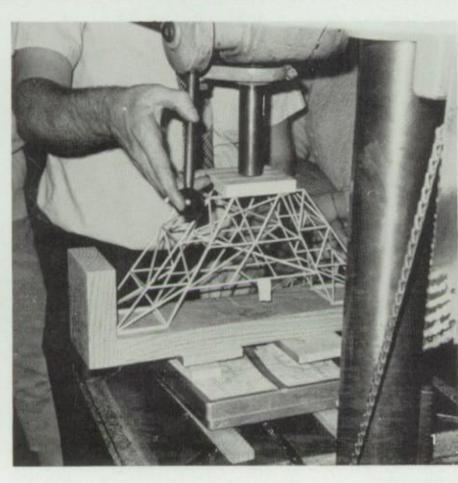
The students have three weeks to build their bridges with the materials provided. The idea of the bridge building is to build the strongest bridge possible under the specified rules.

The three top winners this year were **Robert Stroh** with the strongest bridge of

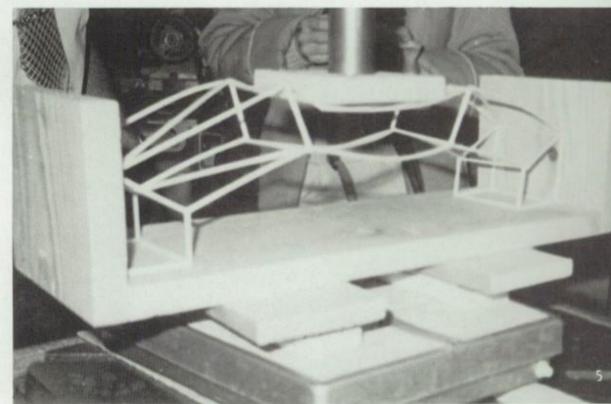
222 lbs, Lars Peterson was next with 154 lbs, and Mark Johnson with 118 lbs.

Robert Stroh's bridge, which was reported to hold 222 lbs., tied with Mr. Doniak's record that had stood undefeated for ten years.

·Louise Corbin

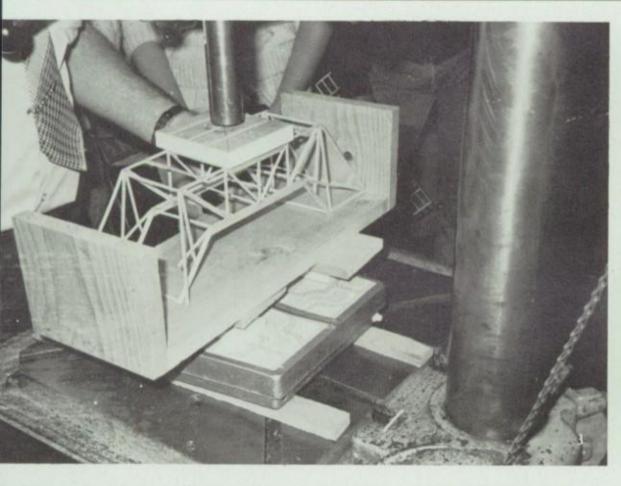


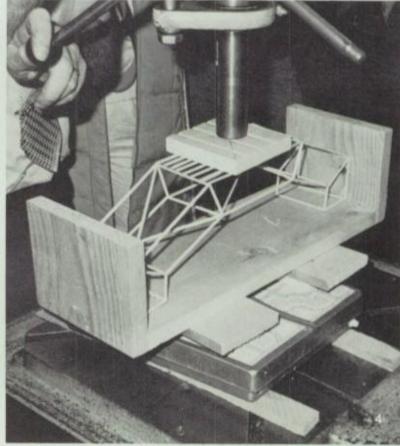




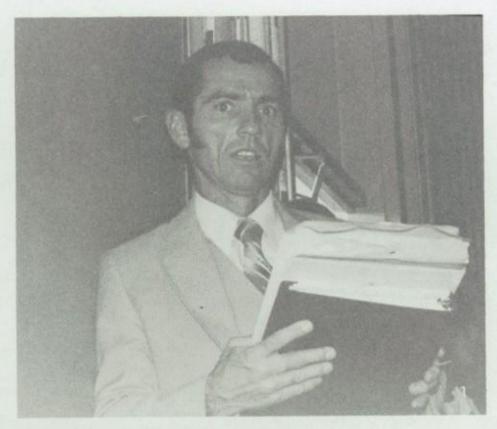
1. The smashing of the bridges begins. 2. The burning of the bridges is a tradition as much as the building of them is. 3. CRASH! 4. A great piece of art about to be smashed. 5. ANOTHER one! 6. Back row: Greg Collier, John Douglas, Randy Wolfen, Gary Chamberlin, Pierre Peasha, Su-

sie Walters, Ernie Schoenfeld, Jennifer Edmonds. Middle row: Lars Peterson, Robert Stroh, Bill Martinez, Karen Mills, Micky Watson, Jeanie Paquin, Chris Freisen, Front row: Derek Sanderson, Joe Lackey and Mark McHargue.

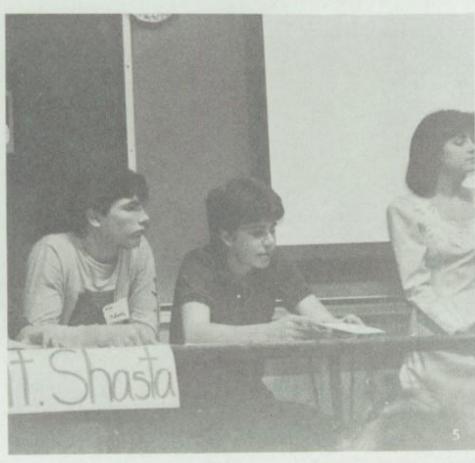














# FALCON BRAINS WIN

For four years **CENTRAL VALLEY** students have been gathering in the fall for the brain brawl to compete against several selected schools.

The schools that participated in the brain brawl were, MC CLOUD, MT. SHASTA, TRINITY, BURNEY and FALL RIVER MILLS.ff

The brain brawl was originally hosted by **RED BLUFF**, and when **RED BLUFF** stopped participating.

csf persuaded central valley to host the brain brawl so that other schools could participate.

Along with the difficult studying, quizzing, and snappy reflexes, the students participating in the brain brawl said they had a great time competing against other schools, and said it was a great chance to get to know people from other schools.

The CENTRAL VALLEY students

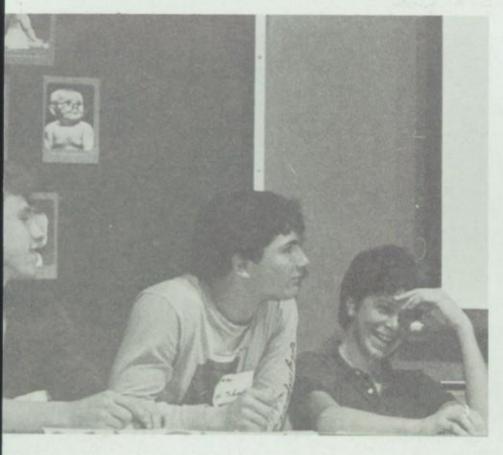
showed a lot of school spirit and did a good job. "KEVIN WILLIAMS was a great asset for CENTRAL VALLEY in the finals," reported CHRIS FRIESEN.

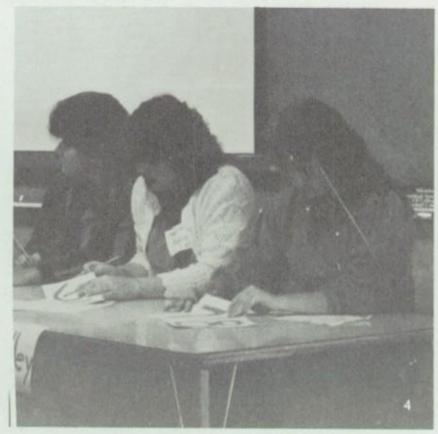
The reward for all of this hard work toward the brain brawl was winning it for the first time in its history.

Good Job CENTRAL VALLEY!!

-Louise Corbin-









1. Mr. Doniak prepares for the big day. 2. Mr. McHargue laughs while asking ote of the questions for the brainbrall. 3. Mt. Shasta has a fun time even though they didn't come in first place. 4. Paying close attention to the question asked, Central Valley wins the roxnd. 5. Mt. Shasta mellows out as the day goes by. 6. Judy Manning helps Mr. McHargue out. 7. Central Valley team thinks they have the answer.

### A NIGHT OF CHAMPIONS

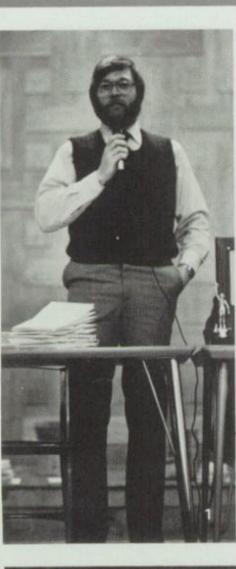
This year's 1985 Winter Awards started out with lots of speeches. Paul Lane, wrestling coach, Mr. Bailey J.V. Boys Basketball coach, Mr.. Eaton, J.V. girls Ibasketball, Mr. Strohmayer, Varsity girls basketball gave out some pretty astonishing awards. The most common awards were most valuable player, most improved player and the coaches

award. Joey Ward was the only senior to be on the wrestling team. Joey received two awards this year, one which said, "Joey Ward is a true champion". All the coaches received awards from their teams, but the most interesting one was the one Mr. Eaton got from his J.V. girls team. "Thanks for the fun and exciting year. We love you for

your dedication. From the J.V. girls team. #10 Muffin, #30 Gumby, #22 Mickey, #20 Ward, #33 Doz, #32 Hinchaw, #24 Dinkke, Godwoman Sassbarger #23 Mossy."

This night was a true night of champions.

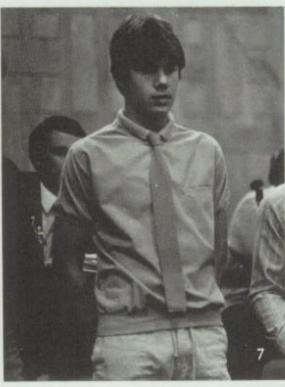
-Michelle McCune







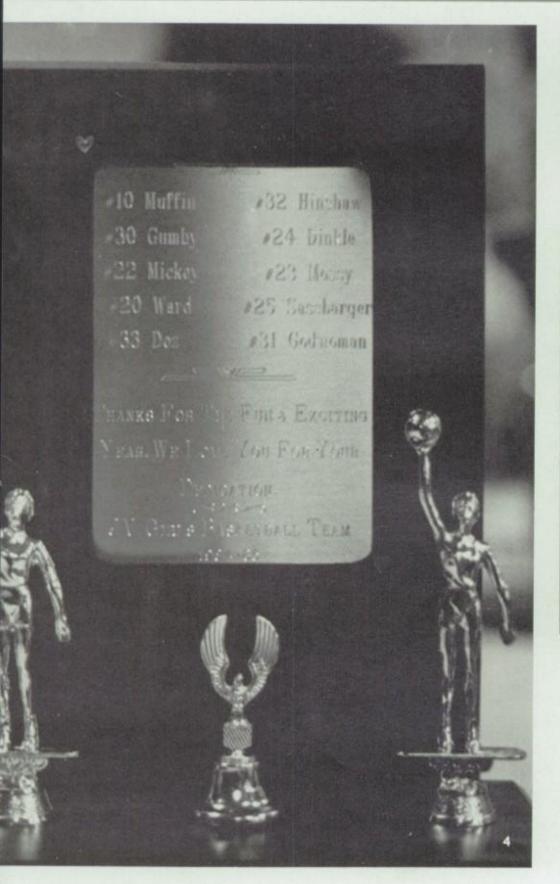






1. Mr. Bailey making his opening night speech. 2. Paul Lane giving Joey Ward an award of achievement. 3. Mr. Brousseau looking at his basketball award. 4. Mr. Eaton's basketball award for being an excellent coach. 5. Bryan Cobb says, "I really don't deserve all the wonderful awards." 6. Sophomores getting awards. 7.

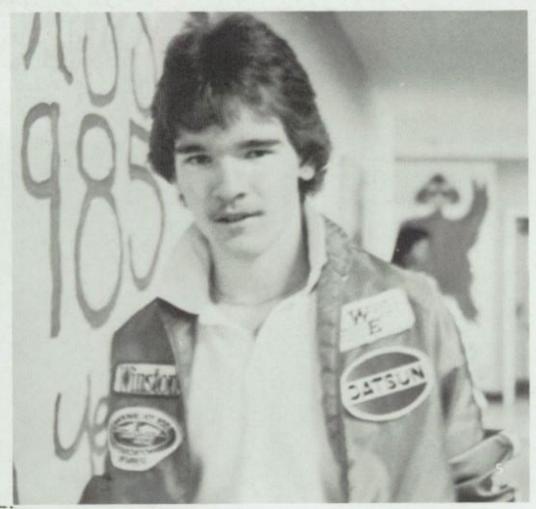
Corkey Tavey shows a good example, 8. Corey Maloney and Julie Krofcheck shake in their sandles after they recieve their awards.















Candids







1. Seniors show their Falcon spirit. 2. Kim Kemper and Jeff Hutchings giving a weather report in French. 3. Brian Cobb minutes before Christmas vacation began. 4. Sophomores enjoy themselves as they pass class time. 5. Randy Caldwell the 1985 stud. 6. Jon Murray and Jessica Vanderpool love to exchange their fashion ideas. 7. Becky Lee taking it cool and easy.



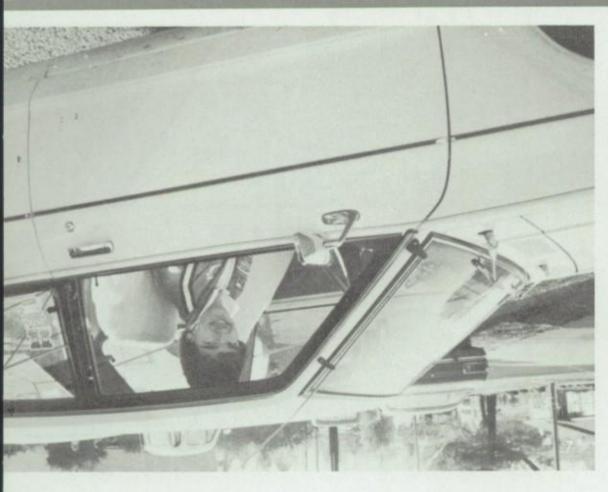












1. Kim Carlson is wet from the rain, but still full of spirit. 2. Tina Junkersfield, Wendy Booth, Katrina McDonald, and Jennifer Gordontf posing as the Fruit of the Loom Girls. 3. Sandi Caldwell, Louise Corbin, and Rhoni Sanders playing the role of a famous candybar, (The Three Muskateers). 4. Cynthia Quigley working hard in class. 5. Karen Brakensiek and Mrs. Garin working on the yearbook. 6. Mr. Wagner searching for hope. 7. Randy Caldwell (Burt Reynolds) flips for C.V.



# **JCPenney**

223-0100 Mt. Shasta Mall

#### **MACHINE SHOP**

JIM HALL Owner

4755 Shasta Dam Blvd. Central Valley, CA 96019

P.O. Box 1028 (916) 275-8895

a superb meal

246-4373

1344 Market St., P.O. Box 1408, Redding, CA 96099



Fd Larmour Owners: Bill Mason

SUNSHINE MARKET 4265 Shasta Dam Boulevard P.O. Box 844 Central Valley, CA 96019 275-2343

8 30 A.M. to 8 30 P.M. Monday thru Saturday 9:00 A.M. to 7:00 P.M. Sunday & Holidays



00000000000000

Ono Enterprises, Inc. "THE FLAG CENTER"

Carolyn Fielding President

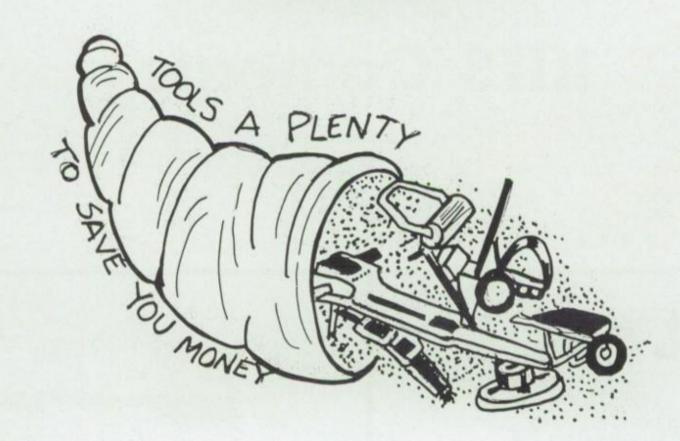
(916) 244-2300

BUELL ROAD, BOX 2, IGO, CALIFORNIA 96047 SHOWROOM/1135 PINE ST., SUITE 109, REDDING, CA. 96001

# CONGRATULATIONS AND GOOD LUCK TO THE CLASS OF '85

**VALLEY** 

VCR,



MOVIES

# RENTALS

Bring Your Yearbook, Rent A Movie, And Get One Free!

-----

Rentals Sales Service 275-6337 275-6339

5044 Shasta Dam Blvd. Cantral Valley, CA (916) 223-2439

(916) 244-5282



0<del>0</del>

# KITS Cameras

Mt. Shasta Mall 900 Dana Dr., Space 15B Redding, CA 96003





HOME ENTERTAINMENT CENTER
AND
NORTH VALLEY STEREO

HILLTOP TOWN & COUNTRY PLAZA

Redding's largest Video Store

1191 Hilltop Drive Redding, Ca. 223-3244 (916) 275-8862



JIM SAINS Executive Vice President 5232-C Shasta Dam Blvd. Central Valley, CA 96019



Central Valley Pharmacy

Prescriptions, Cards, Gifts, Cosmetics, and Film Developing.

109 Ashby Road Central Valley, CA 96019

(916) 275-1532

Antler Resorts



CABINS- MARINA- HOUSEBOATS-









# Holiday Inn

YOUR ENTERTAINMENT & CONVENTION HEADQUARTERS

FEATURING The Holidome

"You'll Be The Confident Host"

Insured by our competent staff, your next group meeting or convention is sure to be a complete success! Whether twelve or twelve hundred, the well-trained staff of the Holiday Inn can handle every detail of your specification from beginning to end . . .

164 DISTINCTIVE ROOMS • EXECUTIVE SUITES • FAMILY PLAN HOLIDOME RECREATION CENTER • INDOOR SWIMMING POOL CRISTY'S COFFEE SHOP AND DINING ROOM • GAME ROOM SAUNAS • CRISTY'S LOUNGE AND ENTERTAINMENT

1900 HILLTOP DRIVE, REDDING, CA 96002, (916) 221-7500

Cristy's\_LOU

LOUNGE We're No. 1 in "People Pleasin"—

# ROARING GOOD TIME!







The convenient Redding Red Lion has everything you look for when you travel. Spacious, comfortable guest rooms. The finest fare, in our elegant Dining Room or casual Coffee Garden. Professional meeting space for five or 550. A pool and putting green. Plus Redding's hottest nightspot the Red Lion Loungewith live entertainment and dancing. Come stay with us!

RED LION MOTOR INN.
1830 Hilltop Drive • Redding • (916) 221-8700

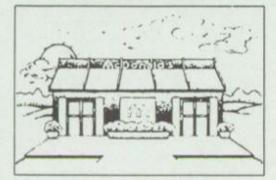
FOR RESERVATIONS CALL TOLL FREE 800-547-8010

Eruce Wheeler, Mgr.

Ph. (916) 223-5632 2695 Bechelli Lane Redding, Ca. 96002

CONGRATULATIONS CLASS OF '85

# The Student Center.



Going to McDonald's" is almost as much a part of school as going to class. You've made us the place to meet, to talk, to have a good time, to celebrate your victories and help forget defeats.

You've made McDonald's more than just another place to eat. And that's why, at McDonald's, we say...

McDonalds & You.

Cypress & Hilltop Redding, CA

CONGRATULATIONS
"Tammy"
LOVE
Mom and Dad

CATHEY'S VARIETY

## 想为人们的生

OUTFITTERS SPORTS

THE GOLF AND TENNIS SHOP

950 Hilltop Dr. Redding, CA 96003

Becky Naylor

Congratulations Sis on your Senior Graduation.

Thanks for hanging in there.

Love Ya Loads Mom, Dad, & Boys

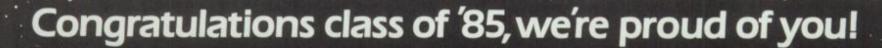


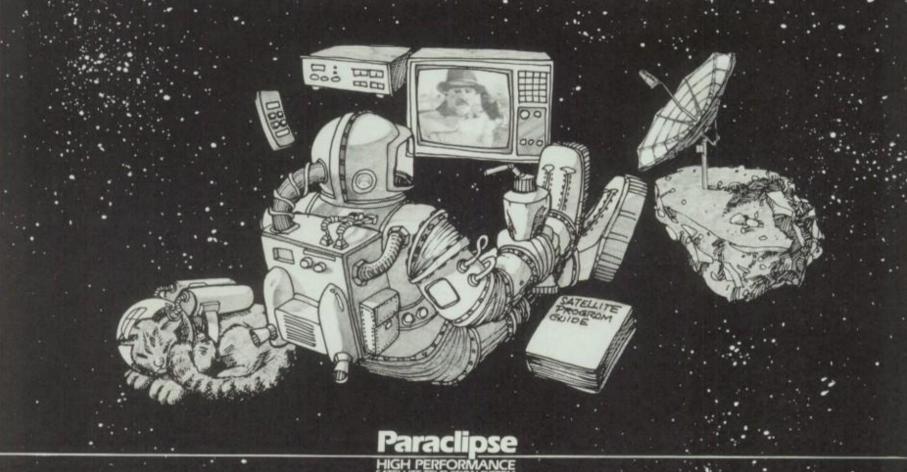
A Family Practicing Optometry Since 1903

4324 Shasta Dam Blvd., Central Valley, CA 96019 (916) 275-2020



4132 Shasta Dam Blvd. P.O. Box C 275-1506 Central Valley, CA 96019





Paraclipse Inc. 3711 Meadowview Drive, Redding, California 96002 (916) 365-9131



#### Wooden Mallet

275-3766 P.O. Box 1153 4336 Shasta Dam Blvd. Central Valley Sculpturing by Jim Freeman

#### REDDING CHRISTIAN SUPPLY INC.

Bibles • Books • Music • Tapes Gifts • Church Supplies Tape Duplicating Mail Orders Video Library

221-6662

2235 Hilltop Dr. Redding

Gowns for: Bride, Bridesmaids, Mother of the Bride, Proms, Pageants, Cocktails

> Paper Products and Engraving Make-Up Artist and Color Consultant

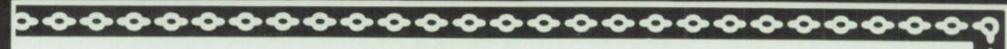
711 711 11 01 One metroal Shoppe CYPRESS SQUARÉ

169 LOCUST STREET REDDING, CA 96001 PHONE (916) 241-1222

JOY BORCHERS **BETTY ROGERS** 



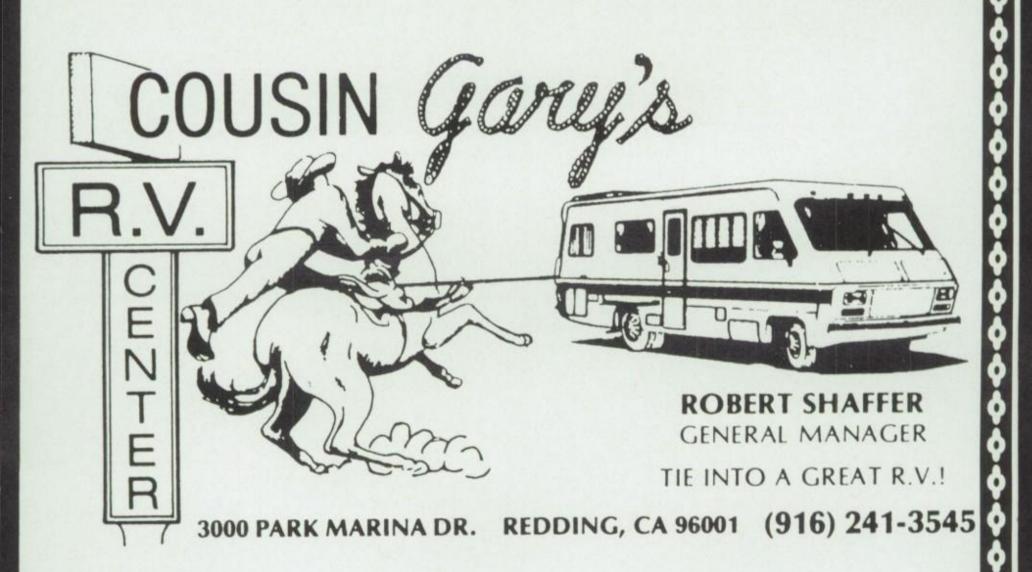
Ads .





# COMPANY OF CALIFORNIA

AN EQUAL OPPORTUNITY EMPLOYER



#### VARSITY FOOTBALL

CV	0	Willows	19
CV	12	Chico	25
CV	66	Las Plumas	7
CV	13	Pleasant Valley	8
CV	19	Oroville	8
CV	0	Yreka	42
CV	12	Anderson	21
CV	19	Enterprise	12
CV	0	Red Bluff	14
CV	0	Shasta	7

#### JUNIOR VARSITY FOOTBALL

CV	88	Willows	8
CV	12	Chico	32
CV	24	Las Plumas	12
CV	14	Pleasant Valley	39
CV	6	Oroville	24
CV	6	Yreka	28
CV	12	Anderson	35
CV	6	Enterprise	42
CV	0	Red Bluff	19
CV	2	Shasta	0

#### GIRLS TENNIS

		A TANK THE RESIDENCE OF THE PARTY OF THE PAR	
CV	1	Shasta	8
CV	1	Enterprise	5
CV	1	Anderson	9
CV	3	Red Bluff	7
CV	2	Yreka	8
CV	0	Shasta	9
CV	0	Enterprise	9
CV	1	Anderson	8
CV	2	Red Bluff	7
CV	0	Yreka	9

#### VARSITY VOLLEYBALL

CV	3	Anderson	2
CV	3	Shasta	0
CV	2	Enterprise	3
CV	3	Yreka	0
CV	3	Red Bluff	0
CV	3	Anderson	2
CV	3	Shasta	2
CV	0	Enterprise	3
CV	3	Yreka	1
CVI	2	Dad Pluff	0

#### JUNIOR VARSITY VOLLEYBALL

		Trainer	
CV	1	Anderson	2
CV	0	Enterprise	12
CV	0	Anderson	2
CV	1	Shasta	2
CV	2	Enterprise	1
CV	2	Yreka	11
CV	1	Red Bluff	2
CV	2	Yreka	0

#### CROSS COUNTRY

CV vs. Shasta Girls-35 Y-24
Var.-32 SH-25 CV vs. Anderson
Girls-39 SH-22 Var.-21 A-37
CV vs. Red Bluff Girls-22 A-33
Var.-24 RB-33 CV vs. Enterprise
Girls-32 RB-25 Var.-35 E-22
CV vs. Yreka Girls-31 E-24
Var.-43 Y-19

#### BOYS VARSITY BASKETBALL

#### **BOYS JV BASKETBALL**

CV 60	Yreka	53	CV 50	Yreka	36
CV 55	Anderson	65	CV 39	Anderson	61
CV 49					
	Red Bluff	45	CV 54	Red Bluff	60
CV 43	Enterprise	50	CV 22	Enterprise	52
CV 37	Shasta	44	CV 26	Shasta	51
CV 44	Anderson	49	CV 34	Anderson	59
CV 57	Yreka	55	CV 32	Yreka	50
CV 58	Red Bluff	61	CV 43	Red Bluff	59
CV 51	Enterprise	50	CV 50	Enterprise	68
CV 58	Shasta	59	CV 52	Shasta	54

#### Girls Varsity Basketball

CV 39	Yreka	43
CV 68	Anderson	55
CV 25	Red Bluff	53
CV 52	Enterprise	39
CV 58	Shasta	40
CV 26	Yreka	41
CV 56	Anderson	39
CV 30	Red Bluff	57
CV 59	Enterprise	47
CV 67	Shasta	37
CV 37	Yreka	41

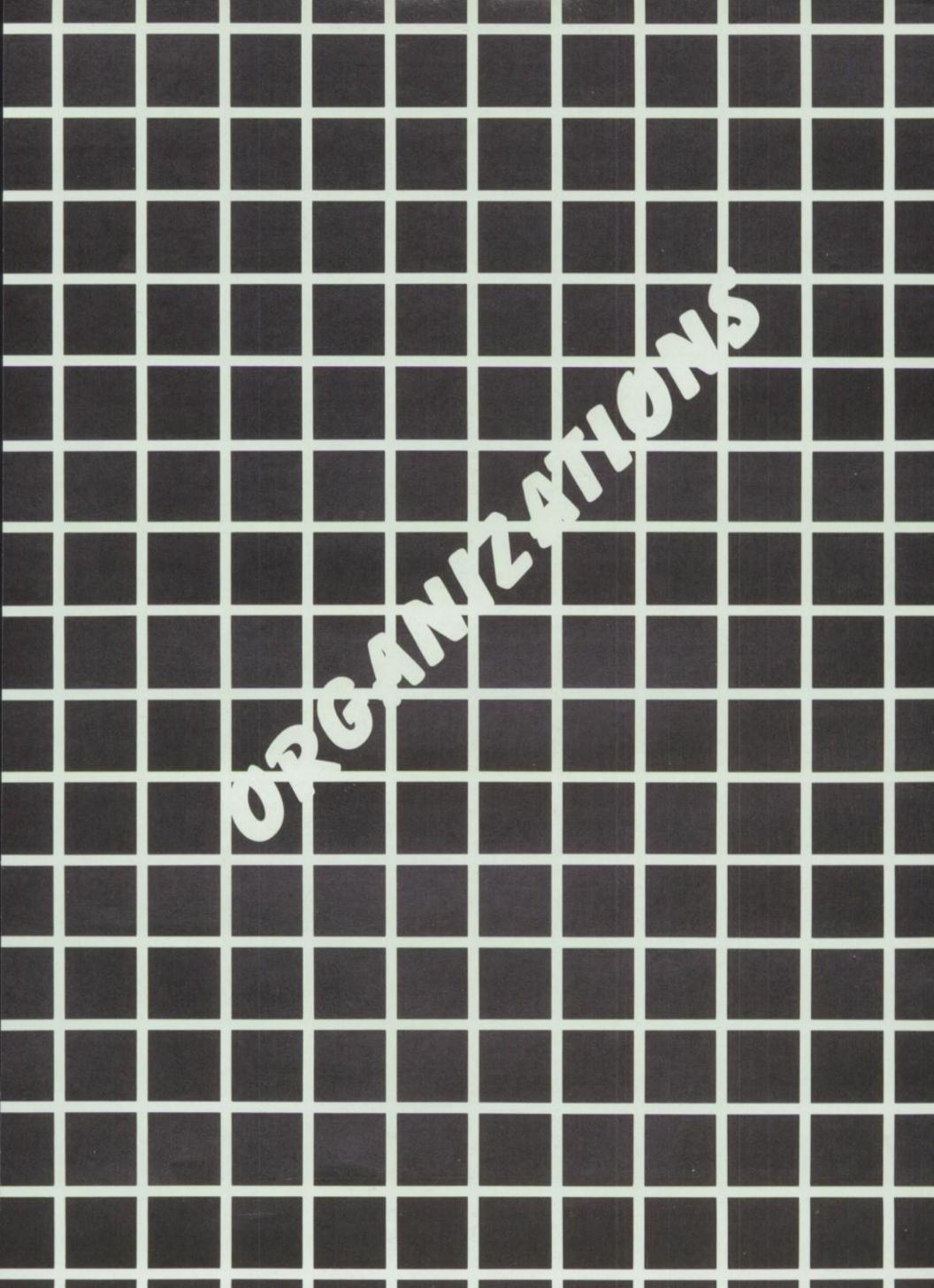
#### GIRLS JV BASKETBALL

CV 38	Willows	34
CV 42	PV	40
CV 37	Chico	35
CV 42	Willows	30
CV 40	Shasta	52
CV 58	West Valley	37
CV 69	Lassen	36
CV 36	Red Bluff	48
CV 34	Paradise	48
CV 53	Corning	40
CV 44	Las Plumas	41
CV 28	PV	45

Champions- Chico Tourn.
3rd Place- SUHSD Tourn.
4th Place- Red Bluff Tourn.
League

CV 45 CV 42 CV 28 CV 42 CV 30 CV 66 CV 59 CV 39 CV 45 CV 31	Yreka Anderson Red Bluff Enterprise Shasta Yreka Anderson Red Bluff Enterprise Shasta	21 23 42 27 39 40 37 50 34 36
3rd Place-	League	

			The same		-986		No.		
		-							
1000000	RESIDENCE OF THE PARTY OF THE P	THE PERSONNEL PROPERTY.		MANAGEMENT OF THE PARTY OF THE	-	-		-	



# INDIAN CULTURE ALIVE

The purpose of the **Indian** Culture Club is to promote a better understanding between Indians and non-Indians of the community.

They meet once a month, to discuss who to

what kind of fund raisers to raise money for trips or picnics. They go to different universities on field trips and different Indian sites throughout the year.

The Indian Culture Club get for guest speakers, works closely with the John-

son O'Malley and Title IV program and this program helped finance field trips and other benefits for Indian students.

-Louise Corbin





1. Michelle Holtz and Lisa Sir Clair, best of friends. 2. Tony Gallager, Jon Langston, David Walker, Advisor: Mrs. Stewart, Lori Barnes, Samantha Riley, Michelle Holtz and Lisa Sir Clair. 3. Ricardo Carro and Cathy Farr get a closer look at things. 4. Robby Wolfin doesn't think Olof Cardelus should do that. 5. Samantha Riley and Michelle Holtz smile for the camera. 6. Christy Williamson, Jill Darcangelo, Michelle Simmons, Laura Hamada, and Belinda Craig. Back row: Ricardo Carro, Rodger Avitia, Mark Kluis, Matt Parsons, Greg Collier, Brian Collier, Chris Adams, Derek Sanderson, Susan Carroll, Lorie Barnes, Jennifer Beebe, Stacey Ford, Cindy Gardner, Cynthia Quigley, Tra-Gardner, Cynthia Quigley, Tracy Zanni, Becky Lee and Liz Humphreys.



# GOING FAR AFIELD

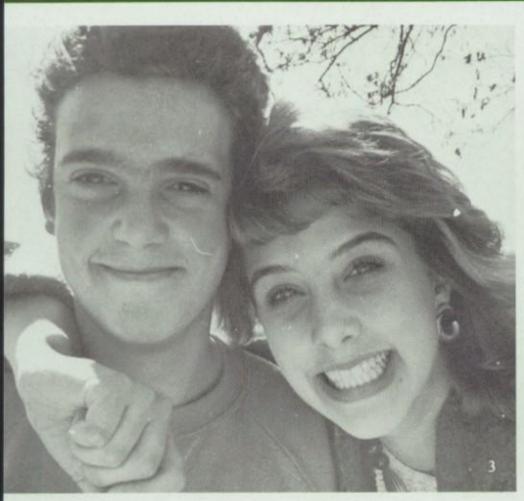
The American Field Service is a group that enriches students' knowledge about foreign students, their countries and also their different ways of

member of AFS by buying a membership card and by attending the monthly meetings.

The club helps our exchange students with funds for school, and buy their yearbooks. It also helps Central Valley students who want to travel and to have the Any student can become a chance to live in a different country.

Central Valley does not have any students in a foreign country this year, but we do have two foreign students who are attending Central Valley. They are Ricardo Carro from Spain and Olof Cardelus from Sweden.

-Louise Corbin







## SENIORS ACHIEVE EXCELLENCE

C.S.F. held a Dessert banquet to honor ten seniors as life members. The seniors were Belinda Craig, Chris Friesen, Kim Kemper, Judi Manning, Stace Rader, Derek Sanderson, Susan Carroll, Sheri Hammonds, Jenifer Hale, and Brian Dierksen.

worked very hard during their years in high school. To become a Life Member you must have been in C.S.F. four semesters between tenth and twelfth grade. One of these semesters has to be your senior year.

At graduation these life These seniors have members wore a gold tassels on their caps and a gold rope across their chest.

Being a life member shows that a person has achieved consistent academic excellence which each of them has worked hard to achieve.

-Sheila Kirby



1. Front row: Bob Storh, Kim Sapp, Sharon Godman, Amy Chambers, Holly Clark, Elizabeth Montgomery, Lisa Fontes, Gail Brent-Chase, Theresa Rickard, Monique Kuykendall, Kevin Williams. 2nd row: Susan Carroll, Anna Welton, Elizabeth Humphery, Michelle McKinnis, Belinda Craig, Y vonne Cerepa, Jill Darcangelo, Pierre Peasha, Michelle Simmons, Renee Cuningham, Derek Sanderson, Tracey Mossbarger. 3rd row: Troy Gamble, Brett Bailey, Jennifer Haley, Jeannie Paquin, Laura Hamada, Janet Miceli, Damon Streetman, Ricky Taylor, Jay Payne, Chris Adams, Brain Collier, Tara Stellmacher, Jessica Vanderpool, Stace Rader, Shad Butte, Jim DeMaagd. 4th row: Steve Rader, Mark Johnson, Shelly Helsley, Tim Ortlieb, Bobby Hearn, Quoc Troung, Mr. Ashcraft, Gary Chamberlain.

# OUTSTANDING ACHIEVEMENT

The California Scholarship Federation is a group of students who are outstanding in their academic studies.

To become a member of C.S.F., you must receive a certain amount of points acquired in academically oriented classes. Belonging

to **C.S.F.** can help you with college entrance and scholarships.

The advisors of the C.S.F. are Mr. Ashcraft and Mr. Doniak. The officers this year were Chris Friesen-President, Stace Rader-Vice President, Nancy Wiener-Secretary, and Kevin

Williams treasurer.

**C.S.F.** held a cake raffle as a fundraiser during basketball season. They also organized a field trip to **U.C. Davis.** 

-Sheila Kirby

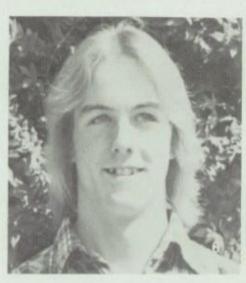


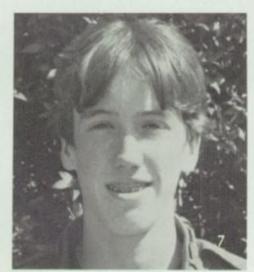












1. Kim Kemper. 2. Derek Sanderson. 3. Chris Friesen. 4. Stace Rader. 5. Jennifer Edmonds. 6. Bob Stroh. 7. Mark Johnson. 8. Belinda Craig. 9. Susan Carroll. Not pictured, Sheri Hamonds.





# WHAT IS ROP?

ROP stands for Regional Occupational Program. ROP is vocational or technical training that provides students with skill training in different occupational fields. This skill or job training gives high school students the opportunity to learn about a specific job or career from professionals by working right along side them. This

training can be in a regular class room, a bank, a hospital, a firehall, a service station, a department store, a restaurant, or in a beauty shop.

ROP training is designed to furnish students with entry level marketable skills, job placement assistance, and job seeking skills. The success of present and former ROP Falcons can be seen working at the Redding Medical Center, Redding Police, North Valley Banks, several convalescent hospitals, CDF, retail stores, and Red Lion Inns. Others have gone on to further their educations in their specific fields.

-Mrs. Kampman







1. Hello Peggy Werley. 2. Brenda Squier and Mike Blackford. 3. Darlene Spain takes a message. 4. Jesse Bishop and Mike Cardoza take this human hostage. 5. Mrs. Kampman. 6. Leanne Crowe happy at work.













# LOOKING TO THE FUTURE

America had a hard time pigs this year to sell at the and being able to lead othduring the year. Some sheep and cows were killed this year by neighboring dogs, other than that, the turnout of the students was

The Future Farmers of pretty good. They raised learning great responsibility fair. FFA students really enjoyed what they were learning and doing.

> The personal reward of being a part of FFA was

er people in the years to come.

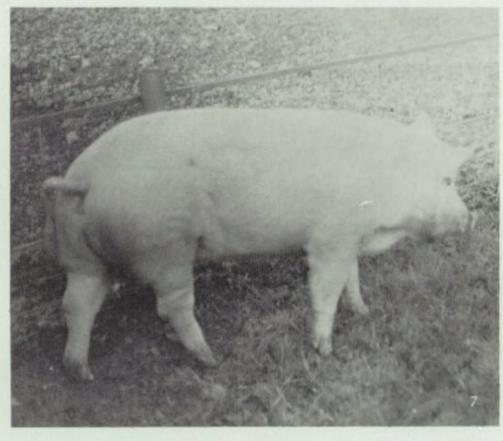
·Gary Hill











1. Wilbur out for a stroll. 2. Phillip Smith teaches how to weld. 3. Kim Helms and Michelle Chase petting a close friend. 4. Ray Garcia stroking the cow. 5. Teachers aide helping Michael Spoon. 6. Josh Smith at clean up. 7. Petunia posing.

## HOME EC SURVIVES

Because of graduation requirements, classes have been changed. Home Economics is one of these. Needlepoint, interior decorating, child care, and budgeting were a part of Home Economics. Now only a few classes are given.

Mrs. Silveira teaches chefs' foods. It's a coed class with mainly seniors, but juniors are welcomed. This class covers finding a place to live, parenting skills, cooking, and generally how to survive on your own. "We have a really active

Home Economics Advisory club," said Mrs. Silveira. The class is planning a trip to San Francisco with FSA in the spring.

-Laura Johnson









## **BUSINESS CLUB TOPS**

Club has a lot to offer this year. The Leaders are Tammy Dennison as President, Matt Wihelmson as Vice President, Kathy Holliday as Secretary, Jennifer Gordon is Treasurer, and the program director is Rick

Zanola.

This year they went to **San Francisco** on a charter bus. They stayed there for 2 days. They toured through large businesses, Fisherman's Wharf, Lombard St., and a few other places.

The guest speakers were

lawyers, CPA'S, legal services, and grooming experts. As fund raisers, the **Business Club** had cake, candy, and program sales.

-Laura Johnson





1. M. Lillibridge and S. Adair look for someone to cook for them. 2. Chug-alug Mark. 3. Business Club: Top row; R. Bush, M. Russell, S. Carroll, L. Schultz, J. Albert, J. Gordon, Tam Dennison, K. Couts, D. Riley, C. Halliday, S. Smeeks, J. Haynes, K. Jones, R. Wilson. Middle row; M. Helsley, L. Graham, J. Gann, L. Wilson, S. Meadows, J. Roberts, S. Schienle, T. Bean, D. Hays, R. VanBuskirk, S. Diaz, K. Williamson, Bottom row; A. Farr, T. Lane, R. Taylor, B. Cobb, L. Mamich, M. Tomblinson, Patt Bell, and W. Clary. 4. Mrs. Silviera samples the food. 5. Becky Miller sits quietly in her kitchen. 6. Business club officers are, C. Halliday, J. Gordon, M. Whilhelmson, T. Dennison, and R. Zanola.



PAC-OUT 323 Lake Boulevard Redding CA 96003 Compliments of

K-MED PHARMACY PHONE 275-8881

1615 MEDIAN AVE. CENTRAL VALLEY, CALIF. 96019
CORNER OF SHASTA DAM BLVD. & MEDIAN AVE.



TO THE CLASS

**OF 85** 

From Jan and Sonny
Sonny's Market
4100 Shasta Dam Blvd.

### Stage Stop



### Northern Trailer Supply

2277 Victor Ave. 222-3464



## Wooden Mallet

4336 Shasta Dam Blvd. Central Valley Ca. 96019 275-3766



The Sports Foot

MT. SHASTA MALL REDDING, CA 96003 "The store that keeps you ahead of the game"

(916) 223-4662



### **MIMS AUTO PARTS**

Auto Part • Accessories MACHINE SHOP 275-3086

**DOUG MIMS** 

4512 Shasta Dam Blvd. Central Valley, CA 96019

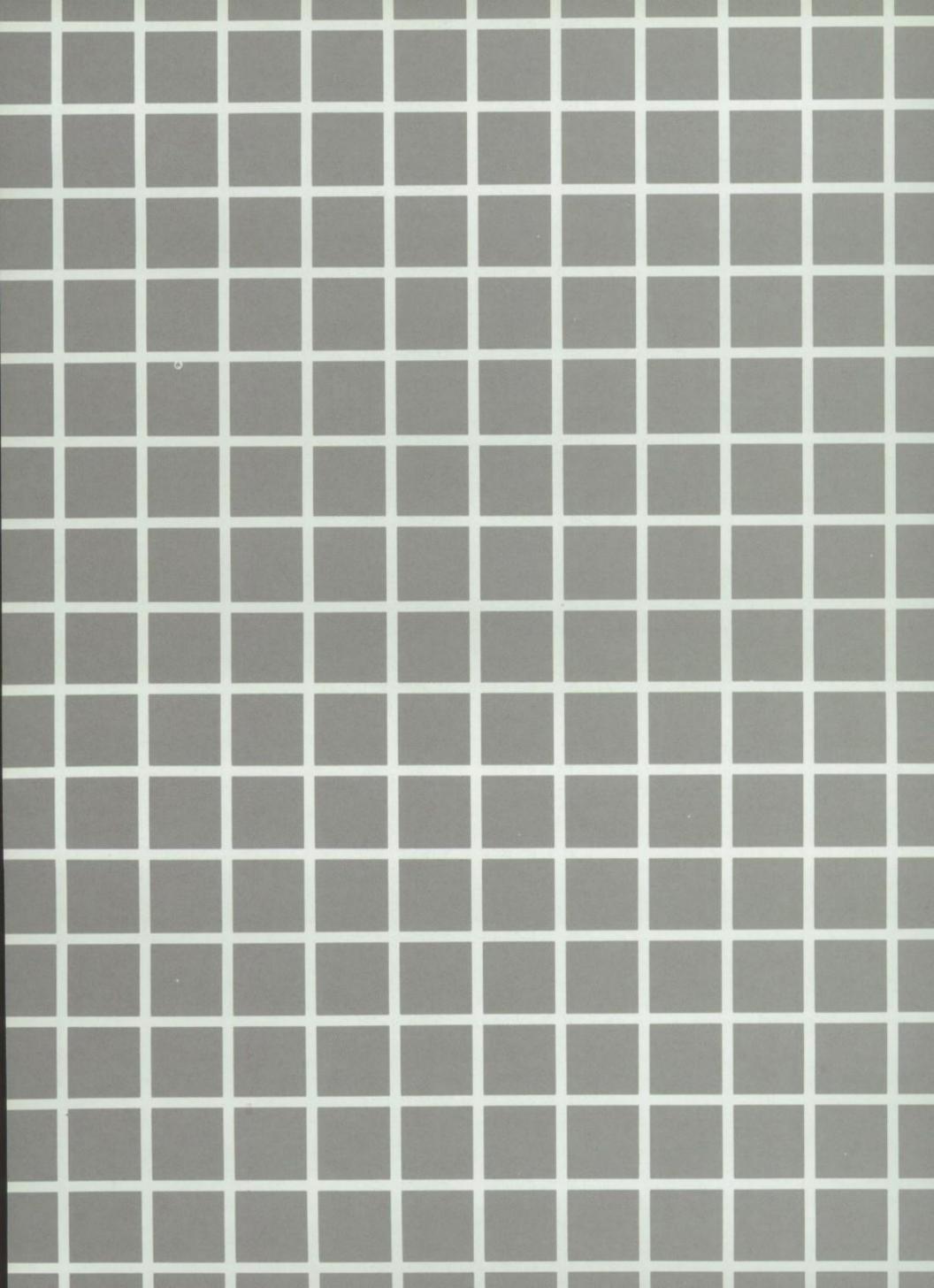


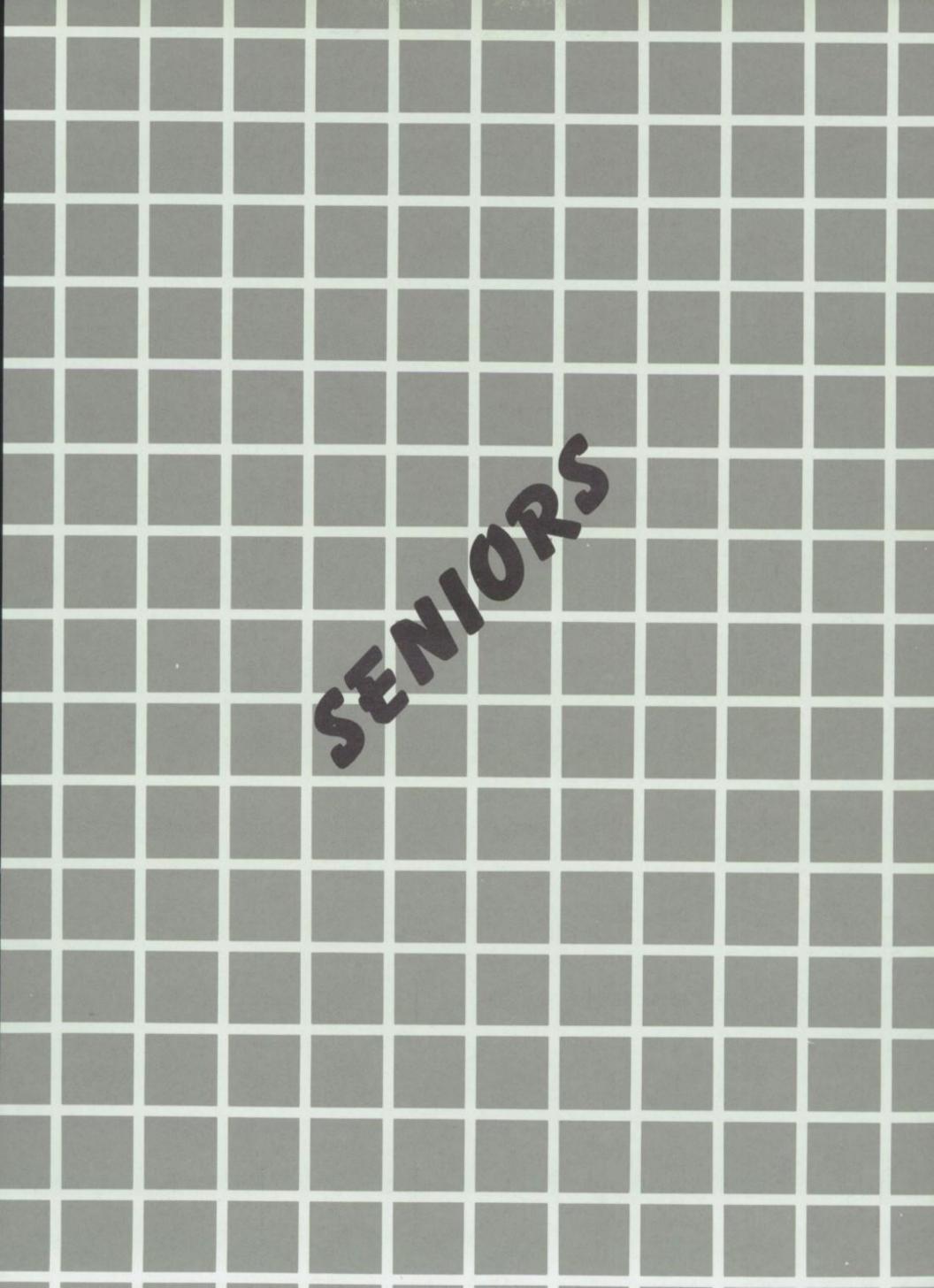
**^^^^^** 

Bob's Service Evaporative Cooling Gas Heating

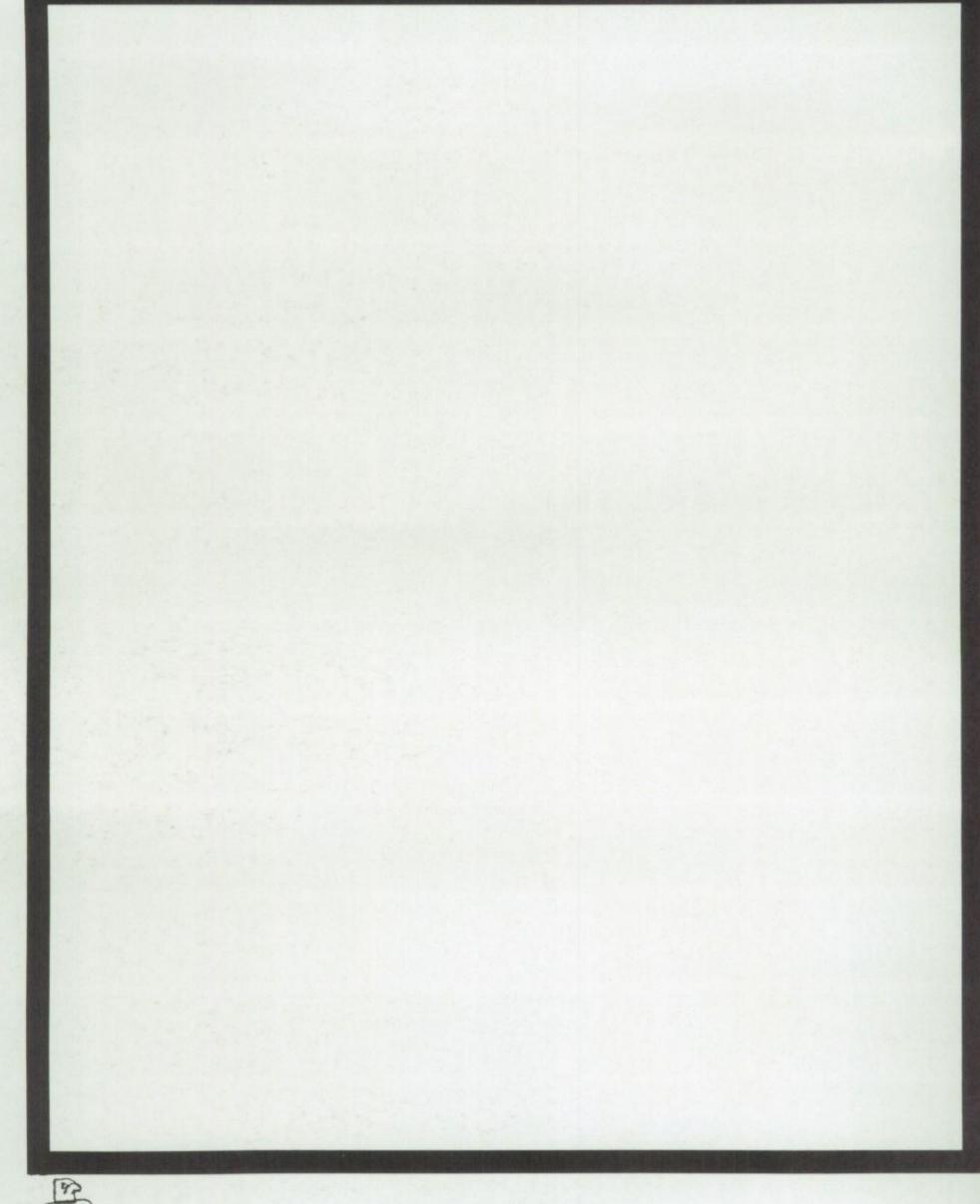
New - Used - Parts - Supplies "The COOLER Store" 275-8611

BOB MARCHI LIC. NO. 376166 2900 CASCADE BLVD. REDDING, CA 96003





# SENIOR AUTOGRAPHS





Albert, Jadelyn Alford, Jeffrey Allison, Jeffrey Anjola, Alan



Bernard, Kelly Berry, Robert Bishop, Jesse Blair, Jeri



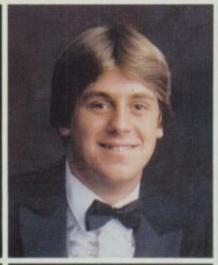














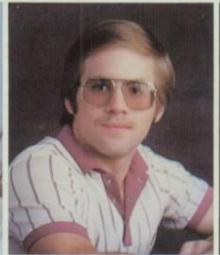














Adair, Shane Adair, Shawn Adams, Brian Adreon, Ronette



Bailey, Brett Beck, Jerry Bennett, David Benson, Kelly



Boone, Melissa Booth, Wendy Borg, Gary



Boudro, Sheryl Bowen, Theresa

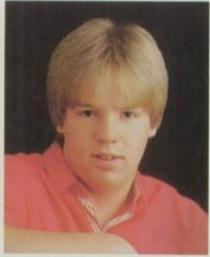
Boyer, Keith Bradley, Jay

Brakensiek, Karen Brandt, Kelly



Britt, David Britt, Robin Bryant, Julie Buffington, Elizabeth













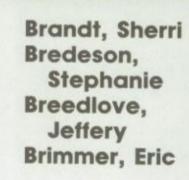
















Mary Jane Williams, Stephanie Bredeson, and Sandy Rich at lunch.





MY STRUGGLE

I am a girl who was born into a country of hatred and violence. I lived in **Saigon**, the capital of **South Vietnam**, until nine years ago when I left my battle zone home for a country called **America**.

When I first came to **America**, I did not know how to speak its language nor did I know about its way of life. Eventually, I learned to speak the **American** language and to adapt to this environment.

After learning the alphabet in first grade, I was placed into fourth grade to start learning from there. Then, I was enrolled in the **Upward Bound** program in 1982. This program was set up to help me with my education for college. I do plan to go to **San Jose State University** for my future career.

Being able to come to **America** gave me a new start, as if I had been born into the world again. I never can believe that I am in **America** now; it is all a dream that happened to come true.

·Tuyet Truong



Cardoza,
Michael
Carroll, Susan
Chamberlain,
Gary
Champe, Kurt





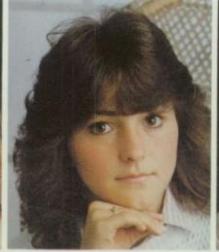


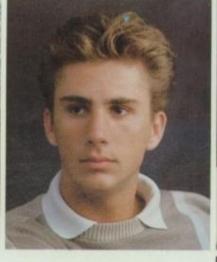
















Burcham, Cheryl

Burcham, Tracey

Bush, Reanna
Caldwell,
Randy
Campbell, Alice
Cardelus, Olof



Clark, Becky Clary, Sidney Cobb, Bryan Cochran, LaDonna

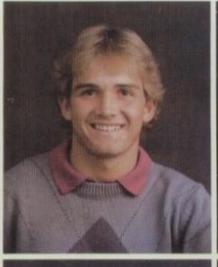
Collier, Greg Collins, Karleen Cooke, Daniel Couts, Kimberly

Cox, Cynthia Craig, Belinda Cromwell, Cynthia

Crosby, Shelly Crossley, Michelle

Dacy, Jan Dean, Michael

Dennison, Tammy Dias, Robert











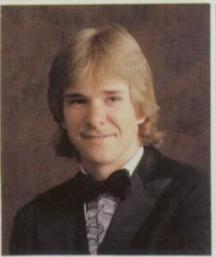






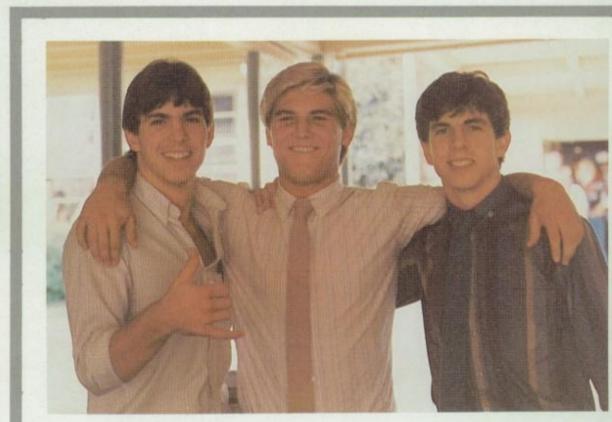








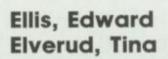




Stace Rader, Rick Zanola, and Steven Rader.



Draeger, Diann Dugan, Joy Dunlap, Gregory Edmonds, Jennifer



Evans, Eugene Farr, Amy

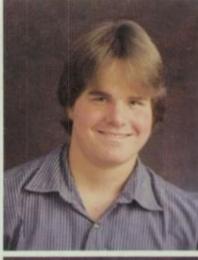
Ferguson, David Fieseler, Ramon



















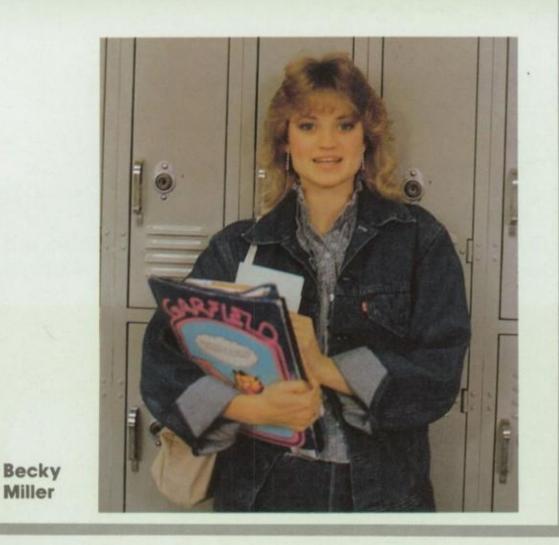








Gardner, Cynthia Gordon, Fitch, Tracey German, Jennifer Friesen, Granberry, Steven Christine Getzinger, Joseph Frost, Dennis Joanne Guthrie, Edie Gibbs, Ronda Fuller, Kimberly Hale, Jennifer Gilliam, Kyle Gaither, Tamira Gilmore Willie Gamble, Troy Gann, Janice Goldsmith, Gardner, Julie Patricia Goodwin, Eric



Hargrave, **Tammie** Hargrove, Charles Harrison, Stephen Harvey, James









Miller



















Halliday, Kathryn Hamada, Laura

Hammond, Glenda Hammonds, Sheri

Hanes, Julianne Hanford, Bonnie



Harvey, Larry Head, Robert Hebison, Laura Herzog, Matthew

Hopson, Sherry Humphrey, Elizabeth Hunter, Walter Hurtado, Patricia



Johnson, Stephen Johnston, **Kristine** Jones, Karen Jorrick, Eric

Junkersfeld, Tina

Kalbaugh, **Michael** 











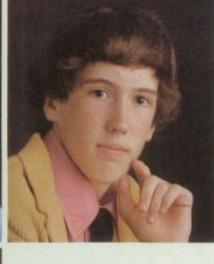




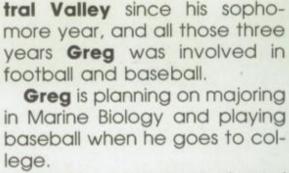








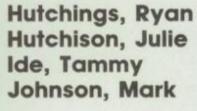


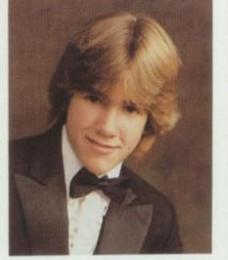


**GREG COLLIER** 

Greg Collier went to Cen-





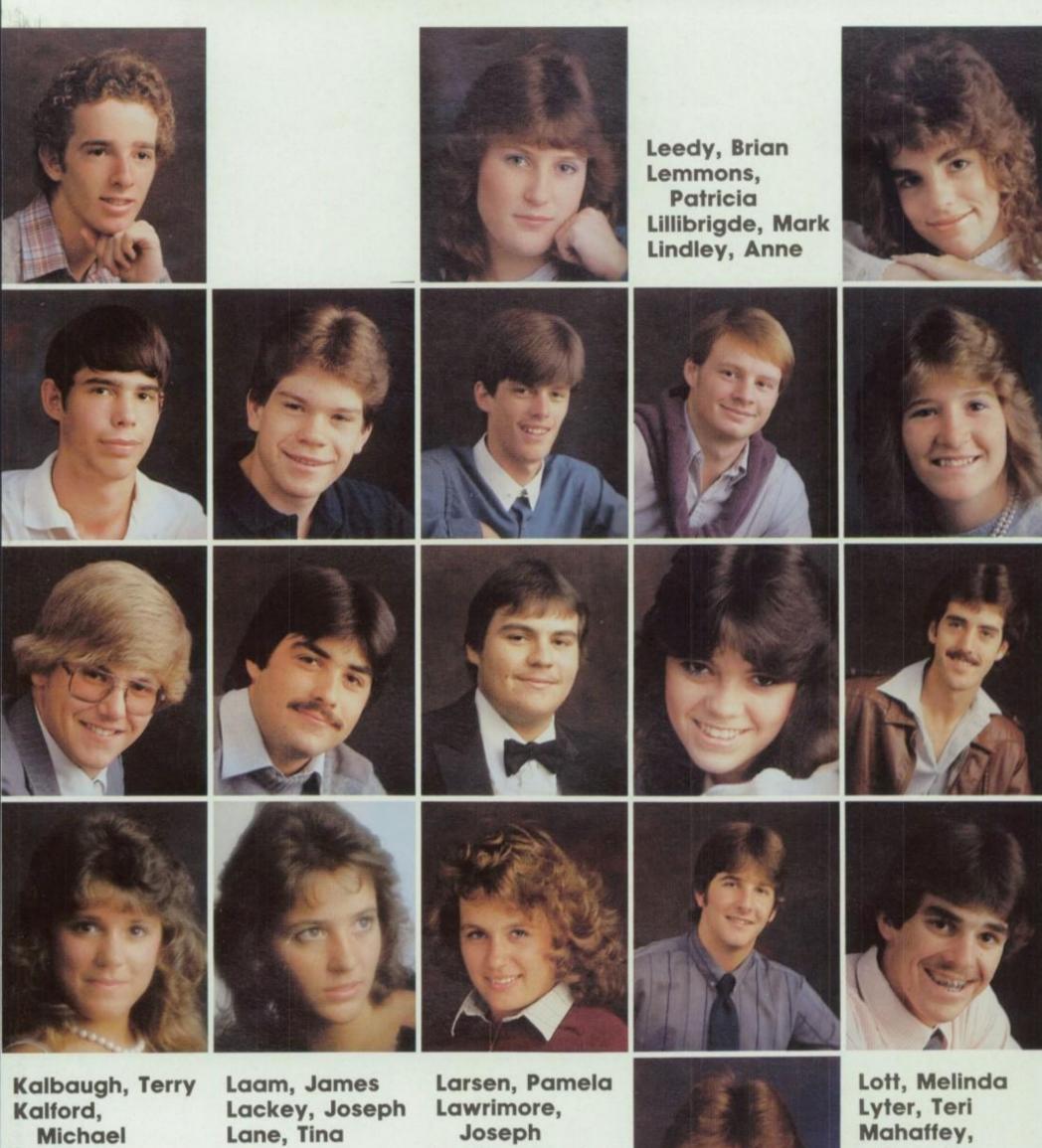


Greg is planning on majoring in Marine Biology and playing baseball when he goes to college.

Greg is active in sports and enjoys fishing. He is also a part of the Lettermen's Club.

The most important thing to Greg is honesty and saying how you feel.

· Teri Ortega



Keaton, Russel Kemper, Kimberly

Leatherwood, Troy Leech, Lori



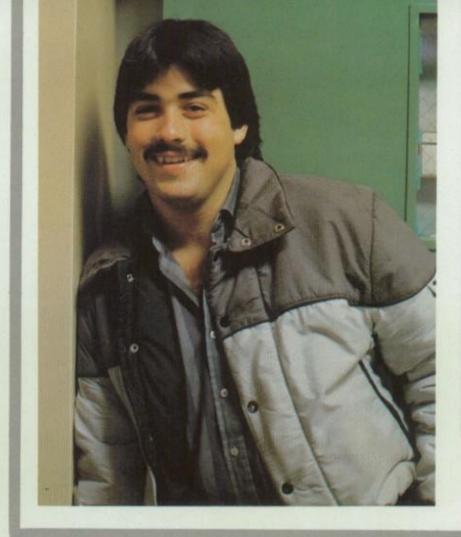
Brendan Maloney, David

Manning, Judith Marchand, Danielle Martinez, William Mathews, Colleen







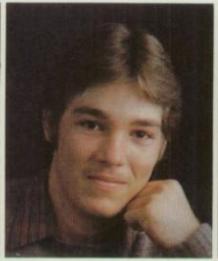


Joe Lackey

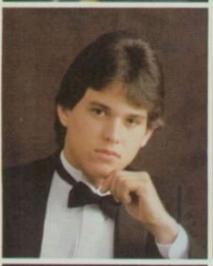






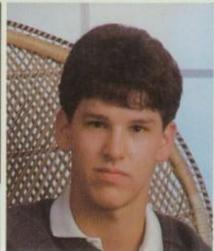




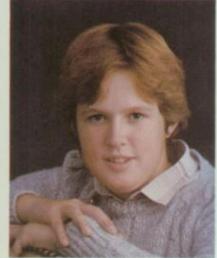












Mattioli, Theodore McCafferty, Bonnie McDonald, Katrina McHargue, Mark

McKinnis, Michelle McKinnon, Michael

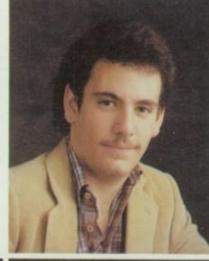
Meadows, Michael Middendorp, Kirk

Miller, Becky Miller, Scott



Mills, Karen

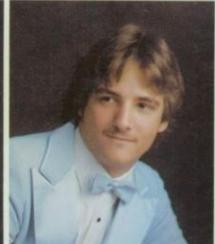
Mingkeo, Wilber

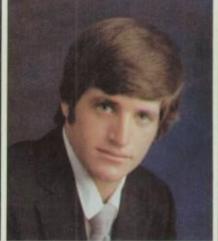


Murphy, David Murray, Jon Nelson, Michael New, Dale













STEPHANIE BREDESON

Stephanie Bredeson was one senior who was excited about graduation. She felt that it was nice to be the first class to graduate outside and to graduate the same year of Central Valley's 30th anniversary.

Attending Central Valley was easy for Stephanie, but there was one hard class out of the past three years and that, said Stephanie, was Mr. McHargue's class.

Stephanie was very active in student counsel all three years at Central Valley. She also participated in basketball and was football mascot. Stephanie enjoys skateboarding as a hobbie.

Her future goals are to attend college for five years. She is not quite sure of what she would like to study, but she would like to be an International Fashion Merchandiser.



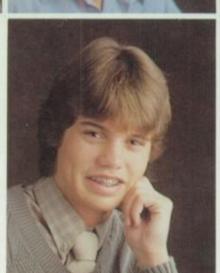




Moore, Richard

Morgan, Robert

Mortensen, Lisa

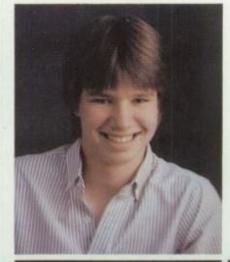




Noble, Larry Nystrom, Jill Olson, David Ortega, Teresa



Tracey Burcham



Powers, Craig Prestridge, Phillip Pruitt, Mcarthure Rackley, Dann



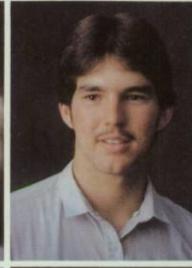




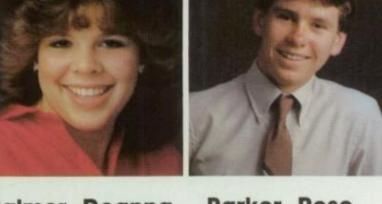


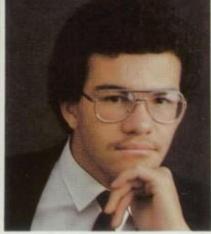














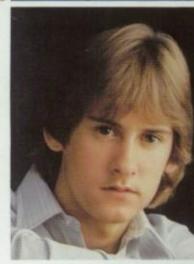


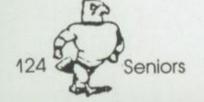
Palmer, Deanna Paquin, Jeannie

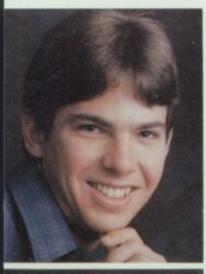
Parker, Rose Peasha, Pierre

Perales, Mary Perkins, Temur

Peterson, Lars Peterson, **Pauline** Pierce, Janelle Pope, Tori







Renenger,
Gerald
Renwick,
Ronald
Rich, Colleen
Rich, Sandra



Niecha Streetman



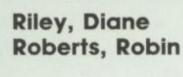
Rader, Stacey Rader, Steven Reed, Brent



Steven Brent

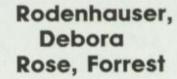














Ross, Suzzan



Russell, Melissa Rutherford, David Sanderson, Derek Saunders, Kelly



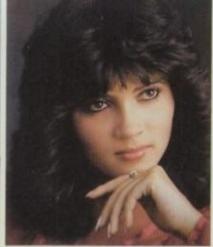
Sinclair, Lisa Slewing, Susan Snavely, Laura Spain, Darlene



Stevens,
Deanna
Streetman,
Niecha
Stroh, Robert
Teel, Spencer







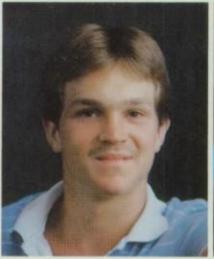










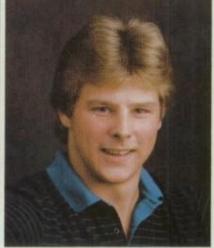
















Schofield, Ernest Schultz, Lisa Scott, Melinda Sharp, Brenda



Squier, Brenda Stellmacher, Lisa Stephenson, Forrest Stetler, Peter







**PIERRE PEASHA** 

Pierre Peasha has enjoyed being involved in Student Government since his sophomore year here at Central Valley. He was Senior Class President and played football.

When Pierre was asked about how he felt about graduation, he said that he didn't want to graduate because he likes high school. He likes to go to school, but finds it hard to get up in the morning.

Pierre plans on studying to be an architect. He will go to Shasta College for two years and then transfer to another college.

Being appreciated and accepted is important to Pierre, as well as being happy.

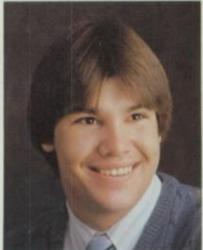
-Teri Ortega

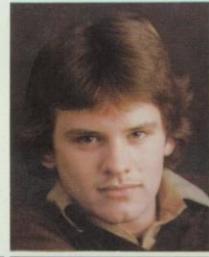


Wakefield, David Walker, Rebecca Wallers, James Walters, Gayle

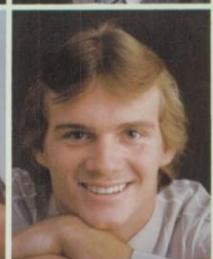






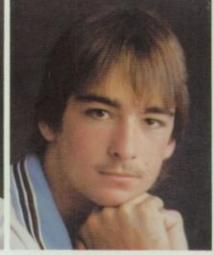
















Tibbett, Clyde

Timmons, **James** 

Tole, George Trotter, Brian Vanbuskirk, Ralph Vaughan, Steve



Walton, Teresa Ward, Jeffery Ward, Joseph Warren, Daniel

Watson, Dixie
Watson,
Michelle
Webster,
Shannon
White, Kristin



Wood, Craig Young, Darrei Zanola, Ricky Zeller, Todd













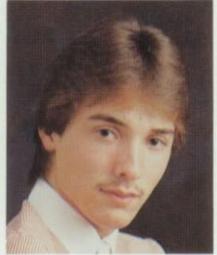








Williams,
Geraldine
Williams, Mary
Jane
Willyard, Brian
Wolfin, Randy



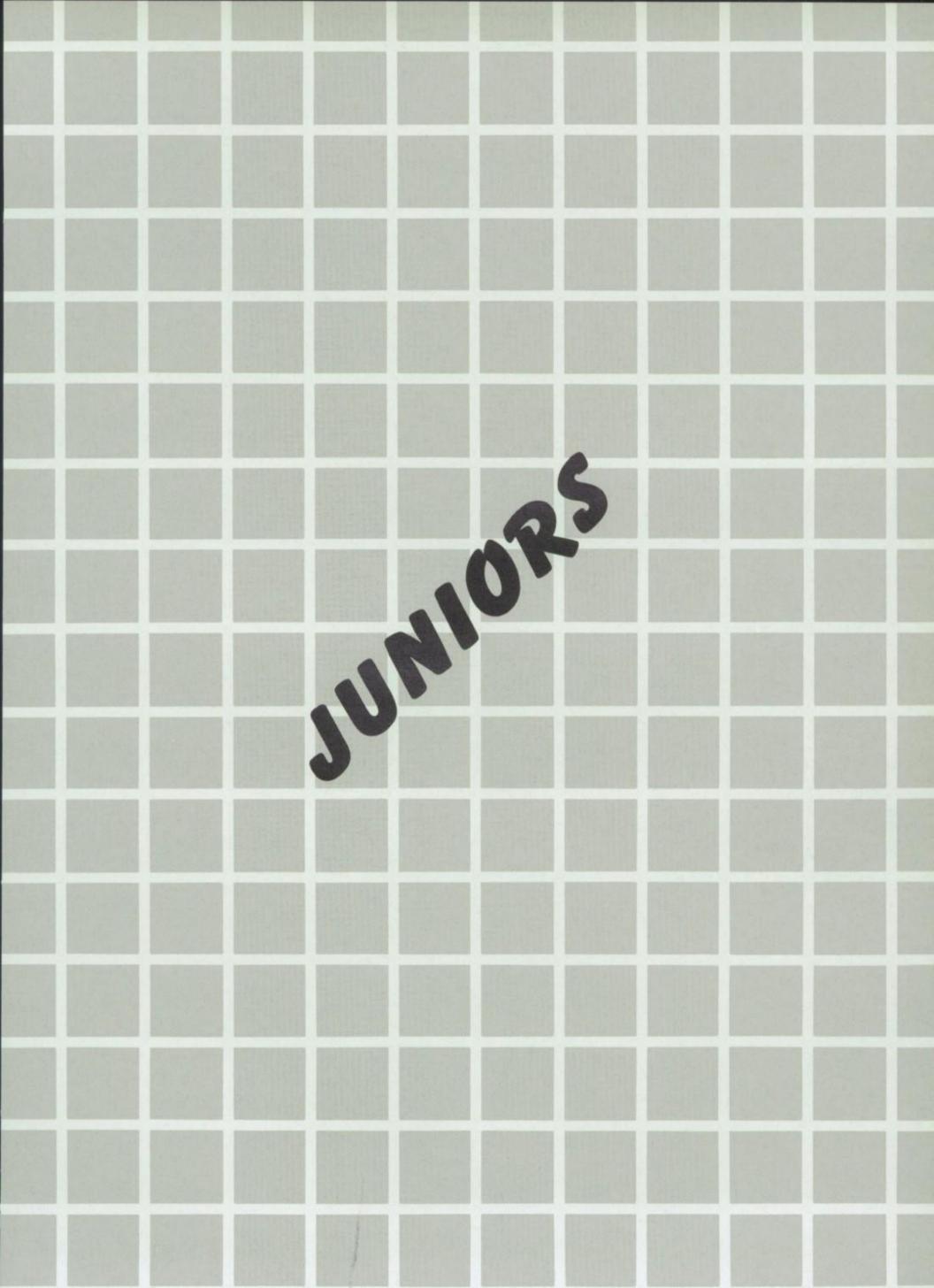
#### NOT PICTURED

Patricia Ala **Rondall Ballard Lorette Bauer Darren Butterfield James Caton Curt Chamberlin** John Church Fred Clark **Denise Clay David Cosby Brian Davis Robert Dearmond Edward Devor Brian Dierksen Jody Dougan David Eckert** Jearice Gabrielson **Kenny Garcia** William Grimstead Melia Gwin Robert Hall **Gary Haneline** Jessie Harrison **Richard Howe David Kennedy** Tamara Kirchner Mark Lavoy William Lugar Kristi Lundgren **Jeffery MacFarlane** Lon Marberry John Mcarthur Jacquelene McCarthy **Brenda Mellott Ronald Miller** Lisa Mappi **Audrey Nash** Rebecca Naylor **Robert Pearsall Robert Penn** Steven Rodriguez **Douglas Rogers** Stephanie Sample Dawn Sell Wayne Skicki **Angela Timmons Teresa Toney Triyet Troung Phyllis Young Manuel Yzaguirre** 

# SENIOR AUTOGRAPHS



	-				



### MEET JILL D'ARCANGELO

Jill D'arcangelo is an active junior with many fun and exciting passtimes. Although she is mostly known for her envolvement with student government with student government, she loves to dance, ski, listen to music and watch football games. On top of all that she has won awards in math, art and tennis.

Jill is very proud of our great school spirit and feels that in competition with other schools, the exciting spirit of **Central Valley** shows at games and rallies.

Involvement and Leadership are keywords in describing **Jill D'arcangelo.** Since she was a sophomore, she has kept herself busy with tennis, managing J.V.

basketball, statician for football and student government. She was a representative and Vice President of her sophomore class and as a junior, she was a student court judge first semester.

Jill has a very optimistic attitude for the class of 1986, "We have the ability to lead the school in a positive direction. School should be fun and crazy and as juniors we're starting to pull together as a class, by next year we'll be powerful enough to influence the other classes to have fun and to lighten up.

·Karen Brakensiek



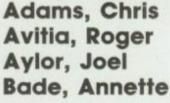
867520









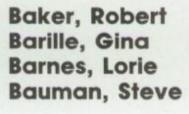








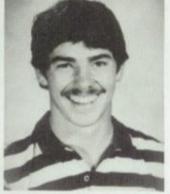


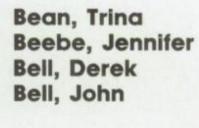








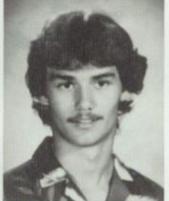












Bent, Carmelita Berry, Mike Billingsley, Ralph Blackford, Mike









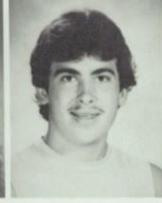


**Boales, Corey** Bowman, Tina Bowser, Wendy **Bradford, Spencer Brandt, Shelly** 







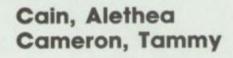




**Brandt, Tammy** Brent-Chase, Gail Brown, Charlie Bruccheri, Anthony **Butte, Shad** 











Carlson, Matt Chalfant, Lisa



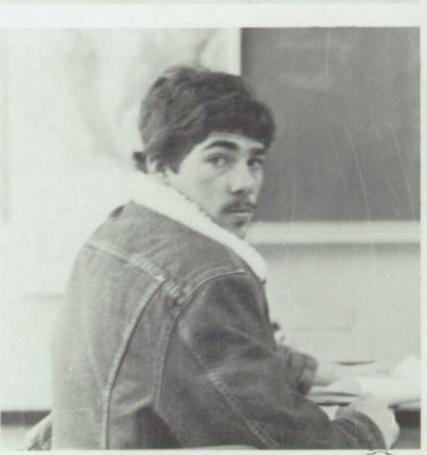
Chord, Diana Clark, Amy



Clark, Holly



1. Jill Darcangelo, 2. Shanna Schienle, 3. John Bell





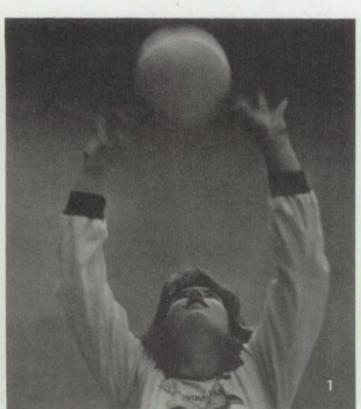
Clement, Jennifer Collier, Brian Collier, Deann Colwell, Kim

Combs, Becki Coombs, Rod Cooper, Mike Corbin, Cathy

Cordell, Wayne Corken, Ken Costa, Pauline Costa, Rhonda



Crowe, Leane Crowe, Lynette Cruz, Tony







Juniors



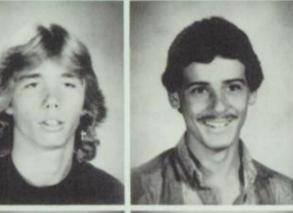






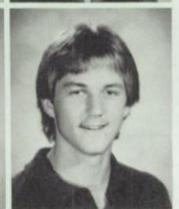


Cunningham, Renee Curl, Kelli Cutchem, Veronica Daniels, Mike Darcangelo, Jill









Day, Randy De Lorie, Steve De Maadg, James Demeny, Joelle Dennis, Chip







Devitto, Jodi

Derrickson, Stacy



Dewell, Tami Dias, Kerie







Dickson, Chris Dickson, Stacy Anne



Diehl, Mike

1. Stacy Derrickson, 2. Mark McHargue and Janet Miceli together. 3. Scott Lloyd and Stacey Ford.4. **Michelle Simmons** 



### A LOOK AT BRIAN COLLIER

Brian Collier is not your everyday typical junior. He feels that Central Valley is a pretty cool school.

"The seniors of "86" should play a major role in America," said Brian. "I wouldn't be surprised to see graduates from this incredible year eventually have control in the United States. There will be graduates who will lead CV from the land of obscurity onto the Plateau of Prosperity, keeping in mind of course, our great predessors, who inspired us such as Mr. McHargue."

Brian has been active in sports; he

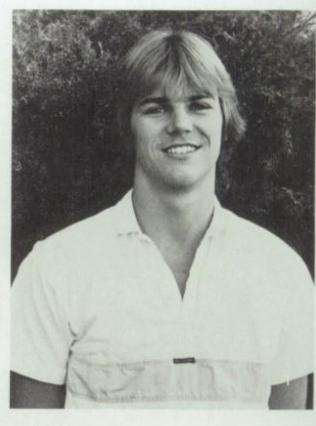
played football for Nova, then CV's jv. team and varsity.

His favorite hobbies are astronomy, sports and dances.

The one award he is most proud of is: The Philosophical Bung Award presented to him by Mad Magazine.

His goal in life is to go to a four year college and major in engineering or medicine. Brian Collier is definitely one to be remembered.

- Samantha Riley



Diestel, Andy

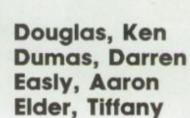
**Dominguez, Troy** Donarski, Christine Doser, Joe









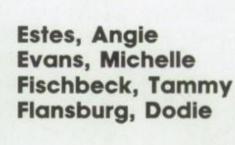










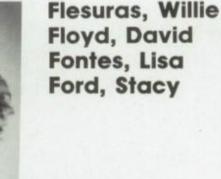


















Juniors

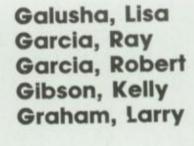


















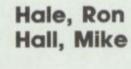




Greathouse, Donesha Green, Melanie **Groves, Tony** Gudzan, Ann Gunter, John











Hammon, Cheryl Hammond, Laura



Hamor, Sandra Hartman, Shelly

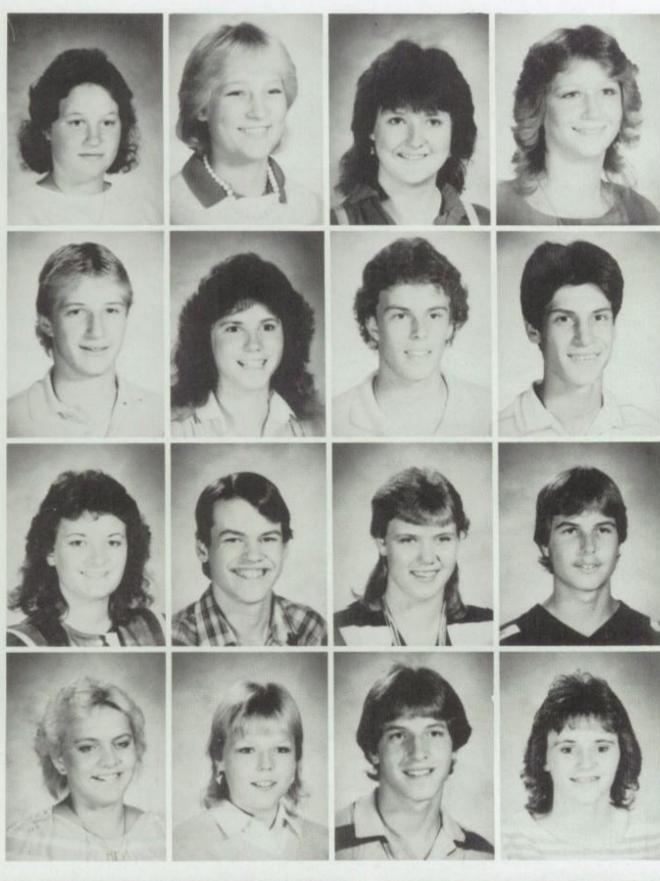


Hays, Liana



1. Brian Collier, 2. Tammy Dewell and Kathy Rehberg, 3. Gary Hill, John Bell and David Floyd





Heckenlively, Kena Sheiser, Tammy Helsley, Michelle Henderson, Tonya

Heston, Kevin Hewlett, Mary Hill, Gary Hill, Larry

Hines, Shawna Hichcock, Scott Hobbs, Julie Hofmann, David

Hopkins, Robin Horne, Donna Hutchins, Jeff Ide, Lesia

1. Alethea Cain and Tammy Dewell. 2. Monica Nowdesha, Ron Jee, Nancy Wiener, Theresa Rickard. 3. Stacy Derrickson, Diana Ward.





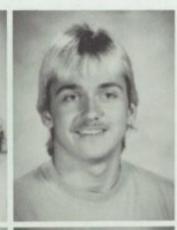












Ivie, Tracy Jeantet, Michelle Jee, Ron Johnston, Juliene Jolliff, Steve





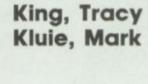




Jordan, Florence Kanealy, Stacey Kemper, Kregg Kendall, Gigi Kern, Rhonda









Knecht, Dwayne Koher, Mark

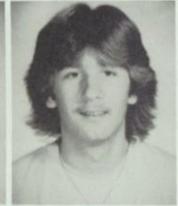






Kreger, David Krivokapich, John









Kunde, Kim

1. Michelle Helsley 2. Ron Jee and Mike Berry. 3. Bob Shafer with his favorite Junior lunch. 4. Tammy Rickie caught unaware.

#### MEET SANDRA MC CULLOUGH

Sandra is an active student who attended Central Valley this year. She is currently a junior and very involved in activities, and she is someone who is always remembered by her smile.

Sandra is the junior class secretary treasurer. When asked why she got involved in student government she said, "I want to make things happen in this school and hopefully get more students involved. I'd like to see people have a better attitude about school."

Her favorite hobbies are cheerleading

and making things happen. As a sophomore she has been a football cheerleader for five years. She was awarded head of JV cheerleaders last year, and head of songleader this year. She was also awarded sophomore princess last year.

Her favorite subject is chemistry; last year it was biology. Later on in life, she would like to become a psychologist or kindergarden preschool teacher.

**Rhoni Sanders** 



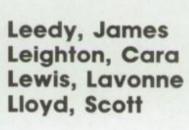












Larmour, Michelle Lavery, Shannon

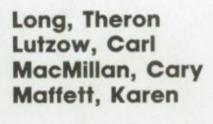
Lee, Becky



















Manning, Rick Marchand, Rhonda Marchievski, Ted Marks, Heidi









Matias, Tammy Martin, Angela Maskiewicz, Marla McBride, Casey McClelland, Mike





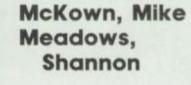




McCrary, Brett McCollough, Sandra McCune, Michelle McKennon, Lisa McKenzie, Tom









Meadows, Shirleen Mezzavilla, Christina







Miceli, Janet Millard, Monica

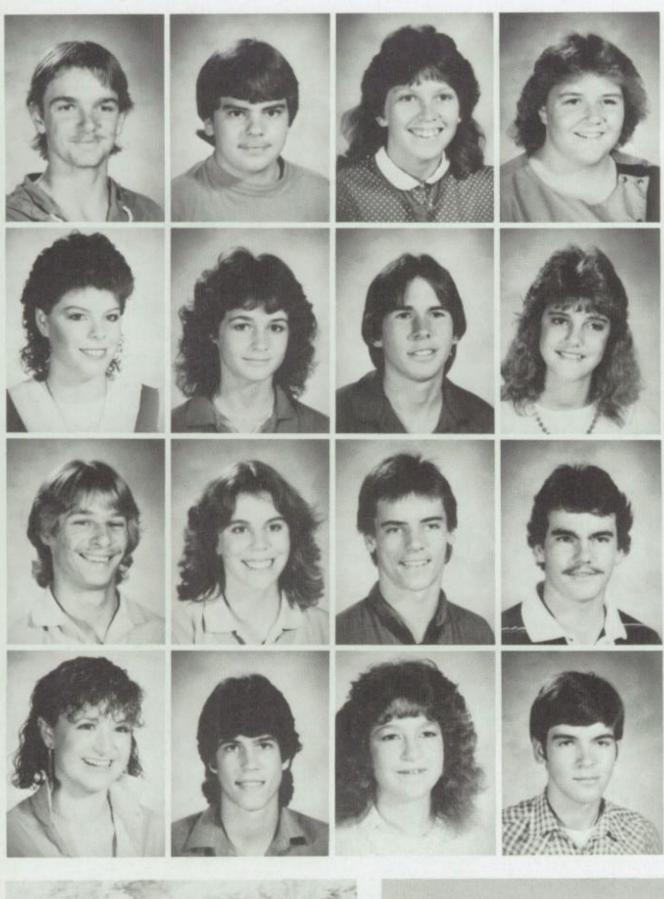




Mills, Michelle

1. Sandra McCullough, 2. Tammy Matias and Lisa McKinnan. 3. Wendy Bowsher.





Mitchell, Shawn Montgomery, Mike Moody, Jeanine Moore, Julie

Morrell, Staci Morrison, Terri Myers, Reed Naylor, Candy

Nelson, Jay Nowdesha, Monica Ohaver, Tim Oetzel, Darin

Oleary, Barbara Olson, Kevin Ortlieb, Kristin Ortlieb, Tim



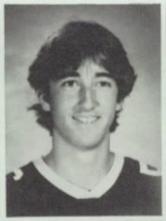




Juniors











Packwood, Scott Patterson, Janette Payne, Jay Pettyjohn, Kelly Pierce, Kelly











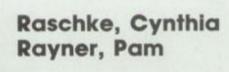
Pilgrim, Monique Pirkle, Kelly Porras, Mary Porras, Norma Porter, Kristi











Preston, Sheila

Ramsey, Tim







Read, Jerri Reed, Wendi





Rehberg, Kathy



1. Michele Helsley 2. Ron Jee and Mike Berry. 3. Bob **Shafer** with his favorite junior lunch. 4. Tammy Rickie caught unaware.





#### **CANDY NAYLOR**

Have you seen a junior at Central Valley who laughs a lot? Well, if you have, it probably was Candy Naylor.

Candy likes Central Valley, but it's the people that make her feel that way. Her favorite class is typing. When asked what her opinion of the class of '86 was, she said, "We'll probably be

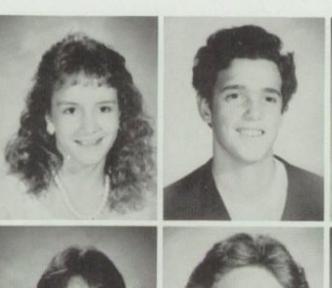
the loudest, rowdiest class ever. We'll set a great example for everyone from here on."

Her favorite hobbies are snow skiing and riding horses. She also has been rodeo queen.

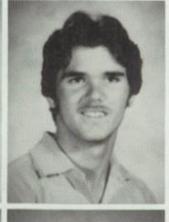
Candy's goal in life is to succeed in everything she does. So far she has at Central Valley.

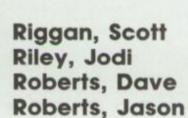


Rickard, Theresa Carro, Ricardo Ricke, Tammy Riede, Mike





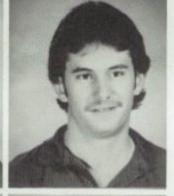


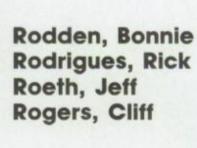




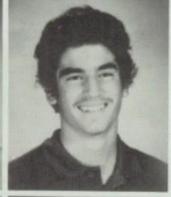






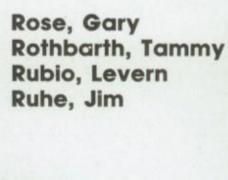










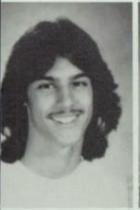






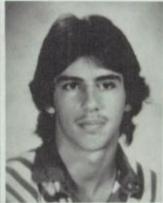












Ruma, Joe Russell, Bob Schienle, Shanna Schjoth, Richard Scott, Jim









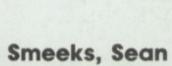


Seidel, Tommy Shaffer, Bob Shasteen, Juli Shepherd, Christy Shearman, Charlie





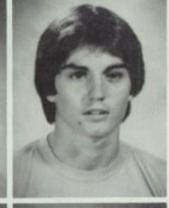




Sickafoose, Tom

Simmons, Michelle





Smith, Chris



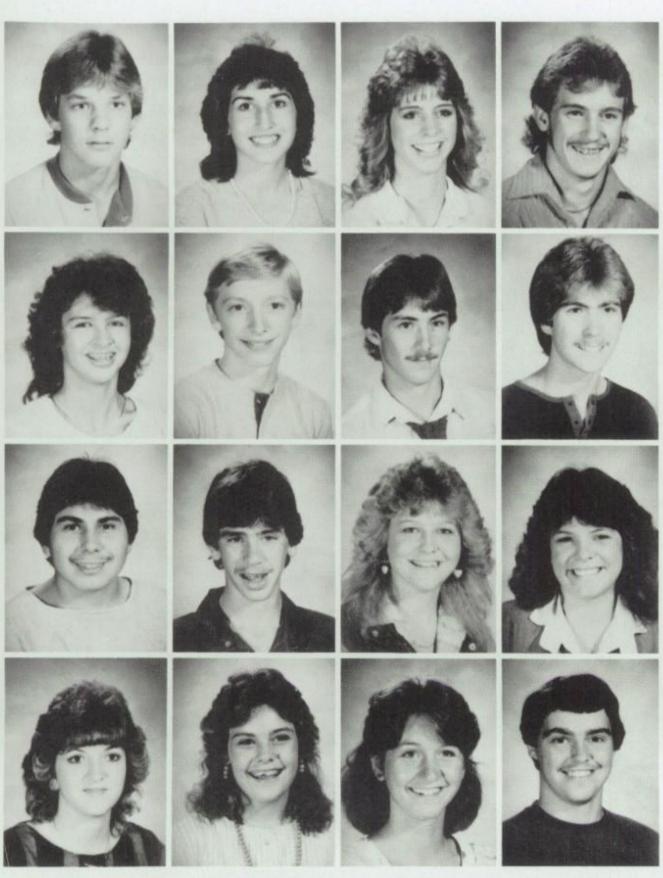
Smith, Tammy Snavely, Don



Sowder, Erik

1. Candy Naylor. 2. Janet Miceli "CHEESE". 3. Kim Colwell and Karen Maffett.





Speaker, Richard Stanley, Laura Stanley, Shawna Starkey, Steve

Starkey, Tammy Steffensen, Chuck Streetman, Damon Swortfiguer, Shane

Talavera, Ruben Taylor, Rick Thomson, Meisha Tittle, Julie

Toler, Janina Turnbaugh, Stacy Vanderpool, Jessica Vater, Ron







Juniors



Wade, Sandy Waite, Debi Walker, David Wallace, Jayme Walters, Rocky

Warren, Julie Weatherbee, Paula Weldin, Tammy Wiener, Nancy Wilhelmson, Matt

Williams, Craig Williamson, Christy Windle, Dwayne Winter, Anette Wiseman, Perry



Wilson, Jody Wilson, Laura Wilson, Ray

Young, Aaron Young, Guy

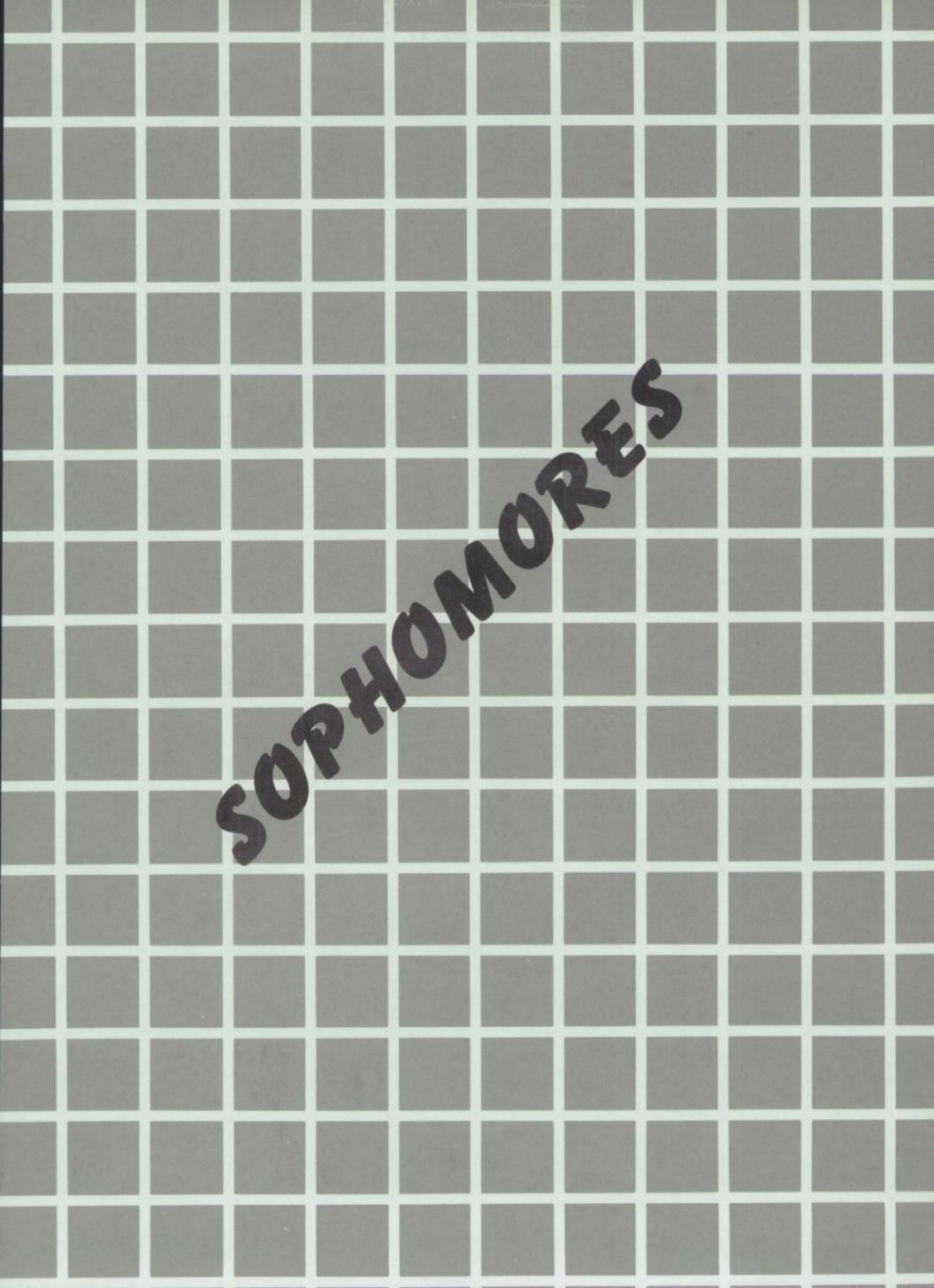


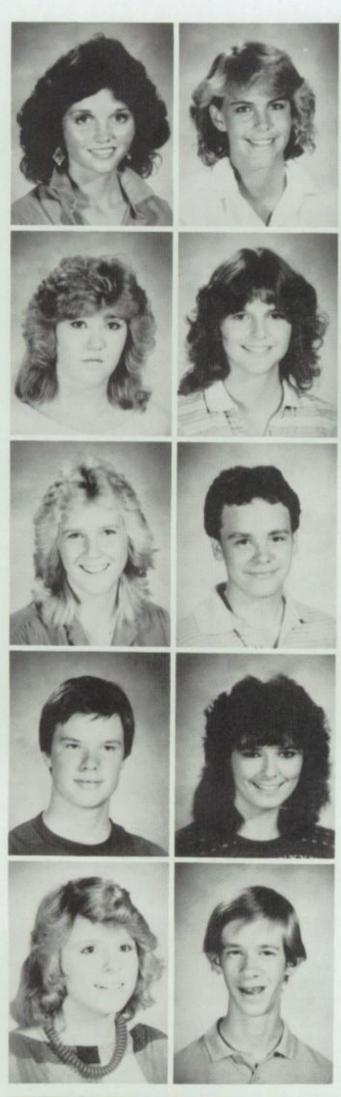
Yzaguirre, Kay

1. Deede Miller. 2. Hard at work. 3. Monica Nowdesha.

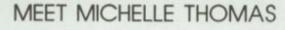


ST.









As a sophomore at Central Valley High School, she is a very involved student. She does well academically and in outside activities too. She holds a position on the Junior Varsity Spirit Squad, she is the 1984 Sophomore Princess for Football Homecoming, and she is also the secretary of the Ski Club.

When asked how she felt about **Central Valley High School,** she replied, "The people here are as one; not everyone for themselves."

After graduation in 1987, she would like to attend **University of California at Davis.** 

> -Diane Riley -Diann Draeger







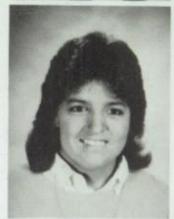














Allen, Stacie Anderson, Dawn Anderson, Debi Ballard, Wayne Banville, Michelle

Barnes, Julie Barr, Kim Barr, Mike Bass, Eva Baxter, David

Beers, Alyssa Bell, Patty Benner, Donna Best, Nikki Bewley, Suzie

Blihar, David Blue, Ronnie Bomkamp, Steve Bonin, Ray Borg, Eric





Bostian, Anita Bova, Wayne Bower, Terry Bowser, Dan Brandt, Cathi

Brandt, Linda Branscum, Eva Bray, Charles Bray, Robert Breshears, Doug

Briggs, Susan Brooke, Kim Brooks, Roger Brooks, Traci Brown, Pete

Brown, Shannon Brown, Tracie Buller, Todd Bullock, Katie Burney, Marci

Butcher, Jeff Butcher, Keith Cain, Shondra Caldwell, Sandi Cardoza, Chris

Carlow, Tina Carlson, Dave Carlson, Kim Carroll, Scott Carsen, Jack



Carver, Mark
Cassidy, Jason
Castleman, Todd
Caswell, Kelli
Caulkins, Jason

Cerepa, Yvonne Chambers, Amy Chandler, Aimee Chavez, Jessica Chesser, Mike

Chilton, Sherry Christian, Kerrie Clark, Sophia Clarke, Don Clary, Wendy

Clink, Eric Cobb, Wayne Conley, Colleen Coombs, Kathy Corbin, Louise

Corder, Frank Correl, Rickey Couts, Jason Cowen, LeRoy Cox, Bobby

Cummings,
Lucinda
Cummings,
Michelle
Cunningham,
David
Custer, William
Dacy, Kent





aily, Mike anielson, Tina avis, Lisa epuy, Sandy

Dominguez, Mona Dufer, Michelle Donarski, Sharon Dozier, Kim Drake, Sandra

Dickson, Shawnee Draper, Machelle Engles, Joe Dunning, Ray Eiffert, Tina Ellis, Mike

Evan, Pam Erickson, Tom Farr, Cathy Firm, Becky

Firm, Howard Flynn, Loren Franklin, Jon Frazier, Robert Freeman, Scott

Frisbie, Cassandra Fritz, Lisa Frost, Daniel Gallagher, Tony Galleto, Lee





Gerlach, Vivian Gibson, Terry Gizinos, Lawana Godman, Sharon Gonzales, Phillip

Goodwin, Denette Goodwin, Stacie Gordon, Paul Grannis, Glen Gravatt, Jerry

Gregory, Eric Grinnell, Carol Grove, Mark Gullett, Sheena Hale, Nathan

Halliday, Cindy Haneline, Jim Hanford, Kari Hardy, Leann Hargrove, Angela

Harkema, John Hatfield, Jennifer Hayes, Travis Hearn, Bob Helms, Kim

Herrin, Mark Hester, Jennifer Hill, Gar Hinshaw, Diana Hitchcock, Eric





odges, Lonny ofmaister, Mark olman, Dani oltz, Michelle oover, Stan

Hopson, Becky Hull, Kristie Jennings, Rob Jocona, Mark Johnson, Kathy

Johnson, Laura Johnson, Lisa Jones, Tom Jorrick, Jimmy Kaylor, Troy

Keeton, Becky Keith, Brian Kepner, Shayla Kiarsis, Chris Kightlinger, Joni





Kightlinger, Kirk Kirby, Sheila Klippenstein, Randy Knox, Mike Kreger, Scott

Krenbiel, Wendy Lancaster, Bill Krofcheck, Julie Kuykendall, Monique Laam, Becky Lain, Bob

Langston, John Larson, Kristen Lasater, Jon Lawrimore, Scott

Leech, Wendy Lewis, Leslie Lewis, Mike Lootens, Jim Lowery, Beth

Luna, Julie Lunsford, Dale Magee, Nickie Maloney, Corri Mamich, Lory

Mankin, Brad Marchlevski, Paul Martinez, Kelly Mason, John Mauldin, Fran





AcDaniels, Leslie Miller, Sabrina AcGarity, Jennifer Moen, Nicki Mecham, Mike Miesner, Todd Ailler, Chris

Moncrief, Ken Moncrief, Vic Moore, Gaylord

Mossbarger, Tracy Moxness, Troy Mushik, Theresa Neel, Mike New, Daren

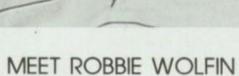
Norris, Holly Norris, Robert Nunes, Lori Ogle, David Olson, Cheril

Oribello, Wendy Otis, Mark Palmer, Arther Palmer, Vernita Parsons, Matt

Patterson, Aaron Perry, Debora Perryman, Debbie Peterson, Jenny Petrie, Janine

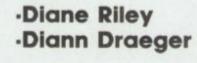




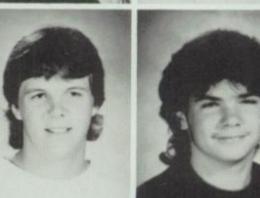


He's an enthusiastic sophomore, who is involved in Football, Wrestling, and Baseball. He served as a senator on Student Council. He thinks our school has a lot of spirit and is proud to go here. He also believes the sophomore class has plenty of enthusiasm.

When asked about rallies he said, "Rallies are fun; everyone gets into them." He thinks the Competition Yell makes the classes go against each other, but the Unity Yell brings them together.



















Phillips, Narcia Poe, Kerry Poole, Tammy Pope, Marli Portz, Kerri

Potts, Sandra Poulson, Karrie Pridmore, Jennifer Pruitt, Tammy Quigley, Cynthia

Racki, Kevin Randall, Dave Reon, Cathy Rideout, Renee Rinehart, Michael

Robertson, Melanie Robinson, Mike Rogers, Adrian Rouse, Monica Ruiz, Jennifer





antos, Kyle app, Kim ass, Stacy aul, Mike

anders, Rhoni Schmit, Arian Schmit, Carrie Scjoth, Kody Searson, Serina Simmons, Scott

Simpson, Doug Smith, Bea Smith, Cindy Smith, Josh Smith, Phil

Southard, Sonya Spaeth, Sean Starkey, Cynthia Stellmacher, Tara Stellmacher, Tiffany

Stierli, Stacey Stoffel, Christy Strong, Joe Sullivan, Lisa Summit, Art

Talavera, Rachel Tallerico, Tim Tanksley, Dana Tanner, Troy Tavey, Corkey





Tavolazz<sup>1</sup>, Steve Taylor, Jeff Taylor, Lori Teel, Scot Thomas, Michelle

Thorton, Trudi Tomblinson, Melissa Trogden, Tammie Truong, Nhung Truong, Quoc

Tucker, Lisa Tyler, John Uzzardo, Tim Valdez, Stanley Varelas, Athena

Van Pelt, Kathy Vines, John Wagner, June Walker, Brandi Wann, Keith

Weigart, Becky Weldin, Allen Welton, Anna Welton, Lila West, Jenny

Wiker, Joy Wilburn, Cory Wilcox, Brett Williams, Kevin Williams, Kim



















#### MEET CATHY REON

She enjoys going to Central Valley High School, and she likes to cheer for it, because it has so much spirit. She is involved in the school's activities like Football Spirit Squad, softball, student council, yearbook, and, for her first year, sking. "Friends and family are very important to me," she said, "and I look forward to the time I get to spend with them."

-Diane Riley -Diann Draeger

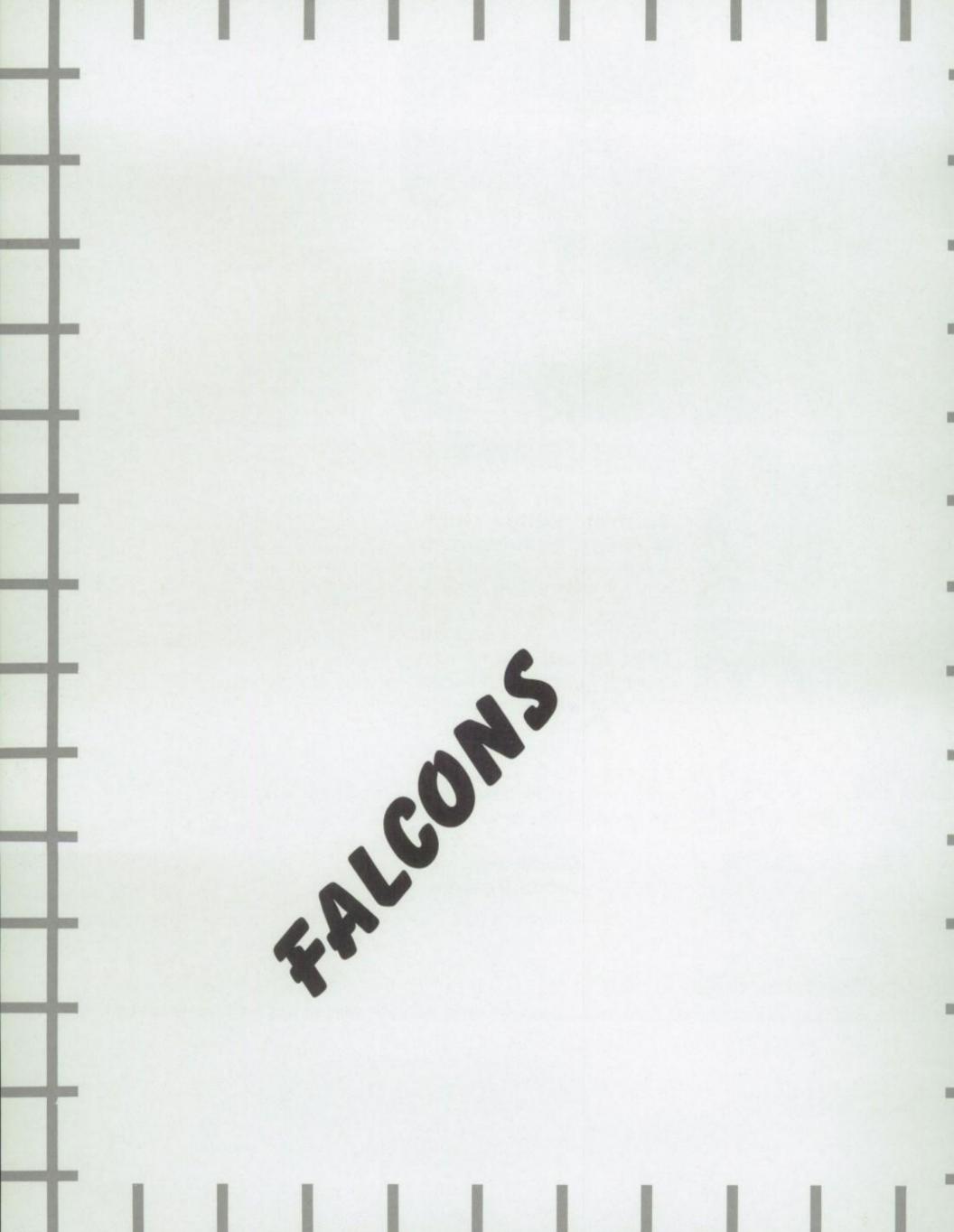
#### Sophomores Not Pictured

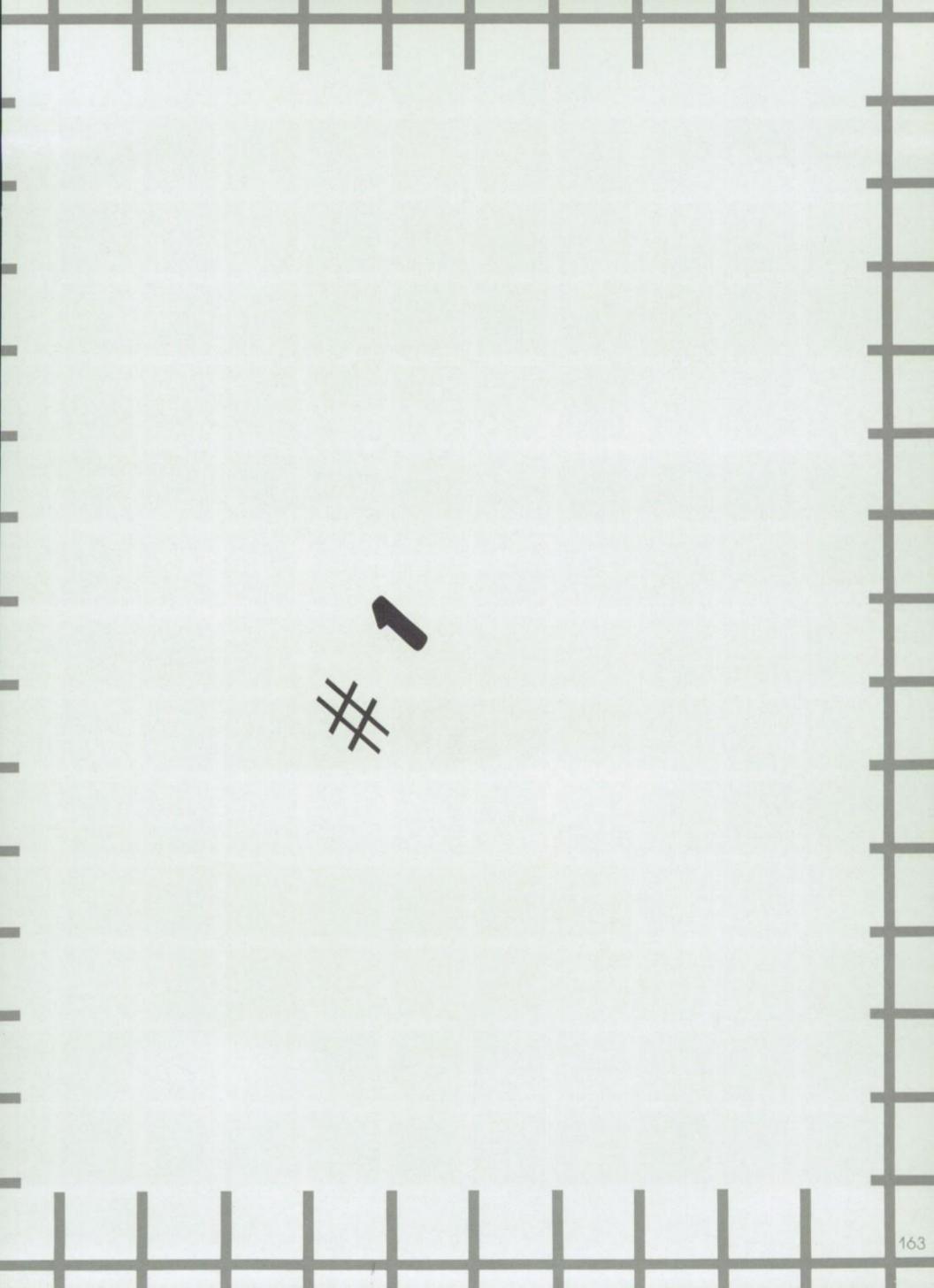
Atkinson, Wiley Barille, Gina Burcham, William Cross, Paula Dobyns, Jolene Farrell, Danny Foley, Jason Gervasi, Shari Graham, Sherrie Halliburton, Richard Herrera, Cyrus Ide, Julie Jacobs, Susan Lemons, Deanna McCoskey, Max Meyer, Michelle Middendorp, Gregory Olmstead, Fairy Olson, Shannon Patton, Edward Perry, Cammie Querl, Douglas Rice, Lisa Ring, Brian Safranek, Stacey Smith, Joshua Thomsen, Michelle Waldrop, Lisa Wilson, Gerald

Williams, Terri Wilson, Angela Wolfin, Robbie Wolsky, Jamie Word, Tonia

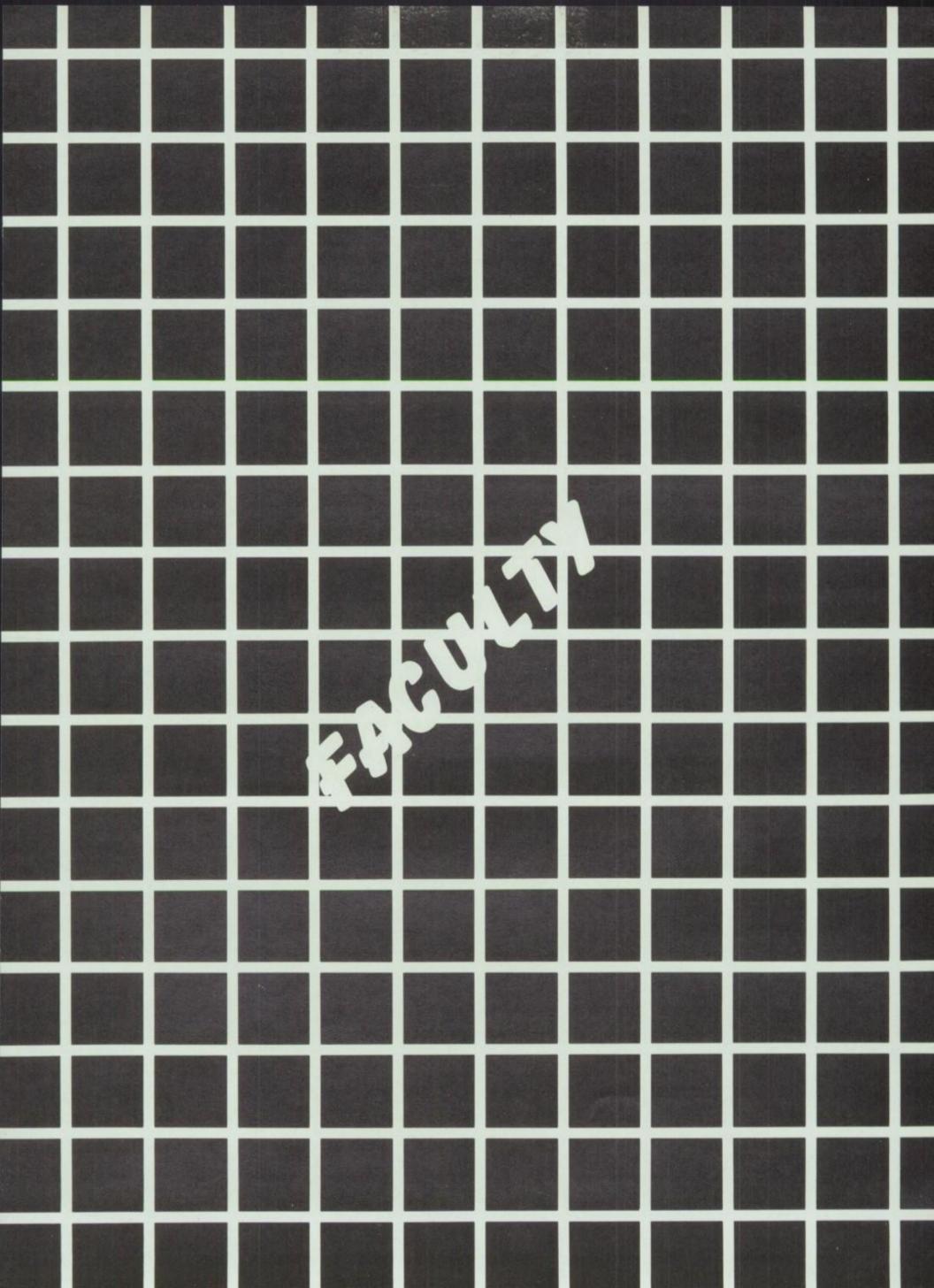
Wright, Billie Zanni, Tracy Zeimet, Linda Zeller, Steve Ziegler, Jamie







					<b>4</b> 5 5 5	10 E E			
	-	Management of	-	SERVICE STATE OF THE PARTY OF T			Property Comments	-	-



### **CHANGES MADE**

Although Dr. Joseph Appel has been the superintendent of the Shasta Union High School District for only four and a half years, he has made many changes and improvements in the schools. He has helped to raise the gradu-

ation requirements. He has worked on establishing more advanced placement classes, and he instigated the mentor program in the science, math, and English departments on a district wide level.

Dr. Appel frequently visits

the high schools so he can better see how his efforts are effecting the students, and what more he can do to raise the standard of education.

-MICHELLE MCCUNE





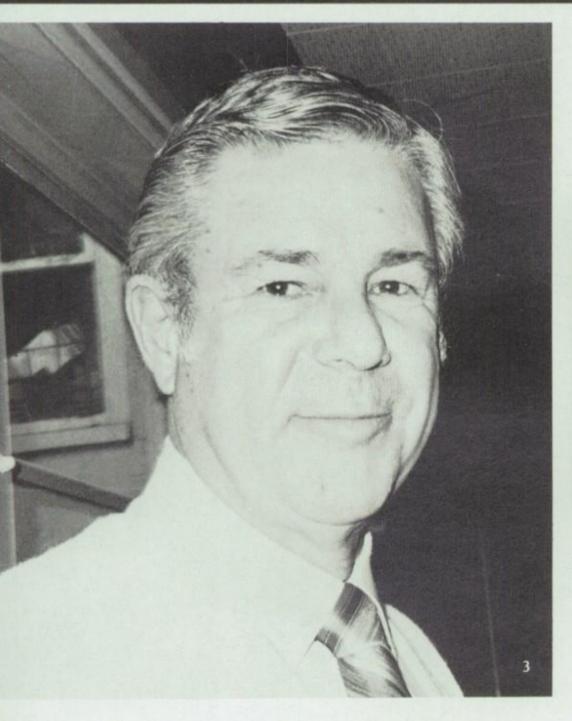
### MR. McMULLEN

Mr. McMullen has been a teacher and coach for seventeen years. He worked at Enterprise as assistant to the Vice Principal for three years, and has worked at Central Valley for eight years. He hopes to help get his children through college, work for the high school dis-

trict, and finish his doctorate. He likes to golf, play the guitar, work on kids' cars, and to stay active and fit.

We talked with Mr. McMullen and asked him how he felt about Mr. Riley's leaving CVHS. "He's done his work and I feel he de-

serves to rest for awhile. I envy him for getting to play golf all the time," he replied. "He's so active I don't think he'll ever be bored." Mr. Riley is a great administrator, and he is not afraid of making decisions. That's important to his job."





 Dr. Appel. 2. Shasta Union High School District trustees. 3. Mr. Riley. 4. Mr. McMullen.

## MEET MS. COLLIER

Ms. Collier has been an English teacher here at Central Valley for nine happy years of her life. She likes teaching here, because it's the "best school" in the district.

She has been involved in

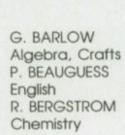
school functions. She was the Yearbook Advisor, head of production of C.V's only musical, and plays the piano for the Christmas program.

Her major hobbie is photography. It is very impor-

tant to her. She is very good at what she does and has won many trophies. Ms. Collier has had many one-person shows for her excellent photographs.

She has traveled the world and has been to Pe

D. ASHCRAFT
Dept. Chair Math
S. ASHCRAFT
Dept. Chair Business
K. BAILEY
Student Activities
W. Civ, English



P. BROUSSEAU W. Civ., U.S. History R. COLLIER English R. CROOKER Math, Drafting









ru, Europe, North Africa, the Middle East India, Japan and takes a major trip every other year. The dream of her life s to get her photography work, published.

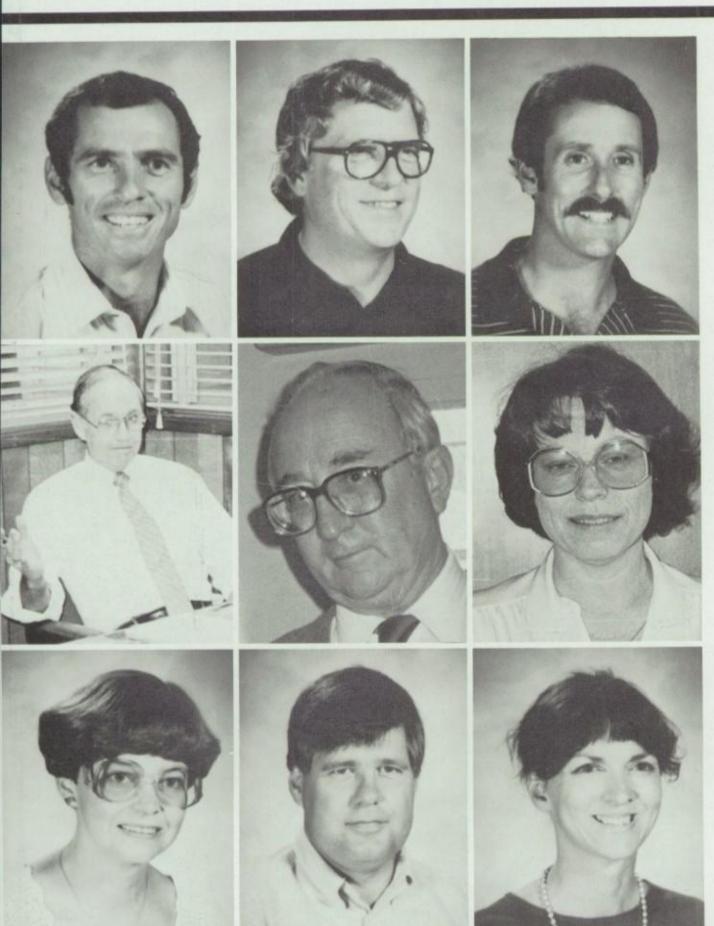
Ms. Collier "had an em-

barrasing moment one year while teaching at C.V. She was passing papers to her sophomore class while Mr. Riley was down a row, her foot got caught up in a girls purse strap, and before she knew it, she was on the

ground with the whole class and Mr. Riley laughing.

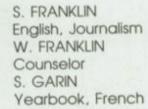
Her philosophy is to approach life with a sense of humor.

**·Gary Hill** 



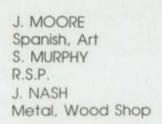
D. DONIAK
Comp. Science, Math, Algebra
D. DUNLAP
Govt. Civics
R. EATON
World Civ.

R. FEAKES
Counselor
W. FEHLIMAN Qiology
S. FORD
Special Day Class



P. HERNDON US History R.HOWARD Typing, W. Civ. C. KOENIG English

C. KUGELBURG Librarian P. LAHMON Typing, Comp. Lit., ROP J. MCHARGUE English, U.S. History





# FEHLIMAN ON THE GO

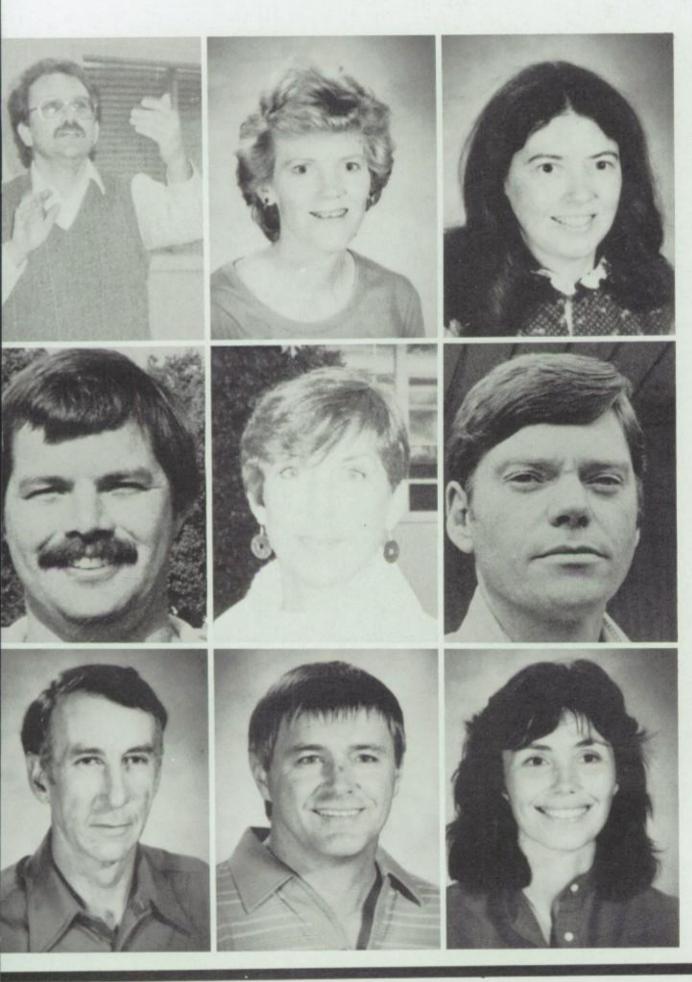
Mr. Fehliman has been working for twenty-three years at Central Valley High School. He teaches biology. He said that he loves to teach at Central Valley and would not want to be anyplace else. "Look at

**Shasta Bally** on a clear day, and you'll know what I mean."

He has been involved in many school activities such as the Hikers' Club, CSF, freshman football coach, J.V. track coach, and many others.

His hobbies are water skiing, woodworking, hiking,
snow skiing, reading good
books, traveling, and being
with his family. His goal in life
is to give his children everything he never had as a





D. NIGRO Jazz Band, Choir J. ORMOND English D. RAY Dept. Chair, English

C. RHYNE Biology, P.E. T. SAUER R.S.P. B. SCHROEDER Auto Shop

J. SELLERS Counselor D. SKELLY Biology A. SILVEIRA Math, Chefs Foods

child, to see them through college, and to have he and his wife grow old gracefully together with his old friends. "Central Valley has been good to me. I met my wife here."

·Laura Johnson

## MEET MR. YATES

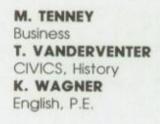
We have a new teacher at **Central Valley**. His name is **Michael Yates**. This is his first year here teaching geometry and algebra.

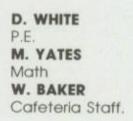
He enjoys watching sports and as a pilot he likes to fly. On vacation he likes to go to the mountains, fish, or mountain climb.

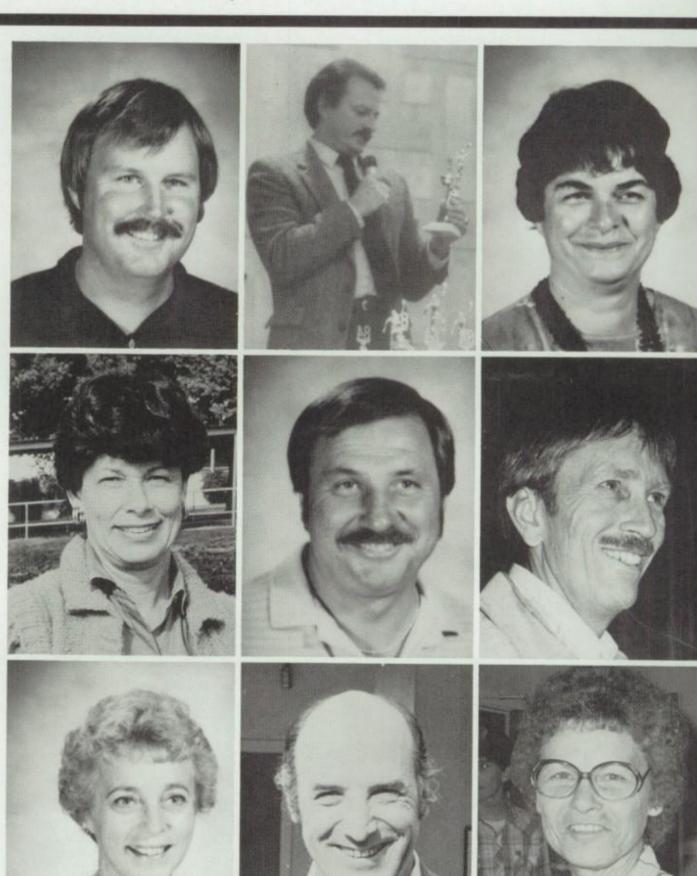
"I enjoy working at Central Valley. It's excellent, and we have the best teachers and a great staff." He got in to teaching because everyone in his family was a teacher.

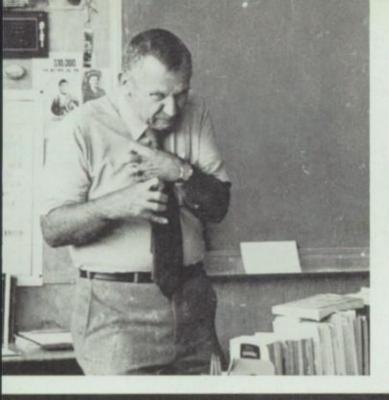
His goals are to see that his four sons get a good education, and eventually he would like to go to graduate school part time.

W. SPRINGHORN
Dept. chair-Phy. Ed.
J. STROHMAYER
Math
R. TALLERICO
Dept. Chair For. Lang.











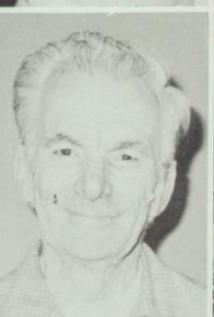
1. Dinosaur Photographer, chariot mechanic, underwater ping-pong coach alias **John McHargue**. 2. **Mr. Yates** bites the bullet.



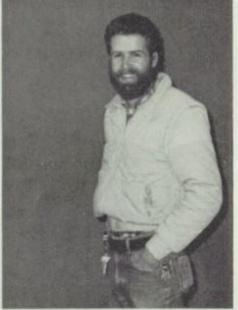


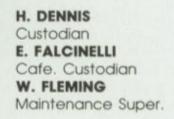


R. BUTCHER
Cafeteria Super.
P. CHASE
R.S.P. Aide, Coach Var.
Volleyball
N. COULTER
Receptionist, Clerk









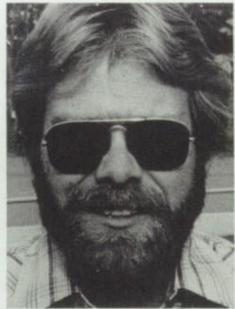






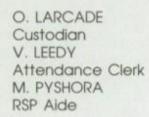
D. FUNDERBURG
Asst. Main. Super.
M. HALL
Counseling Secretary
E. HARRIS
Paraprofessional Indep.
Studies

D. HARTMAN
Gardener
L. KAMPMAN
Career Technician
ROP Liason
M. LANG
Administrative
Secretary





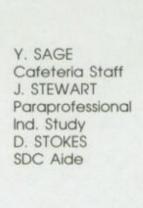


















#### TERRY WHO???

Mrs. Terry Sauer has worked at Central Valley for six years. Before coming to Central Valley she worked at Enterprise for twelve years and prefers it here. "I like the atmosphere and the friendliness. People are helpful, and the faculty has really helped me a lot."

Terry Sauer has been the

Cheerleading Adviser, tried readers' theater, and put on a workshop class for teachers.

Her hobbies are long distance running at a slow pace, reading, eating at restaurants, and watching movies. On vacations or time from work, she enjoys going down South and go-

Cheerleading Adviser, tried ing to beaches or shopping.

She helps students who have had troubles in the past. Her goals are to help them succeed in regular classes, and she hopes to get better at her job.

Gary Hill Laura Johnson



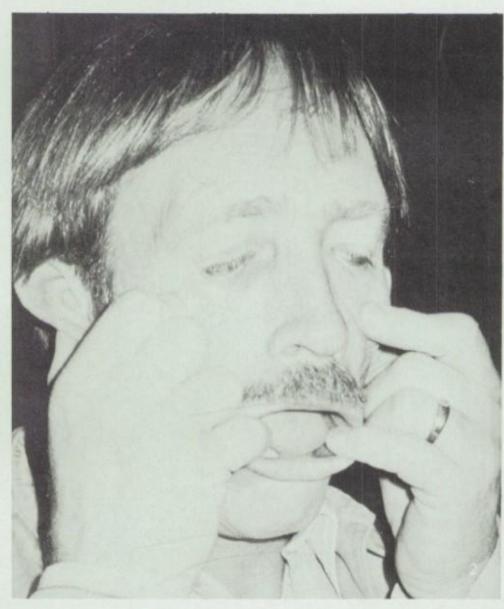






WILEY, J.
Maintenance
THEDFORD, B.
Library Clerk
WRIGHT, N.
Health Clerk



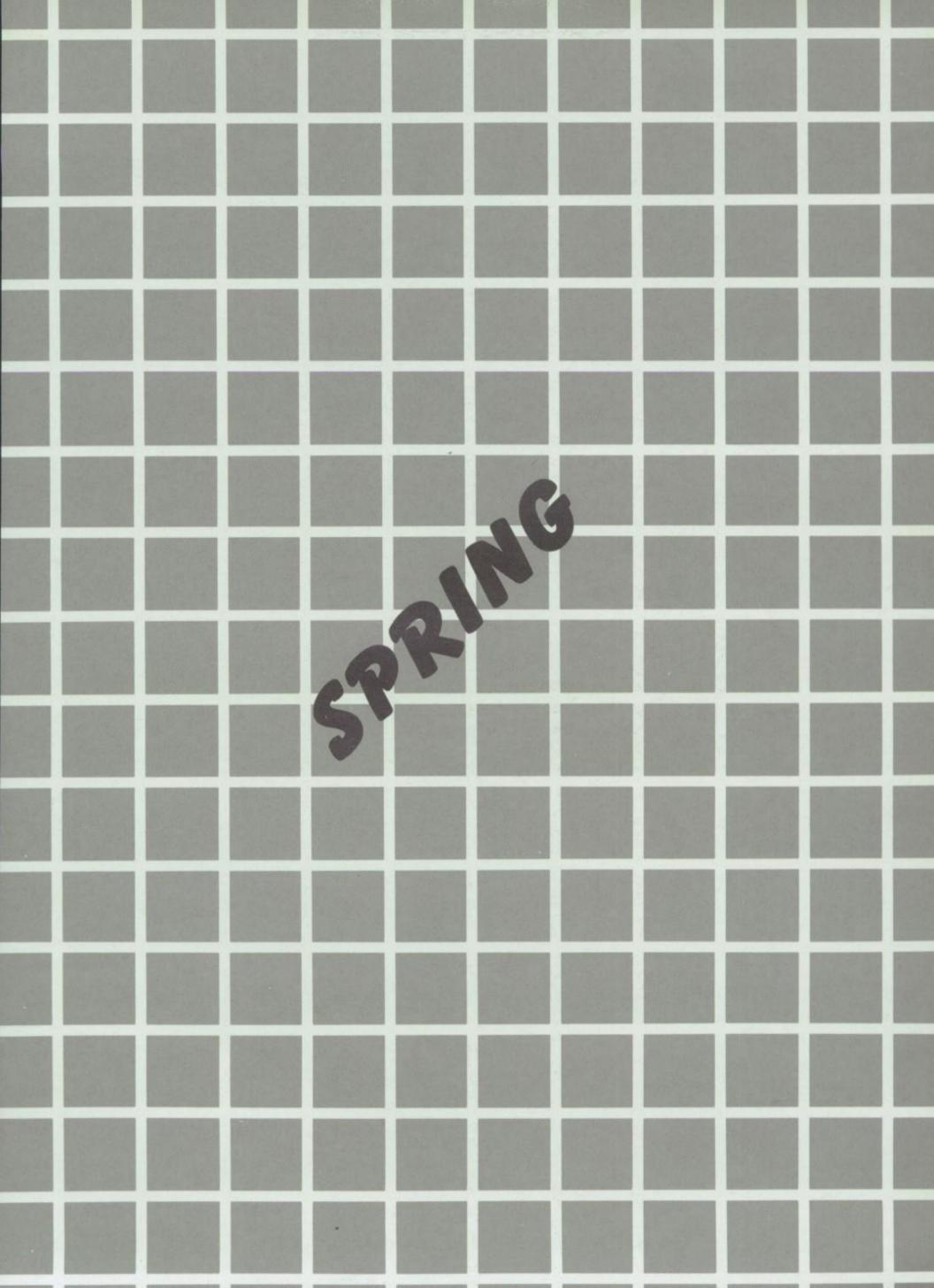


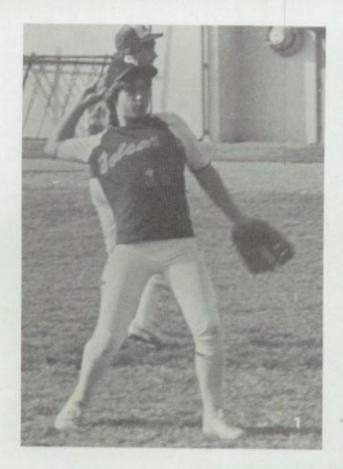


"Will we meet this deadline?" replied
 Ms. Garin. 2. Mr. Wagner at his best. 3.
 Mr. Doniak as a student.

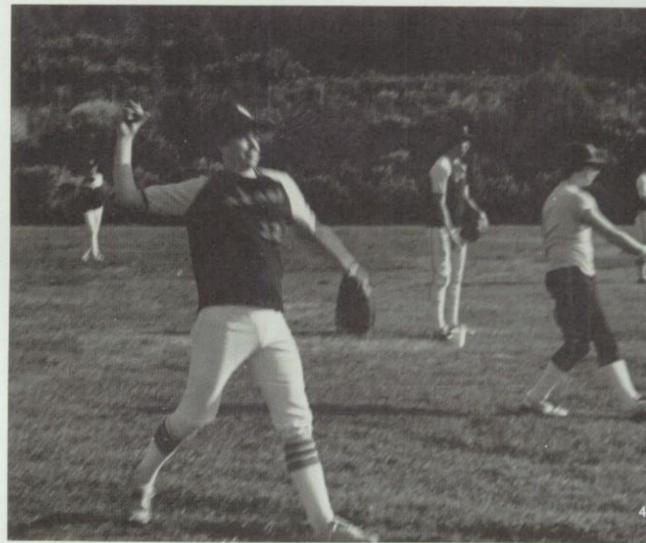


	0,000				









# **TEAM WORK PAYS**

Baseball team of 1984-1985 has the skill to make this year's team outstanding. Practice everyday makes team work hard, and they

The Junior Varsity Boys' support each other. They trai Valley Baseball team have the ability to learn what they need to know to be good during games.

Next year, if a majority of the players return, the Cen-

will be a tough contender.

-Cissy Barry





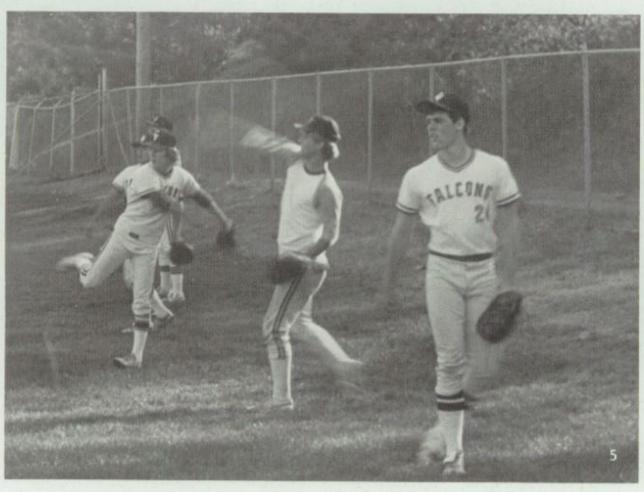


1. Ricky Corral warms up. 2. Ricki McKennan off in left field. 3. Front row: Kevin Wilson, Rob Patarrie, Ricki McKinnon, Ricky Corral, Mark Grove, Robbie Wolfin, Bob Hearn. Back row: Coach Vargas, Mark Jacona,

Mike Daily, Corky Tavey, Ron Jennings, Tony Gallagher, Steve Tovalazzi, Jeff Saylor. 4. No. 32 throws one. 5. Corkey Tavey, Ricki McKennan and Patarrie enthusiastically warm up for a game.









# QUICKNESS AND SPEED

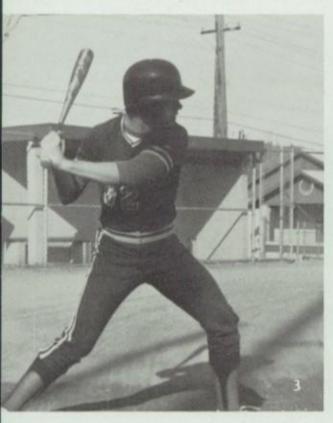
"Baseball is a game of scoring runs, and if we score more runs than the other team then we win. Sounds easy doesn't it?". This is how Mr. Tom VandeVenter feels about baseball. Although scoring runs isn't everything,

you have to have the qualified players to make those runs.

Qualities of a good player are a strong arm, quickness, speed quick bat, hustle, enthusiasm, and willingness to work and get better: Most of all, desire to play the game. All of these qualities describe **Central Valley High** baseball team.

-Cissie Berry









1. Catcher Bill Martinez, batter Chris Adams. 2. Greg Collier in action. 3. Pierre Peasha hits a homer. 4. Dennis Frost comes in safe while Dan Rackly awaits a throw with Brian Collier as back up. 5. Mike Berry, Rick Zanola, Brian Collier warming up. Randy Wolfin gets the ball. 7. Front row: Billy Martinez, Brian Collier, Tony Groves, Greg Collier, Danny Rackly, Randy Wolfin, Pierre Peasha. 2nd row: Coach Miller, Mike Berry, Rick Zanola, Stace Rader, Chris Adams, Russ Keaton, Matt Wihlemson, Dennis Frost, Don Frisbie, Coach VandeVenter.

# A YOUNG TEAM FOR J.V.

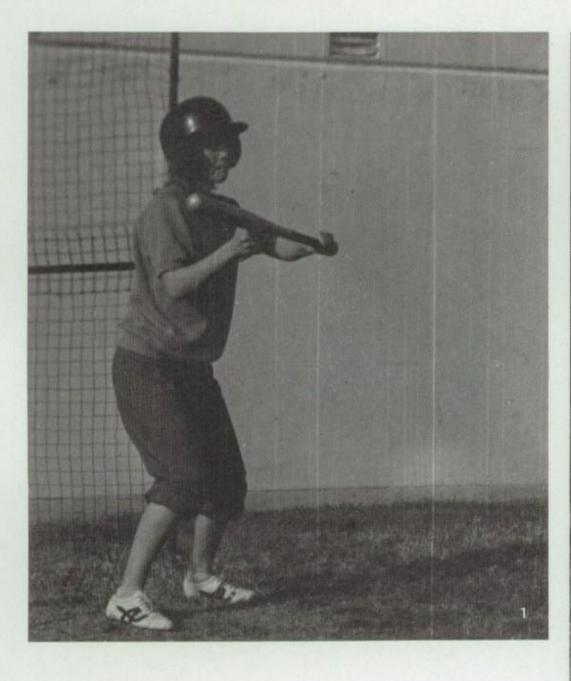
The new J.V. coach Sally Ephland expects a competitive season. When asked how she liked coaching she said, "I Love it! It's my first year and I'm really enjoying it."

During practices they work out by hitting off the

pitching machine, infield practice and a lot of running. With this being one of the youngest J.V. teams (only three Sophomores on meet many new people the team), Sally is expecting them to have a lot of fun. "This is a freshman

team but a strong team. It's a lot of fun being one of the three sophomores because you have a chance to who will be at C.V. next year," said Cathy Reon.

·Michelle Mills





1. Tipping the ball 2. Yvonne Williams looks proud. 3. Top row I-r: S. Pacheco, S. Rich, S. Kernon, S. Trimper, T. Racki, S. Curl, K. Miceli, Bot row I-r: L. McDaniels, A. Ast, Y. Williams, K. Harvey, A. Trotter, S. Stephenson, T. Carlow.



# VARSITY HAS THE MISSING LINK

Coach Stephanie Isaac describes the Central Valley Softball team as "a real fun group to work with, real special, they have a good sense of humor, yet they are very determined."

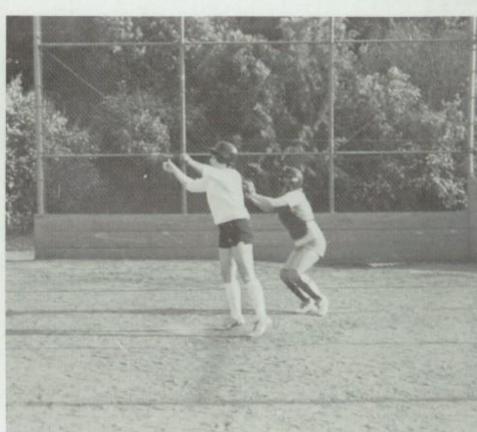
Isaac, the group of girls on the team have the missing link that was missing last year, and that missing link was unity. "I think this years team has the talent to go

far and I am looking forward to a great season" says **Elizabeth Humphrey.** If all goes as expected this team should be a strong contender in the league.

·Michelle Mills









1. Top row, I to r.: E. Branscum, C. Freisen, T. Elvered, A. Farr, M. Crossley, P. Weatherby, J. Krofcheck, Coach Isaac. Bottom row: E. Humphrey, K. Collins, C. Malonie, M. Scott, T. Richardt, D.

Tankslay, M. Evans. 2. Mindy Scott with ball. 3. Hitting the ball. 4. Running home. 5. Michelle Crosley catching. 6. Tina Elvered chases the ball.







MEET THERESA RICKARD

Theresa Rickard has been playing softball since she was little. She enjoys it because she is able to compete with other athletes, work with classmates, and likes the excitement of the game. Theresa feels that the team will have a winning season due to the cooperation and team effort.

If all goes well **Theresa** plans on continuing with volleyball, basketball and softball next year and plans to keep playing them for a long time to come. When asked why she liked sports she replied, "I like sports because it is an outlet for students and helps to relieve some of the pressure."

**-Michelle Mills** 



# TEEING OFF

This years golf team has surprising new players. Mr. Howard, who is the coach, said that this year they hope to have an exciting season and new hopes for the team.

There were eleven peo-

ple on the 1985 golf team, they hoped to have a golf a thon to raise money for team uniforms.

The most valuable player was **Steven Raider.** Steve was a senior and has been on the golf team since he

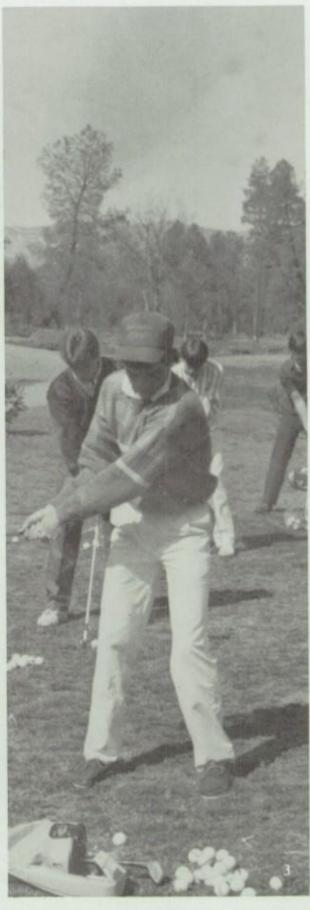
has been attending Central Valley. Steve replied, "I like being on the golf team, its a lot of hard work but it is fun".

·Michelle McCune

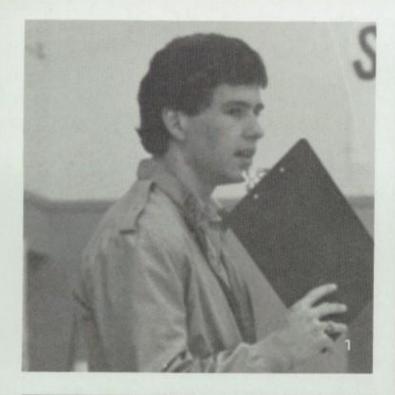




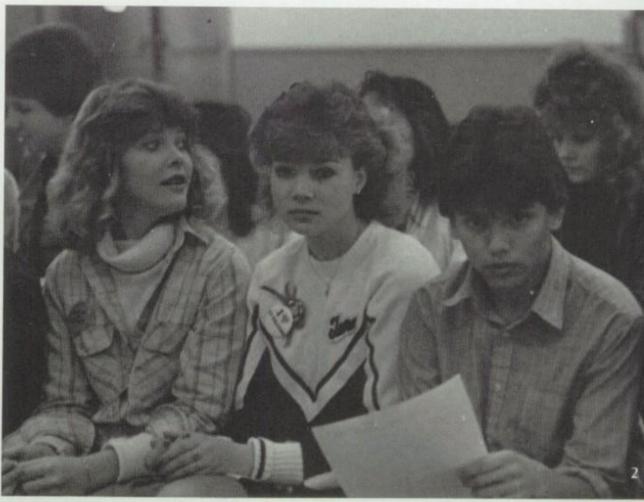




1. Front row: Dale New, Steve Rader, Troy Gamble, Forest Stephenson, Mark Kluis, Mr. Howard. 2nd row: Matt Parson, Kevin Williams, Scott Larwimore, Clyde Tibbett, Gary Nelson. 2. Golfers trying to Tee off. 3. Forest Stephenson in action. 4. Matt Parson trying to hit an invisable golf ball.









## **GETTING THINGS DONE**

The spring student council's main goal is to arrange activities that everyone will enjoy. They have arranged dances and ralleys to promote school spirit. Every officer will get a chance to participate in organizing at least one activity. Many of them do more than one.

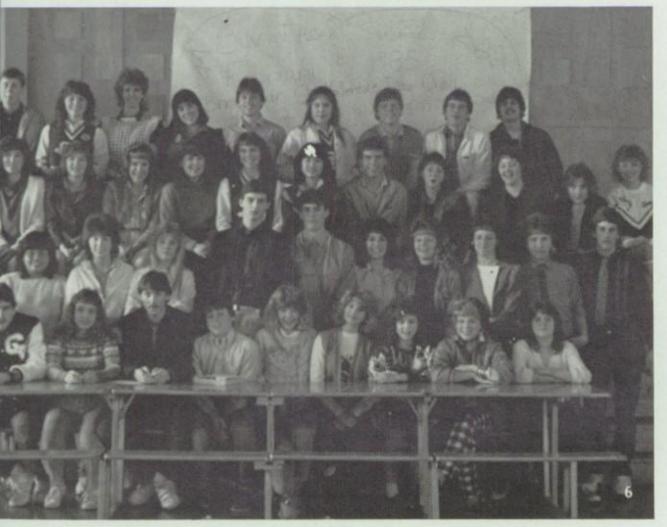
At the meetings they discussed upcoming events, new ideas and the **Central Valley high** constitution. They are also in charge of student government.

This year they started a new group of officers called Representatives, they are elected from each history class to represent them. They attended meetings 5th period and then reported to their classes what was discussed. It is a way of letting the whole student body know what is going on.

**Rhoni Sanders** 







ASB

**JUNIORS** 

Pierre Peasha. President Sandy Rich - Vice President Lisa Stellmacher - Secretary Suzy Walters - Treasurer SENIORS

Stephanie Bredeson - President
Michelle McKinnis - Vice President
Tina Lane - Secretary/Treasurer
Robbie Morgan - Representative
Belinda Craig - Senator
Susan Carroll - Senator
Loretta Bauer - Senator
Darci Young - Senator

Mike Berry - President
Juli Darcangelo - Vice President
Damon Streetman -

Secretary/Tres.

Matt Willhelmson - Representative

Monica Nowdesha - Senator

Rick Taylor - Senator Tammy Weldon - Senator Nancy Weiner - Senator SOPHOMORE

Cathy Reon - President Kevin Williams - Vice President Amy Chambers -

Secretary/Treasurer
Tonia Word - Representative
Mike Neel - Senator
Kim Carlson - Senator
Jason Cassidy - Senator
Renee Rideout - Senator
OTHER OFFICERS

Mary Jane Williams - Activities Director

Amy Farr - Assistant Lisa Fontes - Assistant Teresa Rickard - Spirit Commissioner

**Sheri Hammonds** - Judiciary Commissioner

1. Pierre Peasha in thought. 2. Amy Chambers, Derek Sanderson look enthused. 3. Michelle Simmons and Jill D'arcangelo buddy up. 4. AFMary Jane Williams and Lisa Stellmacher stand around. 5. Monica Nowdesha, Damon Streetman and Teresa **Rickard** smile for the camera. 6. Student Council, Brett Bailey, Tracy Bercham, Amy Farr, Mary Jane Williams, Derek Sanderson, Lorette Larson, Matt Herzog, Robbie Morgan, John Douglas, Laura Hamada, Sandy Rich, Michelle Simmons, Jill D'arcangelo, Monica Nowdesha, Becky Lee, Pierre Pasha, Sherry Hammonds, Suzy Walters, Tonia Wood, Taram Stellmacher, Belinda Craig, Susan Carroll, Darci Young, Matt Whillhelmson, Mike Berry, Lisa Stellmacer, Michelle McKinnis, Tina Lane, Jason Cassidy, Steve Travalazzi, Ricky Taylor, Teresa Rickard, Damon Streetman, Kevin Williams, Amy Chambers, Neon Reon, Renee Rideout, Kim Carlson and Tammy Weldon.









## OFF AND RUNNING

This year the girl's track White. This is so the athletes team has many new mem- have an opportunity to exbers which makes the team a rather large one, but Mrs. tions prior to competition Doniak is sure that they will with other schools. do well. They started training in February, and their ing girls are Gail Brent-

perience "meet" condi-

Two of the most promisfirst meet was Blue vs. Chase and Renee Cunning.

ham. Gail holds the record for the mile; she also runs the 880 and the 2 mile. Renee holds the school record for the 110 low hurdles and the 330 low hurdles.

-Sandi Caldwell





1. Tom Hester, Dennette Goodwin, Brian Trotter, Sandra McCollough, Olof Cardelus=togetherness. 2. Gail Brent-Chase on the run. 3. Almost, but not quite. 4. Front row: Marli Pope, Dennette Goodwin, Tiffany Stellmacher, Michelle Banville, Terri Williams, Sandra McCollough. 2nd row: Tami Dewell, Gigi Ken-

dall, Tonia Ward, Becky Lee, Gail Brent-Chase, Lisa Fontes, Janet Miceli. 3rd row: Tammy Trogden, Jenny Peterson, Renee Cunningham, Bea Smith, Trina Bean, Jennifer Beebe, Cindy Cromwell. 4th row: Laura Johnson, Suzy Slewing, Kim Dozier, Terry Walton, Jessica Vanderpool.

# SMALL BUT QUICK

The J.V. Track Team was smaller this year with only 13 members, but with practice after school every day they the jumps, David Cunningdid exceptionally well.

members were, Wayne Cobb who did hurdels and ham who also jumped and

Three of the best team Jerry Gravatt who did the best in sprinting.

Sandi Caldwell





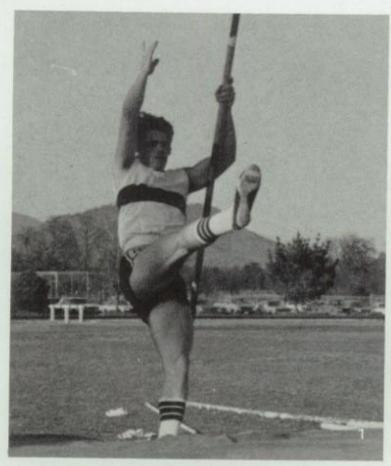
1. Front row: Erik Hitchcock, Lee Galetto, Jerry Gravatt, Loren Flynn, Jim Lootens, Chris Cardoza, Ray Bonin. Back row: Jason Foley, David Cunningham, Wayne Cobb, Todd Buller, Scot Gordon, John Lawson, Adrian Rogers. 2. Randy Penn reaching for a good finish. 3. Mark Johnson and Greg Dunlap. 4. Jerry Gravatt, Scott Eckert, Michelle McCune, resting after a long day's workout. 5. Brian Willyard. 6. Up and over; no, under.

















## **VARSITY LARGER THAN LIFE**

Team was larger than last what they did best: Brian Trotyears with 32 team members. Even though the team was that big Mr. Springhorn was behind them all of the way.

Tirese are just a few of the

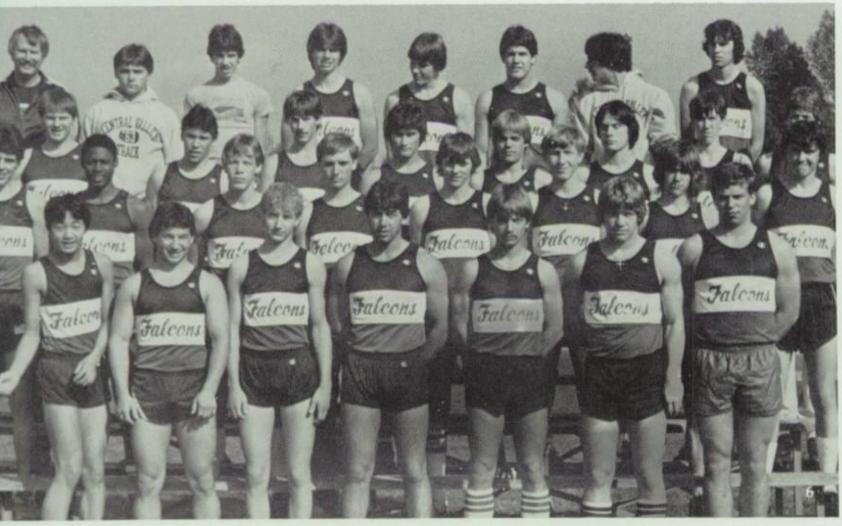
ter and Robbie Berry-440; Eric Brimmer and Mark McHarque-Shot put and Discus; Brian Cobb-high jump and triple jump; Scott Eckert-Sprints;

The Boys Varsity Track great team members and Gary Haneline and Randy Penn-Distance, Brian Leedyhurdels and long jump and Jon Murray-long jump.

·Sandi Caldwell



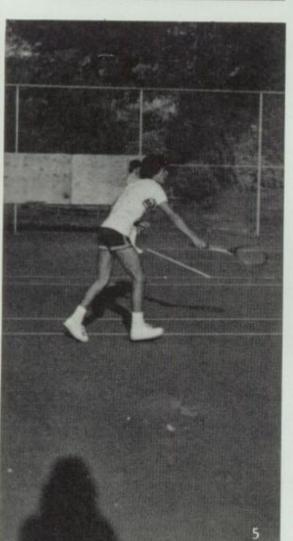


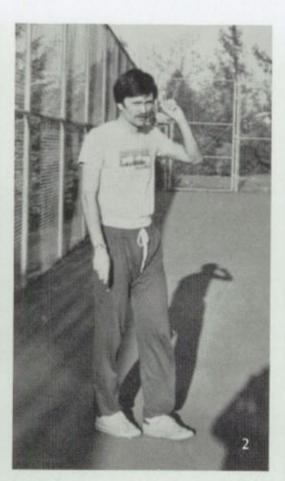


1. David Britt vaults. 2. Brian Trotter, Robbie Berry, Jon Murray, Scott Eckert. 3. David Britt warms up. 4. Damon Streetman eases over. 5. Off and running. 6. 1st row: Ron Jee, Brian Willyard, Kevin Heston, Eric Brimmer, Scott Eckert, David Britt, Mark McHargue; 2nd row: Randy Penn, Bryan Cobb, Jim Ruhe, Jon Murray, Shad Butte, Tracy Fitch, Erik Jorrick, Ron Vater; 3rd row: Brian Leedy, Ryan Hutch.

ings, Damon Streetman, Robbie Berry, Gary Haneline, Greg Dunlap, Mark Johnson, Alan Anjola; 4th row: Coach Springhorn, Jim DeMaagd, Rick Taylor, Lars Peterson, Brian Trotter, Tom Hester, John Douglass, Wayne Skicki.

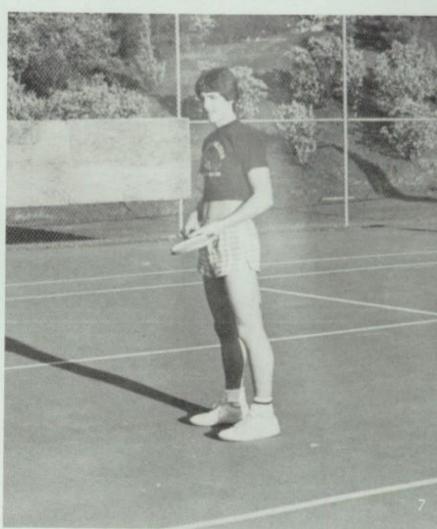












# LOVE AT THE NET

Love at the net describes Valley they needed a tennis this year's boys tennis team. coach and I had a lot of ex-Roy Bergstrom has been perience with tennis, so I got coach for the boys-tennis the job." team for the past five years. When asked how he got into approximately ten matches coaching tennis, he replied,

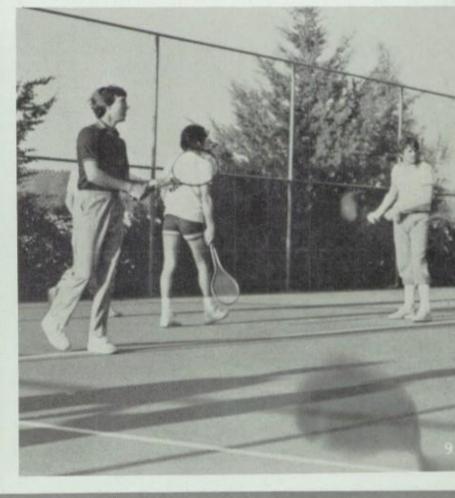
The tennis team will play in and all together they will prac-"When I first came to Central tice 120 hours. They had a Servathon to raise money to buy team shirts. This was the first year for the Servathon. The most valuable players are Kurt Champe, Ricardo Carro (a foreign exchange student) and Steve Johnson.

·Michelle McCune









1. "Tim Ramsey, this isn't golf." 2.

Mr. B. giving his opening speech.
3. so-nso doing his ballet. 4. Mark

Kore, Ernie Shawkoff, Quoc

Troung, Tim Ramsey, Jeff Hutchings, Kurt Champ, Robby Morgan, Matt Herzog, Eric Sider, Mr.

Bergstrom, Dan Bowser, Ricardo

Carro, Gary Rose, Steve Johnson, Doug Simpson, Mike Neel,

Jason Cassidy, Todd Misner. 5. Sophomores on the court. 6. "It's a bird, it's a plane; no, it's a tennis ball" says Quoc. 7. Don't pout Jeff; someone will play with you. 8. Tim, Jeff, Mark, Gary, Kurt and Steve sit still while getting a lecture on tennis. 9. "Some players do know how to play", says Steve to Robbie.

1. Brian Cobb as Rick James for the Air Band contest. 2. Cathy Reon and Monique Kuykendall.
3. Kim Williams as Madonna. 4. Kim Kemper and Jeff Hutchens.
5. Cara Leighton and Michelle McCune during choir. 6. "Please don't," pleads Micky Watson. 7. Guy Young and Rick Taylor during the Air Band contest.













# **ELEGANT JUNIORS**

The junior class did something a little different this year for the prom. Instead of just putting on the prom, they helped the students get new insights on the prom fashions and provided a pre-book with information on restaurants, florists, and pictures.

The prom Fashion Show turned out to be a great

success. Juniors modeled prom dresses and tuxedos with the help of the surprise teacher — model Mr. McHargue.

·Louise Corbin









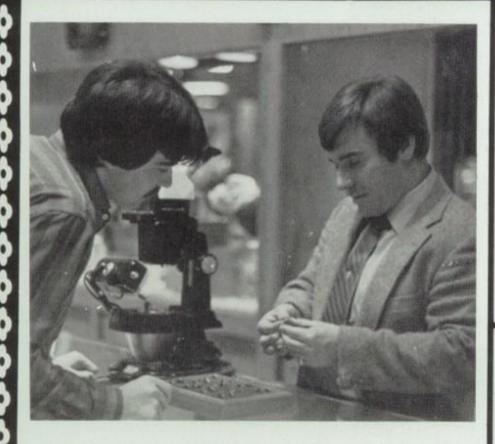


1. Ready to go. 2. A shy moment between Michelle Simmons and Ricky Taylor. 3. Jessica Vanderpool and Matt Wilhelmson. 4. Tah-da! 5. Jennifer Beebe, Janet Miceli, Jill Darcangelo, Michelle Simmons, Theresa Richardt, Lisa Fontes, Kathy Rehberg, Tammy Matias, Tami Dewell, and Jessica Vanderpool. 6. Mr. McHargue, the surprise teacher-model. 7. About to show Central Valley one of the new fashions of the prom.









(916) 241-3967 1599 MARKET ST. DOWNTOWN MALL



# HILLTOP COMMUNICATION & ANSWERING SERVICE

"Your Business Partner for a Sound Future"

(916) 223-0741

2494 BEVERLY DRIVE REDDING, CA 96002

JANELLE STURDIVAN

JIMBO'S

BURGERS, FRIES, HOT DOGS

REDDING'S PLUSHEST BURGER PALACE

DOWNTOWN MALL

241-2833

JAMES E. ALBERTSON FRANCIS M. ALBERTSON OWNERS



McCaleb's Western auto store

4222 SHASTA DAM BLVD. CENTRAL VALLEY, CA 96019 TEL. (916) 275-3427

REDDING TOOL & EQUIPMENT



GEORGE DRAEGER 916 - 241-7968 3245 Winding Way Redding, CA 96003 CONGRATULATIONS
CLASS OF '85

(916) 243-0372



1522 Market Street Downtown Redding Mall Redding, CA 96001 From The
Canyon Coffee Shop
"Lakehead"
Congratulations
To The
Class Of '85!!

Orthodontist
3110 Churn Creek

3110 Churn Creek Redding, California 222-0440

### **Wooden Mallet**

275-3766
P.O. Box 1153
4336 Shasta Dam Blvd.
Central Valley
Sculpturing by Jim Freeman

# Mim's Auto Parts And Machine Shop

4512 Shasta Dam Blvd. C.V. 275-3086



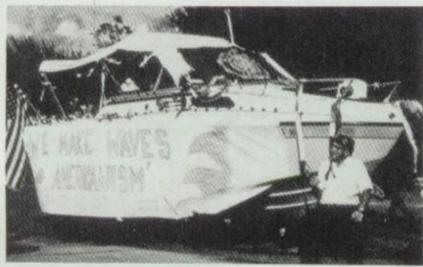
MUNCH

LUNCH

AT T.J.'s

275-1134





AMERICAN LEGION POST 720



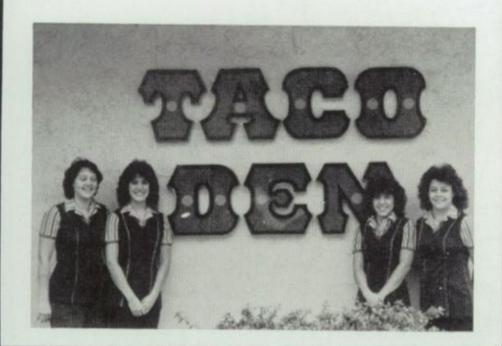
CONGRATULATIONS and best wishes to the Class of 1985



From the American Legion Post 720

275-8211

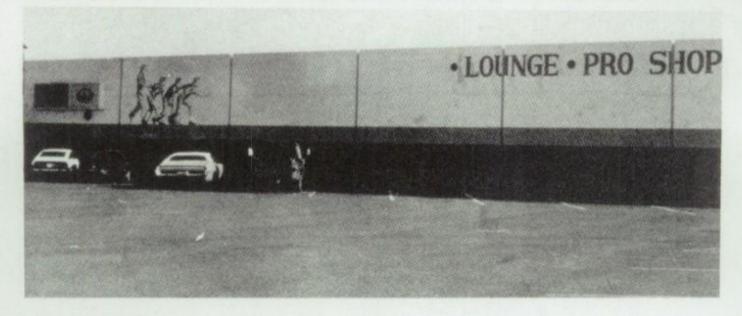
Box 365 Central Valley "Congratulations to the class of 1985"



#### **We Thank Our Patrons**

Dr. Bertoldi Ritz Beaty Salon Dr. Spencer Dr. Ellis Dr. Dunbar Dr. Collins

### "Timber Lanes Family Bowling and Recreation Center"



- \* 24 AUTOMATIC MACHINES
- \* SNACKBAR
- \* LOUNGE
- \* PRO SHOP
- \* NURSERY

40 Lake Blvd. 246-2300





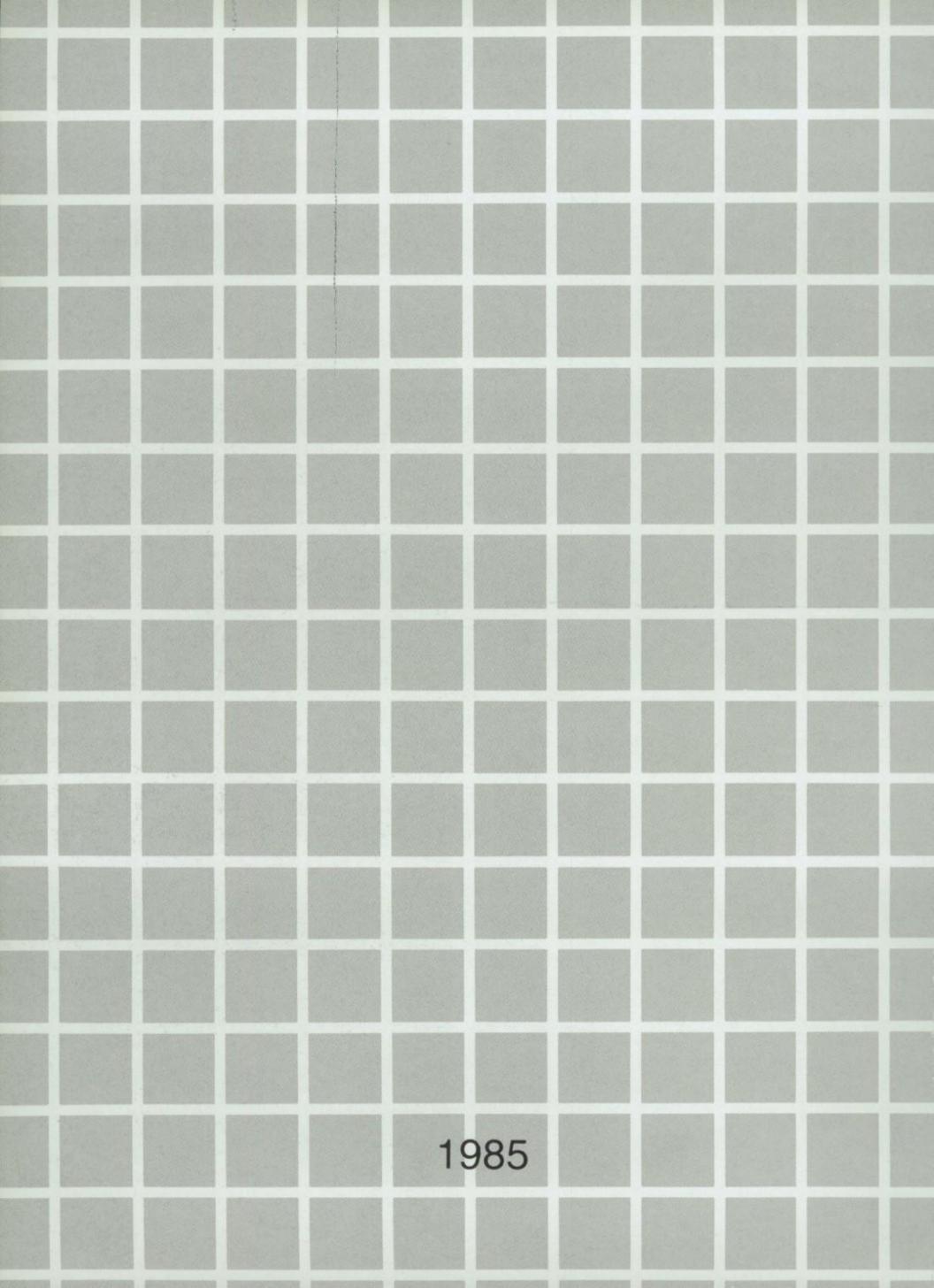
1. Mr. Cool gives us his best look. 2. Arnie really gets radical. 3. A typical drunk learning how to walk. 4. CV Falcons show their enthusiasm. 5. Freedom Jam entertains the students of CV. 6. Cindy Cox apparently likes being sung to.













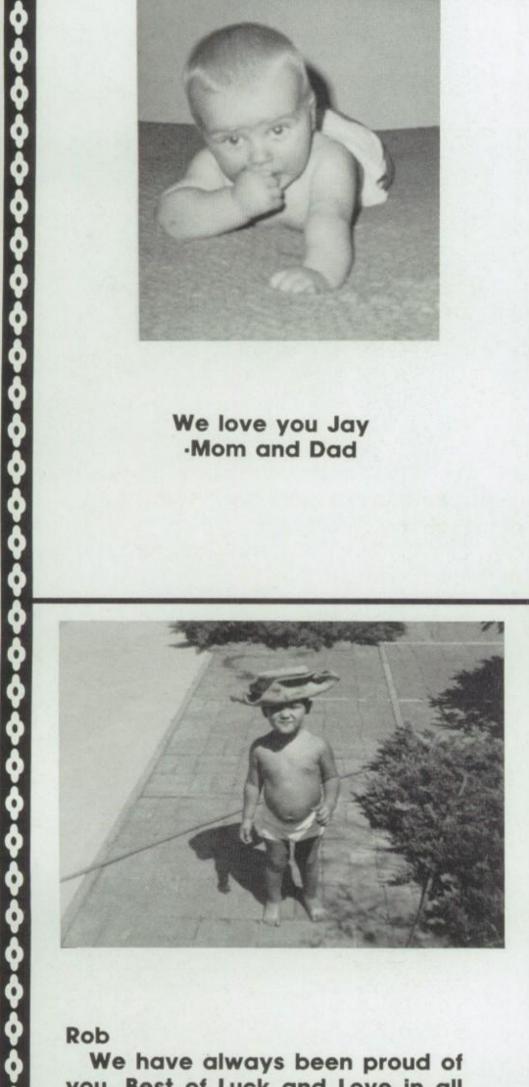




We love you Jay ·Mom and Dad



We love you Sheryl **Dad and Mom** 



Rob

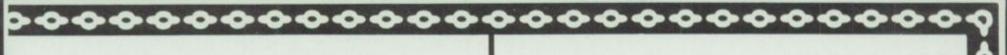
We have always been proud of you. Best of Luck and Love in all you do.

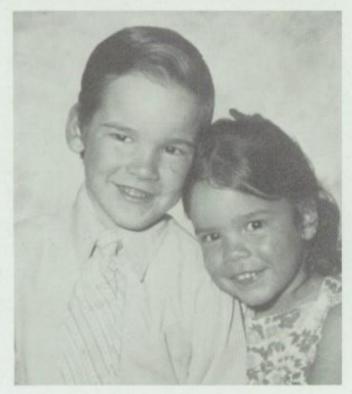
Mom and Dad



"Congratulations," David Michael Bennett, we are all very proud of you!

> Love, From all of us





Randy Caldwell,
Hey Ryzzo, you made it all
of the way through this
place called "high school."
Congratulations big brother.
Love ya,
Sandi Caldwell



So this is what's on the other side.

Julie L. Bryant

#### Mark, McHargue

You have made us more than proud-You have given us the greatest adventure parents can have! Thank You.

> Love, Mom and Dad



Randy Caldwell, Congratulations! We Love Ya, Mom and Dad

Joe, I am very proud of you. Hope your future is filled with happiness. Congratulations! Love, Mom

Joe,

To the worlds greatest brother. Congratulations on your graduating and to the beginning of the rest of your life.

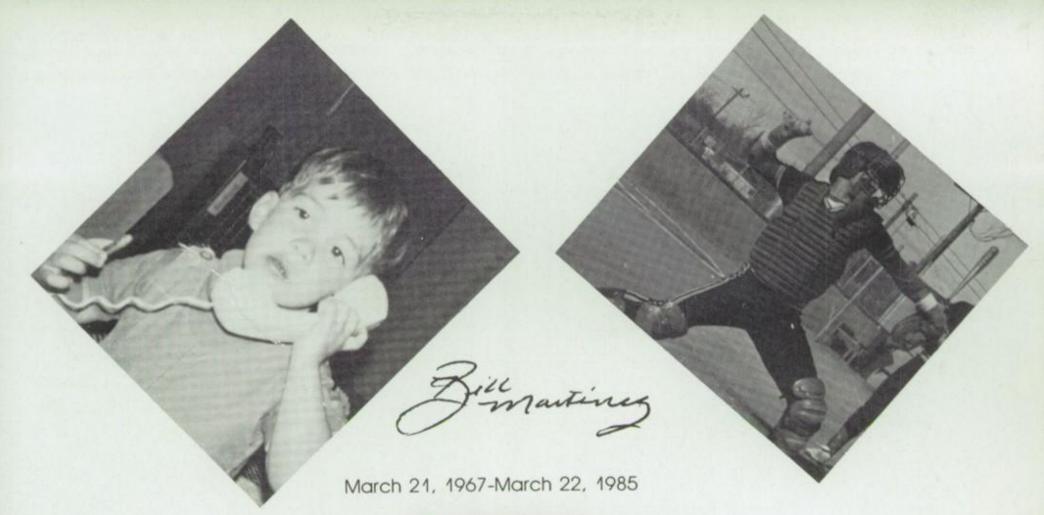
Love



Joe,
Congratulation, Hope your life is filled with fun. Bon Boyage! Dec. 20, 1982
Love Lots,
Shanna

You did real good.
We're proud of you.
George and Sue

\*





Remember A Smile

I've received Now its time to give What I've believed Is how I've lived And so did Bill That's fact and so He lived his will Then had to go Just why God knows And doesn't tell But what Bill showed Was not towards hell He gave his best And more to me And showed the rest For all to see So men like he Are all around

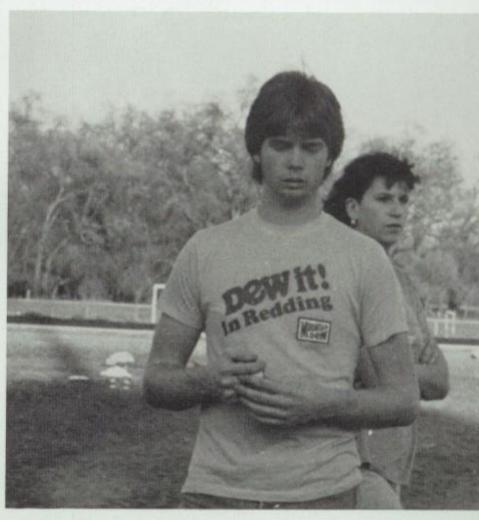
Not realized Till can't be found I know Bill lived Just what he sought Just what he found Others had not And had he soul Stronger than most The lucky few Who've stood their post I pray thee God That I may live To spread a smile Like Billy did Now memories found Of past ago Bring smiles around Those smiles I show

Steven Villegas

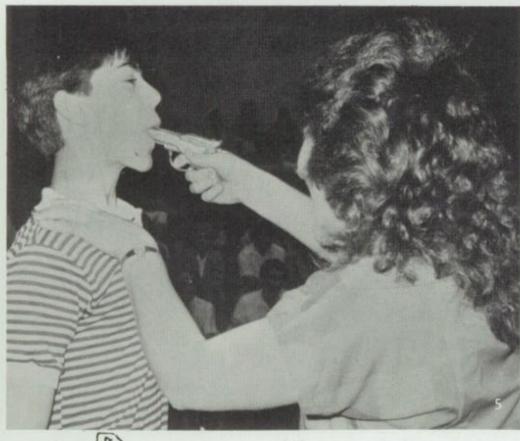
WE WILL ALWAYS REMEMBER BILL MARTINEZ AS A "SPECIAL" PERSON THAT HE WAS













214



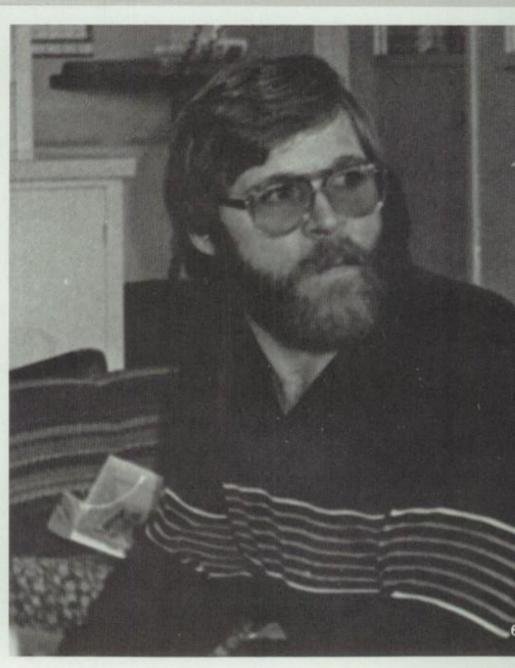
1. David Britt and Derek Sanderson ham it up. 2. Jeff Breedlove. 3. Mr. Rose's dedication. 4. Taking it easy 5. Leslie Lewis shoots Lauren Flinn 6. Samantha Riley and Shanna Schienle dressed up. 7. The senior crowd, Can you hear them yet?





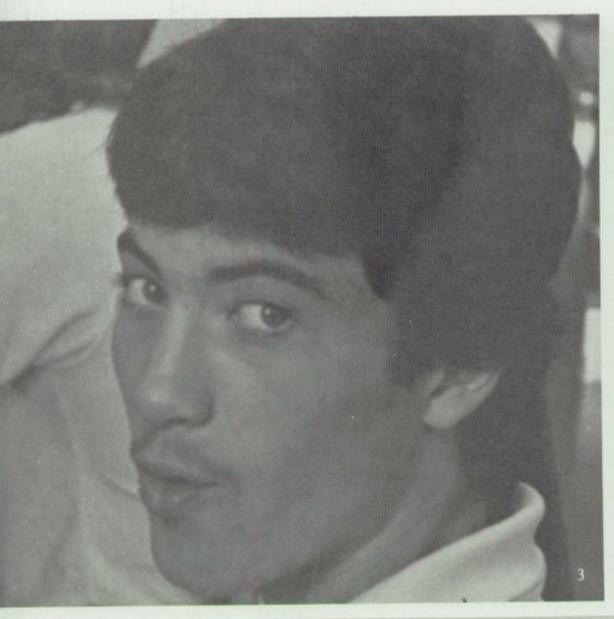








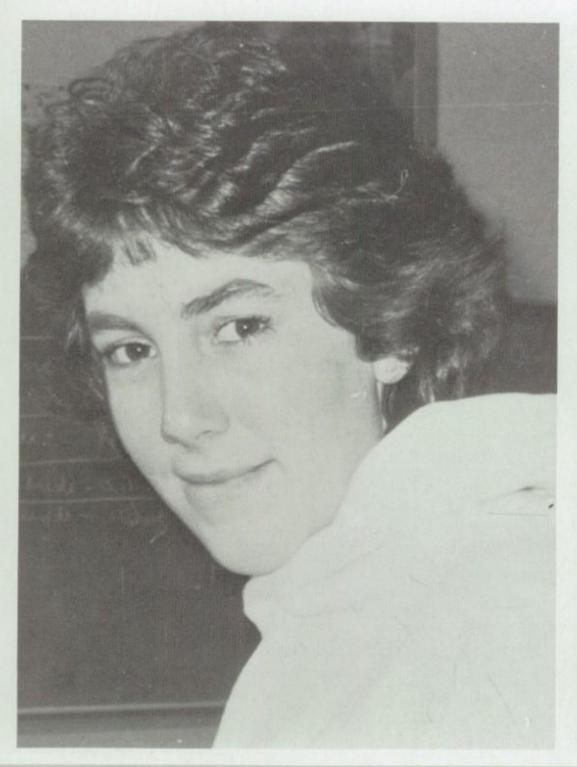
Candids







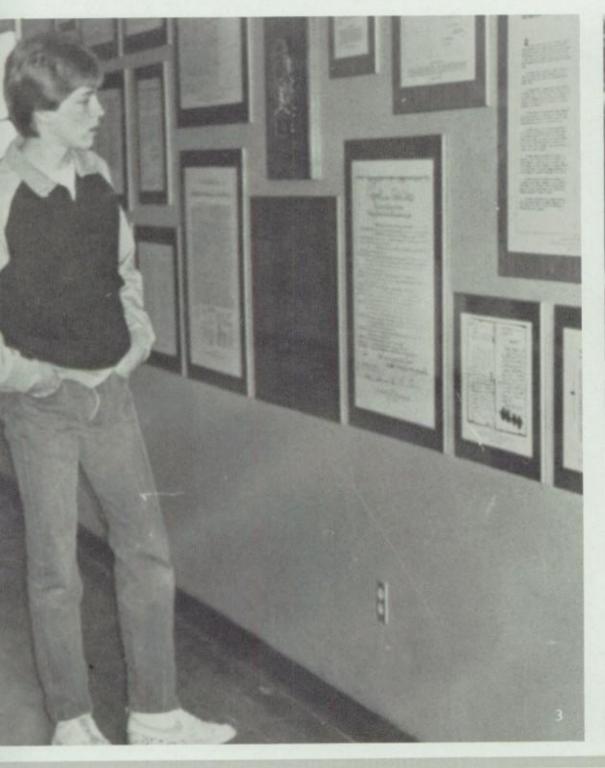
1. Hello Noung Troung. 2. Dyanna Alli, who are you staring at? 3. John Tyler. 4. Amy Chambers late for French Class. 5. Doug Simpson portrays the masked rider. 6. Mr. Bailey. 7. Diann Draeger and Julie Tittle, cook.





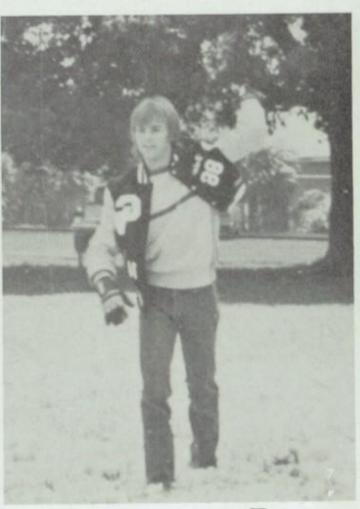
1. Katie Bullock in class. 2. David Rutherford shows his teeth. 3. Interested Darren Butterfield looks at historical documents. 4. Bob Schaefer throws snow ball. 5. Elsie Miller, Tammy Starkey, Lisa Fontes, Michelle Simmons, Jill Darcangelo, Gail Brent-Chase, and Alethea Cain unmask a snowman. 6. Brian Collier and Bob Schaefer caught in the act. 7. Brian Collier victorious.











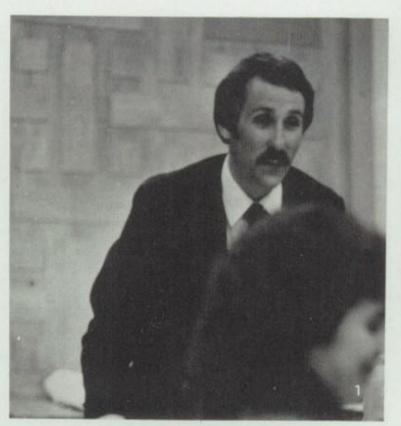
E P

## **AUTOGRAPHS**

## **AUTOGRAPHS**

221

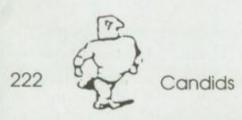
\*







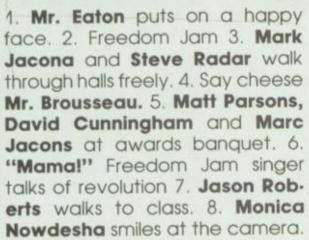














1955-1985

## WE ARE

#1!



